

Outline

10 Strategies to Improve Results

Risks/ethics for non-prescribers regarding psychiatric medications
Additional Strategies for specific types of medications
Adapting your toolbox to address specific populations
Practical application of strategies using actual case studies

Interactive Skill Building and Case Examples

Anxiety & PTSD medications
Most effective medications
Specific adverse effects & how to ask to elicit full information
Dosing dangers
Getting “into the weeds” when benzodiazepines are problematic
Special populations: adolescents, older adults, substance use disorder comorbidity

Interactive Skill Building and Case Examples

Depression medications
Most effective medications
Response vs. remission
Specific adverse effects & how to ask
Suicidality
Special populations: adolescents, older adults, substance use disorder comorbidity
When & how to stop

Objectives

1. Integrate at least five strategies you can use for better results for your clients with medication.
2. Use effective language with clients to dispel fear and stigma, and increase motivation to consider medication.
3. Practice discussing and educating clients regarding the specific adverse effects that may exist for your client’s medication.
4. Integrate at least 5 additional medication specific strategies which further increase results.
5. Recognize the dangers of clients settling for response in depression treatment.
6. Determine which medications significantly decrease current, and prevent future suicidality.
7. Recognize when your client may be at risk for harm from medication adverse effects, and provide information to your client how to minimize or avoid harm.
8. Determine clinical concerns, issues, and how to avoid decompensation when clients want to discontinue medication.

Interactive Skill Building and Case Examples

Bipolar medications
Most effective medications
Specific adverse effects & how to ask, when they are dangerous
Special populations: adolescents, older adults & substance use disorder comorbidity
Empowering clients and preventing hospitalization

Interactive Skill Building and Case Examples

Risks/limitations & evidence-base
The current literature and knowledge to date
The literature on medications for adolescents and its more limited nature

Live Webinar Schedule

(Times listed in Pacific)

8:00 Program begins

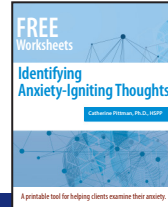
11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

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Practical Strategies for Better Results with Psychiatric Medications

Do's and Don'ts for Mental Health Counselors



Live Interactive Webinar
Thursday, May 27, 2021

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Practical Strategies for Better Results with Psychiatric Medications



Do's and Don'ts for Mental Health Counselors

- Yes, **YOU are the key** to your clients getting more from their medication!
- Help clients navigate the tricky waters of considering and using medication
- When “anti-suicide” medications could save your client’s life
- Recognize dangerous prescribing practices and know what to do about them
- Get measurably better results for your clients on medication

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Practical Strategies for Better Results with Psychiatric Medications

Do’s and Don’ts for Mental Health Counselors

Clients often don’t get the results they could from mental health medications and suffer unnecessarily. And even be at greater risk for suicide.

Tailored specifically for the mental health clinician, this seminar provides what you need to help your client get more benefit – and less downside – from taking medications.

Susan Marie, PMHNP, PhD, CARN-AP, expert clinician, prescriber and presenter, will give you practical, evidence-based strategies to use immediately in your practice. **This is the “toolbox” you’ll turn to time and again.** You will learn critical information about medications – but far more useful information than you might learn in typical “Psychopharm” trainings (or Dr. Google!)

The unique focus of this seminar is that it increases your skills to help clients with the vulnerable, and challenging, process of choosing to take and then whether to stay on psychiatric medications, and then when and how to stop them.

For example, if your client is benefiting some from their antidepressant, but hates the hassle, what do you do? And say, or not say? And what if they have suicidal thoughts?


- From this seminar, you’ll gain the knowledge and skills to effectively:
- determine potentially dangerous side effects,
 - recognize threats to self-image and other stigma triggered by psychiatric medication,
 - understand the interaction of medication and suicidality,
 - increase client motivation to consider medication, and stay on medication that is working, and
 - communicate the dangers of treating to response without remission.

And that’s only the beginning.

You’ll also **get new language options for your toolbox for asking the critical, but difficult questions and for alerting clients to potential dangers.** Plus, tools for measuring progress that are client friendly and increase treatment results, and even includes do’s and don’t strategies for interacting with prescribing colleagues.

Sign up today!

Target Audience:
Counselors • Social Workers • Psychologists • Psychotherapists • Case Managers
Marriage & Family Therapists • Nurses • Nurse Practitioners • Clinical Nurse Specialists
Addiction Counselors • Pharmacists • Other Mental Health & Health Care Professionals

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Meet Your Speaker

Susan Marie, PMHNP, Ph.D., CARN-AP, a licensed psychiatric nurse practitioner with full independent prescriptive practice and certification in addictions, brings to you over 35 years of clinical experience with a wide variety of clients, including highly vulnerable clients with suicidality, co-occurring addiction, homelessness, serious mental illnesses, trauma and panic.

Susan Marie is the author of *The Art and Science of Psychopharmacology Essential Tools for Treating Anxiety, Depression, Bipolar Disorder & Psychosis* (2020). She is noted for her “pearls and pitfalls” of psychopharmacology. Her passions are radical respect for people with serious mental illnesses & addictions, excellence in psychopharmacology and improving results.

Dr. Marie is senior clinical consultant for behavioral health at Central City Concern and Associate Professor at Oregon Health and Science University in Portland, Oregon. She teaches nationally, to rave reviews, on psychopharmacology as well as suicide assessment and intervention.

Speaker Disclosure:
Financial: Susan Marie is an Associate Professor for Oregon Health & Science University. She receives a speaking honorarium from PESI, Inc.
Non-financial: Susan Marie has no relevant non-financial relationship to disclose.

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This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Marriage & Family Therapists, Nurses, Physicians, Psychologists, and Social Workers.**

For specific credit approvals and details, visit pesi.com/webcast/84869

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This activity is pending approval from the National Association of Social Workers.

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May 27, 2021 PWZ84868
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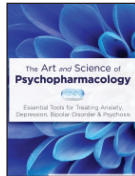
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- Self-study CE certificate available

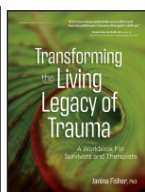
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Recommended Reading:



The Art and Science of Psychopharmacology
Essential Tools for Treating Anxiety, Depression, Bipolar Disorder & Psychosis
Susan Marie, Ph.D., PMHNP, CARN-AP
~~\$24.99~~ **\$19.99***

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Transforming the Living Legacy of Trauma
A Workbook for Survivors and Therapists
Janina Fisher, Ph.D.
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