

OUTLINE

Create a Safe Therapeutic Space

Offensive words to avoid
Intake session: how to ask about developing identity
Approach transgender compared to LGBTQ
Strategies to establish rapport and comfort

Identity Formation and Coming Out

Identity development
Internalized homo/bi/trans-phobia
The decision to come out
Strategies to overcome fear, shame, and rejection in the coming out process
Bullying and safety issues

Clinical Considerations and Interventions

Treatment strategies for
Depression
Anxiety
Self-harming behaviors
Suicidality
Substance abuse
Shame
Importance of family acceptance
Impact with other cultural identities
Research limitations and risks of psychotherapeutic approaches

What you Need to Know about Differences within the LGBTQ Spectrum

Lesbian Youth
Confront invisibility
Facilitate positive self-esteem
Gay Youth
Explore gender role expectations
Sexual health
Substance use
Bisexual Youth
Understand bisexuality as a legitimate identity
Harmfulness of bisexual erasure
Transgender Youth
Assess need/desire for gender transition
Options for gender expression
Puberty blocking
Questioning Youth
Make space for exploration and fluidity
Reduce pressure to self-label
Avoid mislabeling a client

Clinical Strategies for Working with Families

Coming out to family members
Parents' reactions and resistance
Techniques to work with unsupportive families
Support youths' LGBTQ identity
Practical tips to help parents and siblings work towards increased acceptance and support
Navigate religious beliefs
Facilitate support networks

LGBTQ-Affirmative School Environments

Tips to assist parents with school advocacy
Coach youth towards self-advocacy
Strategies to manage mistreatment
Cyberbullying
Face to face bullying

Learning Objectives can be viewed at pesikids.com/webcast/84906

Live Webinar Schedule (Times listed in Eastern)

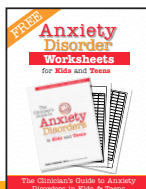
8:00 Program begins
11:50-1:00 Lunch Break
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.



FREE BONUS OFFER!

Anxiety Disorders for Kids and Teens Worksheets



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- CE hours available



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LGBTQ youth

Clinical Strategies to Support Sexual Orientation & Gender Identity

LIVE INTERACTIVE WEBINAR
Tuesday, May 18, 2021

BONUS! Registration includes FREE on-demand access for 3 months.



REGISTER NOW: pesikids.com/express/84906

Join us online, for this live training!

LGBTQ youth

Clinical Strategies to Support Sexual Orientation & Gender Identity



- Become familiar with up-to-date language and terminology
- Empower LGBTQ youth to overcome anxiety, shame, depression, and self-harming behaviors
- Practical tips to help families become more supportive

Earn 6.25 Cultural Competency CE Hours

LIVE INTERACTIVE WEBINAR
Tuesday, May 18, 2021

BONUS! – Registration includes FREE on-demand access for 3 months.



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REGISTER NOW:
pesikids.com/webcast/84906

A 9-year-old boy took his own life, just days after coming out to his peers as gay, due to the severe bullying he received. Sadly, he is not alone, suicide rates among LGBTQ youth are rising at an alarming pace.

As a clinician, how do you approach a sensitive topic like gender identity without offending your clients? How do you navigate the LGBTQ spectrum, with its unique terminology and challenges? How are you supposed to help an LGBTQ youth client when their parents are not on board?

You are not alone in struggling with these types of questions. Join expert and author, Deb Coolhart, PhD, LMFT as she draws on her nearly 20 years of working with LGBTQ youth. Deb will show you effective clinical strategies for:

- The coming out process
- Bullying
- Suicide, anxiety, shame, depression, self-harming
- Making healthy choices
- Thriving in school
- Developing support networks

Working with these youth and families can be complex, requiring the balance of many seemingly opposing viewpoints. As a clinician, there is nothing more rewarding than facilitating these changes and watching families discover their own path towards understanding.

Help LGBTQ kids and adolescents know that it’s their right to be themselves!

Target Audience:
Counselors • Social Workers • Psychologists • Psychotherapists • School Guidance Counselors
Educators • Occupational Therapists • Occupational Therapy Assistant • Case Managers
Marriage & Family Therapists • Addiction Counselors • Nurses • Speech-Language Pathologists
Other Mental Health and Helping Professionals who Work with Children



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Have a seminar idea? A manuscript to publish? The nation’s top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Cyndi Postlewaite** at cpostlewaite@pesi.com or call **715-855-5253**.



MEET YOUR SPEAKER

Deb Coolhart, PhD, LMFT, is a private practice clinician and an assistant professor in the Marriage and Family Therapy Department at Syracuse University. She has been doing therapy with LGBTQ youth and their families for nearly 20 years. She created the Transgender Treatment Team in Syracuse University’s Couple and Family Therapy Center, where she trains and supervises masters students to work with transgender people and their families.

Dr. Coolhart has several publications on clinical work with LGBTQ youth. Her recent work has focused on transgender youth and their families. She has developed a tool for assessing youths’ and families’ readiness for gender transition treatments, published in the *Journal of Marital and Family Therapy*. She has also published multiple manuscripts on supporting transgender youth and families in therapy and advocating for trans-affirmative school environments. Recently, she co-authored a book, *The Gender Quest Workbook: A Guide for Teens and Young Adults Exploring Gender Identity*. Additionally, Dr. Coolhart has conducted research on transgender people and their family relationships and the experiences of LGBTQ homeless youth.

Speaker Disclosure
Financial: Deborah Coolhart is an assistant professor at Syracuse University. She receives a speaking honorarium from PESI, Inc.
Non-financial: Deborah Coolhart is a member of the American Association of Marriage and Family Therapy; American Family Therapy Academy; and World Professional Association for Transgender Health.


CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Addiction Counselors, Counselors, Educators, Marriage and Family Therapists, Nurses, Occupational Therapists, Psychologists, Social Workers, Speech-Language Pathologists.**

For specific credit approvals and details, visit pesikids.com/webcast/84906

National CE Credit Approvals For Live Webinar
Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.


*includes up to 6.25 hours of cultural competency instruction.


APPROVED PROVIDER

ASHA CONTINUING EDUCATION
AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION


PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.


This course is offered for 6 ASHA CEUs (Intermediate level, Professional area).


****Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.**

 PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

 PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center’s Commission on Accreditation. Nurses in full attendance will earn 6.25 contact hours.

 This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

 PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 6.25 Cultural Competency continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

 PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

This program is Approved by the National Association of Social Workers (Approval # 886759332-4171) for 6.0 Social Work continuing education contact hours.

Self-study credit: To check availability for your profession, go to www.pesikids.com or call 800-844-8260 with your licensing board to verify acceptance of self-study credit for license renewal.

*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession’s standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Kids, PESI Rehab and Psychotherapy Networker.

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Live Interactive Webinar (Option 1)

May 18, 2021 PWZ84905

\$219.99 tuition

8am Eastern time

Live Webinar Experience:

- Participate live in real-time while connecting and collaborating with peers
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\$219.99 POS051240

Digital Seminar Experience:

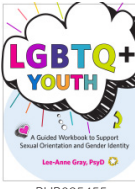
- Learn at your own pace with 24/7 access from your PESI account
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DVD (Option 3)


\$219.99 RNV051240

DVD Experience:

- Self-study CE certificate available
CE hours, approvals and cost of CE Certificates may vary from live event. Visit www.pesikids.com or call 800-844-8260 to check for availability and pricing

Recommended Reading:

PUB085455

LGBTQ+ Youth
A Guided Workbook to Support Sexual Orientation and Gender Identity
Lee-Anne Gray, PsyD.
~~\$29.99~~ **\$22.99***


PUB085020

Self-Compassion & Mindfulness for Teens Card Deck
54 Exercises and Conversation Starters
Lee-Anne Gray, PsyD
~~\$16.99~~ **\$12.99***

** Discount Included with purchase of the Webinar*

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