## **Outline**

## **Art Therapy:**

Which clients benefit from art therapy? Ethical implications and limitations of using art therapy in your practice

Creating products vs creative process

Go with the flow

### **Clinical Application of Art Therapy**

What materials to use and when Normative development in art making and developmental stages Indicators in the artwork that suggest a child needs more support Seeing it differently (client perspective)

## Creative Techniques and Strategies to... **Build Relationships & Connection**

Art talk, they made it now what?

For ASD, Trauma & ODD

Draw your fears

Magical thinking

Safe place drawing

Playing with the materials

**Building rituals** 

Destroy the OCD monster

Paint the silence

## **Build Safety**

For Trauma, Anxiety & Mood Disorders

Connect the dots

Create a safe place

Draw a person

Draw a house

Draw your feelings

Play therapy

Animal family & other family art

activities

Trauma feelings

Magical thinking

Wishes

#### **Build Self-Esteem**

For ADHD, Anxiety & Mood disorders

Inside out

Mask making

Body outline

Safe place

Fear and empowerment

Self portraits

Beading

### **Increase Responsibility**

For ADHD, Trauma, ASD, ODD, Anxiety & Mood disorders

Miracle question

Feeling heart

Kinetic family drawing

Bridges

Cartooning problems & solutions

#### **Increase Control**

For ADHD, Anxiety & Mood disorders

Paper weaving

Abstracting painting and collage

Destroying fears

Mindful mandalas

Scribble scrabble

**Gratitude Namaste figure** 

## Live Webinar Schedule

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker more detailed schedule is available upon request.

## (Times listed in Pacific)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

## **Objectives**

- 1. Evaluate art therapy directives to immediately implement into clinical practice with fidelity to help children regulate their emotions and behavior.
- 2. Appraise the ethical implications and clinical limitations of using selected art therapy approaches within your scope of practice.
- 3. Determine the stages of a child's normative development and identify the indicators suggesting a need for additional clinical support.
- 4. Analyze the benefits of utilizing therapeutic artmaking approaches in assessment, diagnosis, and clinical treatment of mental health disorders.
- 5. Develop a plan for introducing art into clinical practice for treatment resistant and challenging children and families.
- 6. Determine the neurobiological implications of using therapeutic art interventions among clients with various diagnoses.

Self-Regulation & **Mindfulness** Worksheets



Access these practical rehab.pesi.com/mindfulnessworksheets

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> Interactive hands-on art therapy experiences Look inside for materials to have on hand.



## **Live Interactive Webinar**

Friday, May 14, 2021

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Do you work with challenging children and teens who seem absolutely resistant to every intervention you offer? Clients who are stuck, repeating the same patterns over and over and you feel like you're powerless to help them? You know the ones that repeatedly refuse to listen and don't stop to think before they act. Or those who refuse to take responsibility for their behaviors and constantly pass blame onto others? Do they leave you feeling stagnant and burnt out in your practice?

Attend this seminar and learn innovative interventions that will help even your most resistant clients become unstuck. Your day will consist of creative, interactive, hands-on training that will re-energize your work. You will leave with fresh new art strategies and approaches that you can use immediately to engage even your most difficult and challenging clients. These tools are fun and playful. They will offer you an opportunity to refresh yourself as well!

No art experience is necessary, just an openness to try something creative.

Art therapy materials recommended: Crayons, markers or colored pencils, 2 sheets of white and colored paper, glue or glue stick.

\* Participants will learn how to implement therapeutic art interventions. They will not be certified as an art therapist.



This course counts toward the educational hours CERTIFIED! required for certification as an ADHD Certified



Visit www.evergreencertifications.com/adhdccsp for the full certification requirements.

## **Target Audience:**

Counselors, Social Workers, Psychologists, Case Managers, Psychiatrists, School Psychologists, Marriage and Family Therapists, School Counselors, Occupational Therapists and Occupational Therapy Assistants, Educators, Speech-Language Pathologists and Creative Arts Therapists, Physicians



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## **Meet Your Speaker**

Pamela Malkoff Hayes, MFT, ATR-BC, is a Licensed Marriage and Family Therapist (MFT) in the state of California and a Registered and Board Certified Art Therapist with the American Art Therapy Association (AATA). Her specialties include: alcohol and drug addiction, relationship and parenting, depression and anxiety, grief, LGBTQ, gender identity and sexuality. She is also a court certified Sexual Abuse Evaluator and trained in Hypnotherapy, Eye Movement Desensitization Reprocessing (EMDR) and Emotional Freedom Techniques (EFT).

Over the course of her 25+ year career she has worked in schools, hospitals, prison, foster and residential care, and private practice. She is a noted speaker and educator, lecturing throughout the United States. She has taught art therapy courses at Phillips Graduate University, Rhode Island School of Design (RISD), and Chicago School for Professional Psychology. She has written several books and produced DVDs on Art Therapy. She stars in the video podcast, "3 Minute Art Therapy", and was recently featured on "The Science of Happiness/SoulPancake" as the expert art therapist.

Ms. Malkoff Hayes lives in Los Angeles where she has a private practice and provides art therapy groups to multiple agencies. She has a Bachelor's Degree in fine arts from Parsons School of Design in New York, NY and Otis/Parsons in Los Angeles, CA and a Graduate Degree in marriage and family therapy and art therapy from The Notre Dame de Namur University in Belmont, CA.

Speaker Disclosure:

Financial: Pamela Malkoff Hayes is in private practice. She receives a speaking honorarium from PESI, Inc. Non-financial: Pamela Malkoff Hayes has no relevant non-financial relationship to disclose.

## **CE CREDITS AVAILABLE FOR LIVE WEBINAR**

This continuing education activity is designed to meet state board requirements for the following professionals: Counselors, Social Workers, Psychologists, Psychiatrists, School Psychologists, Marriage and Family Therapists, Occupational Therapists and Educators, Speech-Language Pathologists.

For specific credit approvals and details, visit pesikids.com/webcast/84937

#### **National CE Credit Approvals For Live Webinar**

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.



Association (ASHA) to provide

and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorse course content, specific products or clinical procedures.

This course is offered for <u>.6</u> ASHA CEUs (<u>Intermediate</u> level, <u>Professional</u> area). \*\* Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be vided the day of the program under the Handouts section of the online program



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qualifies for 6.0 contact hours or 6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate

6.25 CE

Hours for one

PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 January 27, 2023. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate, Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

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\*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with you

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- Learn at your own pace with 24/7 access from your PESI account
- Access to the program materials
- · Enjoy lifetime on-demand access
- Earn a self-study CE certificate
- CE hours and approvals may vary from live event. Visit www.pesikids.com or call 800-844-8260 to check for availability.

## **DVD** (Option 3)

**\$219.99** RNV053965

#### **DVD Experience:**

• Self-study CE certificate available

CE hours, approvals and cost of CE Certificates may vary from live event. Visit www.pesikids.com or call 800-844-8260 to check for availability and pricing

## **Recommended Reading:**



Art Therapy Card Deck for Children and Adolescents 50 Therapeutic Interventions for

Challenging Clients Who Shut Down, Meltdown, or Act Out Dr. Laura JJ Dessauer, ED.D., ATR-BC

\$19.99 \$14.99\*



An Art, Music, Play and Drama Toolbox for School-Based Counseling Kimberlev Palmiotto, PSYD, LCPC, ATR

Expressive Therapies for Kids

\* Discount Included with purchase of the Webinar

#### OTHER WAYS TO REGISTER

Phone: 800-844-8260

800-554-9775 Fax: Mail: PESI Kids

PO Box 1000 Eau Claire, WI 54702-1000

\*If mailing/faxing registration, find form at www.pesi.com/form or call 800-844-8260

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We would be happy to accommodate your ADA needs; Please notify us at time of registration.

## **QUESTIONS**

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