

Outline

PHYSIOLOGICAL CHANGES IN ACUTE CARE

- Effects of immobility on organ systems
 - Respiratory
 - Cardiac
 - Digestive
 - Musculoskeletal
 - Early and aggressive mobilization and intervention

ENSURE SAFE AND SUCCESSFUL TRANSFERS AND MOBILITY FOR ANY PATIENT

- Decision-making process
- Weight-bearing restriction mobilization
- Specific mobility restrictions
 - Pulmonary embolism
 - Deep vein thrombosis
- Mobilization management
 - Chest tubes
 - Arterial lines
 - IV management

ICU/IMC SPECIFIC MANAGEMENT

- Fecal management systems
- Various catheter types

ADVANCED TREATMENT INTERVENTIONS FOR IMPROVED OUTCOMES

- Orthopedic interventions
 - Orthopedically complex patient
 - Cutting-edge interventions
 - Transitioning to same day ortho discharge
 - Shorter length of stay with improved outcomes
 - Transfer considerations
 - Alternative techniques for NWB
 - Transfers for all WB restrictions
- Burn injury across the lifespan
 - Types and degree of burn injury
 - Burn management and surgical interventions
 - Current trends in therapeutic burn intervention
- Cardiac diagnoses
 - Cardiac surgery and appropriate therapeutic progression
 - Sternal precautions
 - Implementation of strength training
- Neurological emergencies and trends in intervention
 - tPA administration and impact on therapeutic intervention
 - Management of the severe stroke
 - Patients with brief neurological deficits
- Respiratory compromised patient
 - High-flow oxygen management
 - COPD
 - Fresh take on energy conservation techniques

INTERVENTIONS FOR PATIENTS WITH COGNITIVE/PSYCHIATRIC DIAGNOSES

- Addressing the behaviorally challenging patient
 - TBI
 - Dementia
 - Aggression
- Motivation of the chronically-refusing patient
- Major depression and its impact on therapeutic intervention

OUTCOME EXPECTATIONS AND GOAL CONSIDERATIONS

- Short-term vs. long-term goal implementation
- Timing of PT/OTR reassessments
- Predicting the future
 - Appropriate goal development

CREATE AN EFFECTIVE AND SUCCESSFUL DISCHARGE PLAN

- Importance of an interdisciplinary approach
- Pros/cons of sub-acute, home health, and other discharge destinations

CARING FOR THE CAREGIVER

- Client-centered practice and inclusion of the patient's support system
- Manage the challenging family/caregiver

BILLING AND DOCUMENTATION

- Effective and successful documentation during acute and post-acute stay
- Document progression in patients with limited function
- Understand G codes, payment, and billing

ACHIEVE PRODUCTIVITY

- History of productivity requirements and their necessity
- Current trends in productivity expectations

Live Webinar Schedule (Times listed in Mountain)

8:00 Program begins

12:00-1:00 Lunch Break

3:30 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

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Acute Care & ICU Rehab

Strategies for the Medically Complex Patient

Explore innovative techniques for improving functional mobility, strength, and outcomes for patients with:

- Respiratory distress/COPD
- SCI
- Burn injuries
- TBI
- Stroke
- Orthopedic issues
- Cardiac limitations
- DVTs

LIVE Interactive Webinar Monday, April 26, 2021

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Acute Care & ICU Rehab

Strategies for the Medically Complex Patient



I have a better understanding of exercise protocols and specific exercises for diagnoses.

- A. Wong, OTR



I will implement and utilize the great knowledge and skills I learned in this seminar on my patients tomorrow!

- B. Conner, PT



Great course. I will use the outcome measures and exercise progression immediately.

- E. Wormold, PTA

NEW! Current COVID Protocols!

Discover new treatments for:

- Early mobilization
- Management of lines, wires and tubes
- Respiratory distress
- Intubation/vent dependency
- Discharge planning
- Caregiver training

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Acute Care & ICU Rehab

Explore the latest interventions for improving functional mobility, strength, independence, and outcomes in acute care rehab. Designed for all practice levels, from the new grad to the veteran acute care professional, this hands-on course will provide you with an updated knowledge base for making appropriate decisions within the ICU and acute care environments, implementing assessment and treatment tools, integrating existing treatment plans with progression into the plan of care, and adjusting or accommodating treatment interventions across the hospital stay through transition out of the hospital. Discover the latest assessment techniques and learn how to integrate treatments into rehab plans during acute and post-acute phases. Practice the latest interventions, strategies, and best practices in hands-on labs throughout the day.

Discover new treatments for:

- | | | |
|--|------------------------------|-------------------------|
| • Early mobilization | • Intubation/Vent dependency | • Productivity |
| • Management of lines, wires and tubes | • Discharge planning | • Billing/Documentation |
| • Respiratory distress | • Caregiver training | |

Objectives

- Determine the critical elements of analysis and assessment in mobilizing medically fragile patients.
- Develop an appropriate plan of care for patients who present with a critically ill cardiac, neurological or respiratory diagnosis.
- Distinguish the characteristics, similarities of, and differences between, medically fragile and general acute care patients and methods to implement successful therapeutic interventions with each.
- Demonstrate an understanding of the outcome tools available for assessment of the acute or critically ill patient.
- Evaluate strategies for addressing the behaviorally challenging patient and successful methods for patient engagement.
- Devise methods to effectively document progression throughout the acute care spectrum.



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Meet Your Speaker

Dr. Kirsten Davin, OTDR/L, ATP, SMS, is a veteran occupational therapist of over 19 years with extensive experience in a variety of inpatient and acute care practice since obtaining her occupational therapy degree in 2001. She is best known for her live, national speaking tours, as she has conducted thousands of workshops and courses on the topics of splinting, seating/positioning, assistive technology, acute care assessment and intervention, and work/life balance.

Kirsten received her Doctorate in Occupational Therapy in 2007, and graduated from the University of Illinois at Chicago in 2001. She was most recently named the 2016 recipient of the VGM HME (Home Medical Equipment) Woman of the Year Award, presented at the fall MedTrade conference in Atlanta, Georgia.

Speaker Disclosure:

Financial: Penny Stack is the Tulsa Community College Occupational Therapy Assistant Program Director. Dr. Stack receives a speaking honorarium from PESI, Inc.

Non-financial: Penny Stack is a member of the American Occupational Therapy Association; and Oklahoma Occupational Therapy Association.

Target Audience:

Occupational Therapists • Occupational Therapy Assistants • Physical Therapists
Physical Therapist Assistants • Respiratory Therapists • Physician Assistants • Nurses
Nurse Practitioners

CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Occupational Therapists, Counselors, Social Workers, Teachers, Speech-Language Pathologists, School Psychologists.**

For specific credit approvals and details, visit pesirehab.com/webcast/84770

National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.



information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 6 ASHA CEUs (Intermediate level, Professional area).

*** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.*



PESI, Inc. is an AOTA Approved Provider of

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*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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April 26, 2021 [PWZ84769]

\$219.99 tuition

8am Mountain time

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OTHER WAYS TO REGISTER

Phone: 800-844-8260

Fax: 800-554-9775

Mail: PESI Rehab

PO Box 1000

Eau Claire, WI 54702-1000

*If mailing/faxing registration, find form at www.pesi.com/form or call 800-844-8260

ADA NEEDS

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QUESTIONS

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TAXES AND SHIPPING

Taxes and shipping apply where applicable, see website for details

