## Outline

- **Affirmative Clinical Practice**
- Ethical responsibilities Clinical application of affirmative practice Work with clients across the lifespan Children Adolescents **Emerging adults**
- Older adults Elements of support for transition care

#### **Gender Identity and Diversity**

- Coming out
- Transition experiences (e.g., social, medical, and legal)

Diagnosis

- Historical perspectives
- Current conceptions of gender diversity Challenges with keeping up with identity
- labels

#### **Challenges Faced by Gender Diverse People**

- Intersecting identities Discrimination and violence
- Clients seeking asylum
- Clinical concerns
- Trauma
- Depression
- Anxiety
- Substance abuse
- Suicidal ideation
- Family considerations Parenting
- Adoption Value of support
- Legal concerns

**Objectives** 

diverse clients.

confirmation surgeries.

create further challenges in daily life.

6. Create a transition timeline and goals with your client.

#### **Interrogating One's Gender Beliefs** Why is this important What is involved in this process How does a clinician integrate this information into their practice?

#### Practice Assessment

- What aspects of one's practice need to be assessed
- Simple ways to address practice short cominas

#### **Assessment with Gender Diverse** Clients

- Best practice for addressing clinical concerns with assessment
- How to complete assessments that require binary sex indicators The purpose of assessment in clinical
- practice with clients Challenges with personality assessments



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Live Webinar Schedule (Times listed in Pacific) 8:00 Program begins

1. Appraise the complexities that transgender clients face daily including physical, mental, and

2. Develop a deep comprehension of the ways that a client's own identity can create a trusting,

effective relationship, and how their identity can negatively affect the clinical relationship.

4. Appraise the various gender diverse identities and analyze the ways that intersecting identities

5. Assess your current clinical practice to determine how affirmative your practice is for gender

7. Prepare letters for clients seeking feminizing and masculinizing hormone therapy and gender

social discomfort and how to address these in clinical practice.

3. Apply concepts of affirmative clinical practice with gender diverse clients.

11:50-1:00 Lunch Break

# **4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request

# **Transgender & Gender Non-Binary (TGNB) Clients**

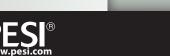
# **Clinical Issues and Treatment Strategies**



- Uncomfortable talking about their intersecting identities
- Questioning how to analyze transition readiness and write letters of support

Then this







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# **Transgender & Gender Non-Binary** (TGNB) Clients

# **Clinical Issues and Treatment Strategies**

#### If you've ever been:

• Unsure of the terminology to use with your TGNB client

workshop is for you.



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# **Transgender & Gender Non-Binary (TGNB) Clients**

Early in my career, I recognized that without training in affirmative practice, mental health providers are at risk of causing harm to their transgender and gender non-binary clients (TGNB). As a result, mistakes are frequently made by using outdated treatment strategies and having a lack of education of how to work with gender diverse clients.

Today, I know that providing affirmative care practices are critical to ensure the safety of your TGNB clients. I will give you an insider's perspective and guide you step-by-step through navigating the challenges your clients face that are often overlooked by mainstream clinical approaches.

Join me for this must attend workshop and I will show you the power of affirmative care for you and your clients to:

- Overcome the knowledge barrier
- Avoid outdated treatment plans
- Learn and differentiate correct terms such as gender gueer, gender fluid and cisgender
- Breakthrough strategies to help your client tell their partner, families, friends and employers
- Gain tips to discuss hormone treatments and surgical procedures

Don't wait to have your next TGNB client educate you about their challenges and clinical concerns! Begin your journey now to start providing a safe place for all your clients to genuinely be themselves.

Hope to see you soon! Dr. lore m. dickey

"Thoroughly enjoyed the presentation. Hearing from someone who firsthand understands the issues of the course was excellent!" Debra J

#### **Target Audience:**

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### **Meet Your Speaker**

**lore m. dickey, PhD**, has a mission to share his clinical expertise working with transgender and gender diverse clients. Dr. dickey was a co-chair for the American Psychological Association Task Force that wrote the Guidelines for Psychological Practice with Transgender and Gender Nonconforming People. As an international expert and pioneer in work with transgender clients, Dr. dickey's work has been recognized numerous times.

Dr. dickey has a clinical practice in which he works with gender diverse clients. He focuses on helping clients to understand the ways to cope with daily challenges and works to ensure they have support for their transition, be it social, medical, or legal.

A prolific writer, lore has published 18 peer-reviewed journal articles, 15 book chapters, and one edited book. He had presented throughout the world including Oslo, Valencia, Amsterdam, Toronto, Bangkok, Yokohama, and Tokyo and is often invited to present. lore has presented over a hundred times at local, state, national, and international conferences and symposia. He is an engaging and humorous speaker and is able to translate his work in a way that is understandable and easy to apply to clinical practice.

#### Speaker Disclosure:

Financial: Lore Dickey is an assistant professor at Norther Arizona University. He receives royalties from the American Psychological Association. Dr. Dickey receives a speaking honorarium from PESI, Inc. Non-financial: Lore Dickey is a member of the American Psychological Association; the World Professional Association for Transgender Health; and the Society for the Scientific Study of Sexuality.

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Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content

area. ASHA CE Provider approval does not imply endorse course content, specific products or clinical procedures.

#### This course is offered for .6 ASHA CEUs (Intermediate level, Professional area)

\*\* Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.

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Integrative Sex & Couples Therapy A Therapist's Guide to New and Innovative Approaches Dr. Tammy Nelson, Ph.D.

\$34.99 \$24.99\*



The CBT Deck for Anxiety, Rumination, & Worry 108 Practices to Calm the Mind, Soothe the Nervous System, and Live Your Life to the Fullest Seth J. Gillihan, Ph.D.

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