

Outline

Oppositional and Defiant Children and What Makes Them Tick

Out of control behavior and hierarchy related
Why family trauma in these cases is unseen
How “teen terrorism” defeats parents and counselors
Why “rules without relationships” cause defiance
Video case example: Interactional Trauma:
A single parent and child out of control

Importance of Including the Parent/Caregiver in Treatment

Motivate toughest parents to show up and cooperate
A 7-question motivational script to start and end treatment
Beyond the “just fix my kid” parent mindset
Engage your extended family at a high level
Case example: A motivational phone call

Assessment and Diagnosis Quickly and Accurately

High level scaling to pinpoint the problems
Locate the root cause of the extreme behaviors
Locate the child’s safety stressors (self-harm, suicide, aggression, drugs, etc.)
How to stabilize the extreme behaviors and treat trauma simultaneously
How to set goals of therapy with the entire family that work
Video case example: “Knowing where to tap” to locate the root causes

Using a Playbook to Initiate Rules, Boundaries, and Emotional Warm-Ups

How to write a clear written playbook to heal both trauma and extreme behaviors
How to heal the stronghold of shame, blame, performance and approval
How to locate the child’s love language
Creative consequence to neutralize extreme behaviors such as running away, truancy, safety issues, aggression and disrespect
Video case examples: “Extreme kids and Written Playbooks that Work”

Why Parents Must Practice Delivery and Think Two Steps Ahead

Why defiant kids are master button pushers and using button busters to stop it
Dress rehearsals to practice delivery and troubleshooting is needed
Set-up and execute the best dress rehearsals and troubleshooting of your life
Video case example: Watching a great dress rehearsal unfold to see immediate child change

Relapse Prevention to Achieve Permanent Changes in the Defiant Child and Family

The mini-scale technique: Consolidating changes in treatment
Map out next steps of treatment and beyond
Identify red flags to prevent potential relapse
Video case example: See the mini-scales in action

Using Client Feedback to Improve Outcomes

5 key questions to ask at the end of your sessions to get better outcomes
Real-time client feedback improves outcomes
Delivery vs. content: Not what you say but how you say it
Video case example: “We finally feel a part of the treatment”

Limitations of the Research and Potential Risks

Live Webinar Schedule
(Times listed in Central)

8:00 Program begins
11:50-1:00 Lunch Break
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Objectives

1. Evaluate the connection between extreme behavior and an upside-down hierarchy and family trauma.
2. Integrate a 7-question motivational script to motivate the toughest parents to show up and cooperate.
3. Utilize therapeutic tools, scripts, and handouts to more effectively treat oppositional and defiant behaviors.
4. Assess “toxic seeds” and “undercurrents”, or hidden causes of a child or adolescent’s extreme behaviors within the family to increase the effectiveness of treatment.
5. Create clinical treatment plans using playbooks to address the specific needs of each client/family.
6. Utilize various scaling techniques to evaluate progress in treatment and identify potential risks for relapse.
7. Analyze when it is appropriate to begin active treatment as opposed to stabilization of extreme behaviors to ensure the safety of the child and family members.

FREE BONUS OFFER!

Self-Regulation & Mindfulness Worksheets

Access these practical and engaging printable tools at rehab.pesi.com/mindfulnessworksheets

Group Training Solutions Made Easy!

- ONLINE or in-person
- Customizable
- Easy remote access
- From 5 to 5000
- CE hours available

www.pesikids.com/inhouse

NON-PROFIT
ORGANIZATION
U.S. POSTAGE PAID
EAU CLAIRE, WI
PERMIT NO. 32729

PESI Kids, Inc
P.O. Box 1000
Eau Claire, WI 54702-1000
A Division of PESI, Inc.

**Oppositional and Defiant Children & Adolescents:
Family-Based Treatment Solutions
for Aggression, Disrespect and
Other Extreme Behaviors**

LIVE Interactive Webinar
Tuesday, June 8, 2021

BONUS! – Registration includes FREE on-demand access for 3 months.




REGISTER NOW: pesikids.com/webcast/84997

Join us online, for this live training!

**Oppositional and Defiant Children & Adolescents:
Family-Based Treatment Solutions
for Aggression, Disrespect and
Other Extreme Behaviors**

- Stop even the most severe behavior problems at home and school
- Go beyond treating surface issues and get to the core of the problem
- Change expectations from “fix my child” to “help our family”
- Engage and motivate resistant parents and caregivers
- Deliver online treatment with excellence by seeing video case examples
- Improve boundaries, attachment, discipline, and communication in the home



Live Interactive Webinar
Tuesday, June 8, 2021

BONUS! – Registration includes FREE on-demand access for 3 months.



REGISTER NOW: pesikids.com/webcast/84997

A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979

OPPOSITIONAL AND DEFIANT CHILDREN & ADOLESCENTS

Family-Based Treatment Solutions
for Aggression, Disrespect and
Other Extreme Behaviors

Out of Control behavior involves the entire family – shouldn't your treatment do the same?

The parent's mantra of **"just fix my kid"** isn't the most effective because while you can make some progress individually, relapse rates skyrocket when the child returns to the same unhealthy patterns/behaviors/environment. Oppositional and Defiant children and adolescents are often referred to treatment because of extreme emotional or behavior problems – **aggression, disrespect, skipping school, self-harm, suicide, running away** – and not the underlying trauma and unhealthy family dynamics that are the real cause of the problem.

Join Dr. Scott Sells, founder of the Family Systems Trauma (FST) Model and creator of Parenting with Love and Limits®, to learn **7 must have, evidence-based techniques for assessing and treating the oppositional and defiant child or adolescent in whole new way.**

Under Dr. Sells' expert guidance, you'll discover how you can:

- Engage and motivate even your most resistant children, parents, and families
- Use step-by-step tools with handouts and scripts to use immediately with clients
- Identify the underlying reason for defiance and what are called "undercurrents" to quickly find the solution
- Keep your sessions strength-based and solution-oriented
- Empower parents to heal trauma, improve boundaries, and restore attachment
- Overcome the most common treatment roadblocks that frustrate you and your client

If you're treating out of control children and their parents, you need these techniques in your clinical toolbox - Sign up today!

Target Audience:

Counselors • Social Workers • Psychologists • Marriage and Family Therapists
Speech-Language Pathologists • Teachers • School Guidance Counselors • Case Managers
Nurses • School Administrators • Educational Paraprofessionals • Occupational Therapists &
Occupational Therapy Assistants • Other Helping Professionals that Work with Children

This workshop is intended for professionals working with school-age kids K-12.



Risk Free Purchase! PESI stands by our trainings and we have a 100% satisfaction guarantee. If you are not satisfied, please contact our customer service team at www.pesikids.com/info or 800-844-8260 and we will make it right.

PESI Offers Group Discounts!

To save on groups of 5 or more, contact us at pesikids.com/info!

Questions?

Visit our FAQ page at www.pesikids.com/faq or contact us at www.pesikids.com/info.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Anna Rustick** at arustick@pesi.com or call **715-855-8195**.

Meet Your Speaker

Scott P. Sells, Ph.D., MSW, LCSW, LMFT, is former tenured professor of social work, Savannah State University, Savannah, GA and associate professor at UNLV in Las Vegas, NV. Dr. Sells is the author of three best-selling books, *Treating the Tough Adolescent: A Family-Based, Step-by-Step Guide* (1998), *Parenting Your Out-of-Control Teenager: 7 Steps to Reestablish Authority and Reclaim Love* (2001), and *Treating the Traumatized Child: A Step-by-Step Family Systems Approach* (Springer, 2017). He has over 20 publications in such periodicals as *Psychotherapy Networker*, *Contemporary Corrections*, *Journal of Child and Adolescent Substance Abuse*, *Professional Issues in Criminal Justice*, *Family Process*, and *Journal of Marital and Family Therapy*, plus book chapters in the *Handbook of Family Therapy Research Methods* (1996) and *Social Worker's Desk Reference*, 2/E (2008).

Dr. Sells has extensive experience as a keynote speaker for the American Association of Marriage and Family Therapy, the National Association of Social Workers, the Southeastern Psychological Association, and others. He was invited to be one of six expert presenters at the American Association of Marriage and Family Therapy's prestigious summer institutes as well as the world-renowned Cape Cod Institute. Dr. Sells is the founder and model developer of an evidence-based model as the FST | Family Systems Trauma Model that is being used by both juvenile justice and child welfare in over 14 states and in Europe.

Speaker Disclosure:

Financial: Scott Sells is the owner of Savannah Family Institute, Inc. He receives a speaking honorarium from PESI, Inc.

Non-financial: Scott Sells has no relevant non-financial relationship to disclose.

CE CREDITS AVAILABLE FOR LIVE WEBINAR

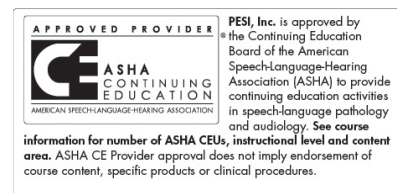
This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Educators, Marriage & Family Therapists, Nurses, Occupational Therapists, Physicians, Psychologists, Speech Language Pathologists, Social Workers.**

For specific credit approvals and details, visit pesikids.com/webcast/84997

National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

PESI, Inc. is an AOTA Approved Provider of professional development. Course approval ID# 0000001708. This Live is offered at .625 CEUs [Intermediate, OT Service Delivery]. AOTA does not endorse specific course content, products, or clinical procedures.



This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

*** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.*

For all credit approvals and details, visit: www.pesikids.com/webcast/84997



PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 6.25 contact hours.



PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Self-study credit: To check availability for your profession, go to www.pesikids.com or call 800-844-8260 with your licensing board to verify acceptance of self-study credit for license renewal.

*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Kids, PESI Rehab and Psychotherapy Networker.

Earn up to
6.25 CE
Hours for one
low price!

SIGN UP-TODAY!

Choose your Learning Experience!

PESI offers multiple formats to fit your CE needs

Register Online at: pesikids.com/webcast/84997

Live Interactive Webinar (*Option 1*)

June 8, 2021 [PWZ84996]

\$219.99 tuition

8am Central time

Live Webinar Experience:

- Participate live in real-time while connecting and collaborating with peers
- Ask the presenter your questions
- Earn a live CE certificate

FREE BONUS: Replay on-demand access for 90-days after webinar

**Live CE is only available when viewed live*

Get a Group Discount! Contact us at www.pesikids.com/info to save for groups of 5 or more

On-Demand Digital Seminar (*Option 2*)

\$219.99 [POS057395]

Digital Seminar Experience:

- Learn at your own pace with 24/7 access from your PESI account
 - Access to the program materials
 - Enjoy lifetime on-demand access
 - Earn a self-study CE certificate
- CE hours and approvals may vary from live event. Visit www.pesikids.com or call 800-844-8260 to check for availability.

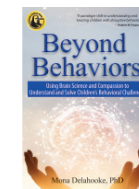
DVD (*Option 3*)

\$219.99 [RNV057395]

DVD Experience:

- Self-study CE certificate available
- CE hours, approvals and cost of CE Certificates may vary from live event. Visit www.pesikids.com or call 800-844-8260 to check for availability and pricing

Recommended Reading:

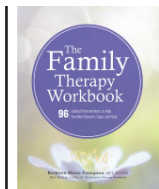


PUB085405

Beyond Behaviors
Using Brain Science and Compassion to Understand and Solve Children's Behavioral Challenges

Mona M. Delahooke, PhD

~~\$29.99~~ **\$22.99***



PUB086425

The Family Therapy Workbook
96 Guided Interventions to Help Families Connect, Cope, and Heal

Kathleen Mates-Youngman, MFT, RYT200

~~\$29.99~~ **\$22.99***

** Discount Included with purchase of the Webinar*

OTHER WAYS TO REGISTER

Phone: 800-844-8260

Fax: 800-554-9775

Mail: PESI Kids
PO Box 1000
Eau Claire, WI 54702-1000

*If mailing/faxing registration, find form at www.pesi.com/form or call 800-844-8260

ADA NEEDS

We would be happy to accommodate your ADA needs; Please notify us at time of registration.

QUESTIONS

Visit www.pesikids.com/faq or contact us at www.pesikids.com/info

TAXES AND SHIPPING

Taxes and shipping apply where applicable, see website for details

