

# Outline

## Getting Started

Benefits vs. risks to children of using telemental practices and the internet in general  
Dependency concerns  
Telemental health as a business  
Current research in support and pitfalls of telemental health  
Multicultural & environmental factors

## Legal & Ethical Considerations

Review and adoption of code of ethics  
Legal implications of practicing across state lines  
Your privacy and data security considerations  
HIPAA compliance for kids & their parents  
Articulating and managing boundaries

## Logistics: Setting up & Practicing Telehealth

Technology competence for the clinician  
Computer, hardware and software recommendations  
Internet connectivity, encryption & privacy protections  
Developing the practice of clinical telemental health  
Explaining telemental health to youth & their parents

## Informed Consent & Special Issues

How is consent different with telemental health?  
Informed consent & intake process  
Addressing patient privacy  
Optimal office setup for Zoom  
Adapting counseling/therapy theory and techniques to telemental health

## Safety Planning – For You & Your Patient

Suitability screening for your client  
Patient age guidelines

Policies and procedures that protect yourself, your license and the client  
Emergency and crisis action plans  
Addressing self-harm & suicidal ideations

## Age Appropriateness

Telehealth options for young children (under five)  
Delivery methods and platforms for squirmy or disengaged kids  
Severe decompensation  
Practical & strategic solutions for family parenting skills' sessions

## Navigating Traditional vs. Digital Talk Therapy Interventions

CBT techniques that work onscreen  
Worksheets & homework  
Digital activities that elevate traditional interventions  
Reading therapeutic children's books  
Team building exercises  
Frustration tolerance exercises

## Adapting Play Therapy with Online Games

Chess & enhancing technical limitations to improve therapy  
Pictionary® & other art therapy modalities  
Connect Four®, Uno® & engaging kids with physical objects  
Zoom & non-directive play therapy

### Live Webinar Schedule - both days (Times listed in Central)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

# Objectives

1. Appraise the legal and ethical challenges posed by telehealth for mental health professionals in a clinical setting.

2. Specify youth safety and HIPAA compliance challenges associated with telemental health and its clinical implications.

3. Analyze the evidence supporting the effectiveness of telemental health for children, adolescents, and families as it relates to clinical treatment.

4. Analyze the utilization of technology in your sessions, both the hardware and software of telehealth to determine the best fit for individual practitioners.

5. Determine the clinical implications of the unique policies and procedures needed for telehealth.

6. Integrate play therapy interventions in a telehealth setting to promote communication skills in clients.
7. Appraise privacy, security and confidentiality concerns related to technology use in clinical practice.

8. Differentiate how client expectations differ for telehealth as compared to in-person therapy and what that means for clinical treatment.

9. Assess and implement therapeutic game interventions in a telehealth environment.

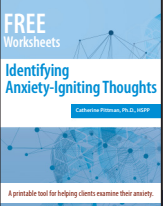
10. Assess and implement non-directive play therapy techniques in a telehealth environment.

11. Assess and implement talk therapy techniques with children and adolescents in a telehealth setting.

12. Demonstrate how to implement parent interventions to assess accurate real time information of child's symptoms.

## FREE WORKSHEETS!

### Identifying Anxiety-Igniting Thoughts



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## Live Online Certification Training

2-Day

# Telemental Health Certification Course

A Step-by-Step Guide to Successful Virtual Sessions with Children, Adolescents and Families

## LIVE Interactive Webinar

Tuesday & Wednesday, May 11 & 12, 2021

BONUS! – Registration includes FREE on-demand access for 3 months.



REGISTER NOW: [pesikids.com/webcast/84941](http://pesikids.com/webcast/84941)

## Live Online Certification Training

2-Day

# Telemental Health Certification Course

A Step-by-Step Guide to Successful Virtual Sessions with Children, Adolescents and Families



## Become Certified in Telehealth Treatment!

Upon completion you can apply to become a **Certified Clinical Telemental Health Provider (CTMH)** at no additional cost!  
*See details inside.*

- How-to: set up, establish and optimize a telehealth practice for kids, teens & family therapy
- Technical & therapeutic strategies to maximize engagement and progress
- Successfully adapt your "in-person" interventions into robust virtual sessions



## Live Interactive Webinar

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# Telemental Health Certification Course

## A Step-by-Step Guide to Successful Virtual Sessions with Children, Adolescents and Families

You could handle anything a child or teen client threw at you in your office. From extreme disengagement to hyperactivity, you could overcome any client challenge and your office was equipped with every potential game, tool or intervention to immediately engage, calm, or respond to a client. Given your extensive education, training and experience... why are you not achieving those results in a telehealth setting?

Now you can. Whether you're managing clients with ADHD, ODD or any disruptive behavioral orders... learn how to setup, establish and optimize a telehealth practice for kids, teen and family therapy. And, upon completing this two-day seminar, you can receive instant credibility and authority with a telemental health certification!

This online certification course provides comprehensive yet easy-to-understand instructions on everything you need to know right now about practicing telemental health including ethics, technical & logistical setup, safety concerns and so much more.

ADDITIONALLY – you get access to practical, tested and updated telehealth interventions for children, adolescents and their parents. Upon completing this seminar, you can instantly implement unique technical strategies for Zoom, and other technology platforms, to elevate – and sustain – client engagement. You will leave this seminar with a robust telehealth toolbox that adapts your “in-person” interventions into a virtual setting. You will achieve improved clinical outcomes with effective telehealth practices in talk therapy, play therapy, and nondirective play therapy.

**Sign up today, and engage with your clients who need you right away!**

**Best of all, upon completion of this live training, you'll be eligible to become a Certified Clinical Telemental Health Provider (CTMH) through Evergreen Certifications.** Certification lets colleagues, employers, and caregivers know that you've invested the extra time and effort necessary to understand the complexities of telemental health. Professional standards apply. Visit [www.evergreencertifications.com/CTMH](http://www.evergreencertifications.com/CTMH) for details.

### Target Audience:

Counselors • Social Workers • Psychologists • Psychiatrists • Marriage & Family Therapists  
Teachers • School Administrators • Other Helping Professionals who Work with Children



**Risk Free Purchase!** PESI stands by our trainings and we have a 100% satisfaction guarantee. If you are not satisfied, please contact our customer service team at [pesikids.com/info](http://pesikids.com/info) or 800-844-8260 and we will make it right.

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## CERTIFICATION MADE SIMPLE!

**EVERGREEN**  
CERTIFICATIONS

- No hidden fees – PESI pays for your application fee (a \$149.<sup>99</sup> value)\*!
- Simply complete this live event and the post-event evaluation included in this training, and your application to be a Certified Clinical Telemental Health Provider (CTMH) through Evergreen Certifications is complete.

*Attendees will receive documentation of CTMH designation from Evergreen Certifications 4 to 6 weeks following the program.*

*\*Professional standards apply. Visit [www.evergreencertifications.com/CTMH](http://www.evergreencertifications.com/CTMH) for professional requirements.*

## Meet Your Speaker

**Dr. Amy Marschall, Psy.D.,** is a licensed clinical psychologist in South Dakota. Dr. Marschall works primarily with children and adolescents, adopting telemental health strategies early into her clinical practices, and is a Certified Clinical Telemental Health Provider (CTMH). In 2016, Dr. Marschall helped develop a telemental health task force at Sioux Falls Psychological Services to develop an ethical and effective model to provide telehealth services to individuals living in rural South Dakota without access to mental health resources. Dr. Marschall co-developed and presented a six-hour seminar on ethical and legal guidelines for telemental health in 2017 and has been providing these services in South Dakota since that time.

Speaker Disclosure:

Financial: Amy Marschall works in a group practice. She also maintains a website to share therapy resources with parents and other clinicians. She receives a speaking honorarium from PESI, Inc.

Non-financial: Amy Marschall has no relevant non-financial relationship to disclose.

## CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Social Workers, Psychologists, Psychiatrists, Marriage & Family Therapists, Teachers.**

For specific credit approvals and details, visit [pesikids.com/webcast/84941](http://pesikids.com/webcast/84941)

### National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.



PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

This program is Approved by the National Association of Social Workers (Approval # 886759332-9380) for 12.5 Social Work continuing education contact hours.



PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 12.5 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

**Self-study credit:** To check availability for your profession, go to [www.pesikids.com](http://www.pesikids.com) or call 800-844-8260 with your licensing board to verify acceptance of self-study credit for license renewal.

\*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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**May 11 & 12, 2021** [PWZ84940]

**\$439.99** tuition

8am Central time

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*\*Live CE is only available when viewed live*

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  - Access to the program materials
  - Enjoy lifetime on-demand access
  - Earn a self-study CE certificate
- CE hours and approvals may vary from live event. Visit [www.pesikids.com](http://www.pesikids.com) or call 800-844-8260 to check for availability.

## DVD (Option 3)

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## Recommended Reading:



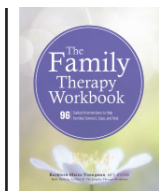
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### Telemental Health

*The Essential Guide to Providing Successful Online Therapy*

Joni Gilbertson, MA, NCC, LCPC, LMHC, BC-TMH, CTMH

~~\$24.99~~ **\$19.99\***



PUB086425

### The Family Therapy Workbook

*96 Guided Interventions to Help Families Connect, Cope, and Heal*

Kathleen Mates-Youngman, MFT, RYT200

~~\$29.99~~ **\$22.99\***

*\* Discount Included with purchase of the Webinar*

## OTHER WAYS TO REGISTER

**Phone: 800-844-8260**

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\*If mailing/faxing registration, find form at [www.pesi.com/form](http://www.pesi.com/form) or call 800-844-8260

## ADA NEEDS

We would be happy to accommodate your ADA needs; Please notify us at time of registration.

## QUESTIONS

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