

Outline

Executive Functions (EF) Overview

The neuropsychology of Executive Functions
Levels, domains of functioning, arenas of involvement

A closer look at the self-regulation level:
7 clusters encompassing 33 functions

EF development over time

EFs, DSM-5® diagnoses, educational classifications

Limitations of the research and potential risks

Develop an Intervention Plan: Assessment of EF Strengths and Weaknesses

A multidimensional model to guide assessment
Norm referenced tests, rating scales and diagnostic interviewing

Assessing the impact of EF difficulties on academic learning and production

Learning difficulties versus producing difficulties

EF-driven Functional Behavior Assessment

Strategies for EF Development and EF Difficulties

Create an environment for positive change
Develop and use growth mindsets

The EF intervention continuum

Orienting strategies that focus on goals and outcomes

External strategies for modifying behavior:
Cueing, prompting and thinking aloud

Bridging strategies from externally controlled to internally self-regulated

Internally self-regulated strategies: Strengthen independent functioning

Evidence-Based Programs and Resources to Foster Growth

Develop EFs in pre-school and kindergarten

Problem-solving models and programs

Cognitive strategy instruction and cognitive behavior therapy

Technology-based approaches

Mindfulness techniques and EF growth

Learning Objectives

1. Analyze a comprehensive neuropsychological model of executive functions as it relates to clinical treatment.
2. Communicate how executive function difficulties are manifested in individuals diagnosed with various psychological disorders and/or enrolled in special education programs as it pertains to assessment and treatment planning.
3. Apply effective assessment techniques based on a multidimensional framework to determine executive function strengths and weaknesses and to target specific intervention needs.
4. Recommend strategies that are appropriate for fostering executive function development and/or for intervening when executive function difficulties are identified.
5. Implement strategies that bridge the gap between "external control" and "internal self-regulation".
6. Utilize mindfulness, CBT and other evidence-based programs to foster executive function development and/or remediate difficulties.

Target Audience:

Counselors • Social Workers • Psychologists • Psychotherapists • Addiction Counselors
Marriage and Family Therapists • Speech-Language Pathologists • Teachers
School Guidance Counselors • School Psychologists • School Social Workers
Educational Paraprofessionals • Occupational Therapists & Occupational Therapy Assistants
Case Managers • Nurses • School Administrators
Other Helping Professionals who Work with Children

Live Webinar Schedule

(Times listed in Eastern)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

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IMPROVE EXECUTIVE FUNCTIONS

Evidence-Based Strategies to Change Behavior

Featuring



George McCloskey, Ph.D.,
Internationally Renowned Expert, Best-Selling Author of
Assessment and Intervention for Executive Function Difficulties
and *Essentials of Executive Functions Assessment*, and Creator of
the McCloskey Executive Functions Scale (MEFS)

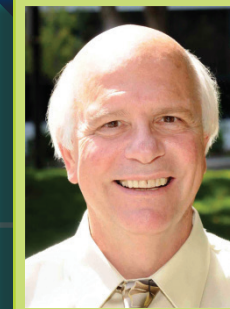
LIVE Interactive Webinar Thursday, April 15, 2021

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Join us online, for this live training!

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Improve Executive Functions

Individuals with ADHD, Autism, OCD and other conditions have significant deficits with Executive Function (EF) skills, failing to thrive at school, work, home and in their most important relationships.

While your work with individuals struggling with EF issues is some of your most rewarding—it's often the work that leaves you the most frustrated and exhausted. Forgotten appointments, unfinished homework, distractibility, procrastination, and difficulties organizing thoughts present formidable obstacles to making progress in school or therapy. And to make things more frustrating, the strategies that work so well for other conditions seem to fall short when an EF deficit is present.

Join **George McCloskey, Ph.D.**, an internationally renowned author, researcher, and clinician with more than 25 years of groundbreaking work with EFs for this incredible one-day event!

Dr. McCloskey will teach you the targeted skills and tools you need to cultivate lasting change and transformation in the lives of those who struggle with executive deficits—the chronically lost, late and unprepared!

You'll learn how to develop customized interventions that can be used with students or clients of all ages across multiple settings from the private practice to the classroom. Practical and easy to apply, Dr. McCloskey's strategies will help those you serve develop **critical time/task management, personal organization, and planning skills, empowering them to elevate their academic and employment performance, relationships, physical and mental health, and more!**

Don't miss this chance to elevate your practice and confidence in your ability to end the chaos and dramatically improve the lives of those you work with!
Sign up today.

"Dr. McCloskey was a wonderful presenter. One of the best webinars I've ever taken. Incredible content delivered in a challenging yet accessible manner. Bravo!" Kimberly V

"I thought I had a pretty good understanding of EF skills until today. There is so much more out there for me to learn. Thank you." Kelley C

"This was great. I work more with adults, many with brain injury including frontal lobe, but the content was applicable and can be modified to that population." Melissa M



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Meet Your Speaker



George McCloskey, Ph.D., is a Professor and Director of School Psychology Research in the Psychology Department of the Philadelphia College of Osteopathic Medicine and holds Diplomat status with the American Academy of Pediatric Neuropsychology. He frequently presents at international, national, regional and state meetings on cognitive and neuropsychological assessment and intervention topics. Dr. McCloskey has amassed over 35 years of experience in test development, teaching, research and assessment and intervention work with a wide range of clients. Based on the past 25 years of his research and experience working specifically with children, adolescents and adults exhibiting executive function difficulties, Dr. McCloskey has developed a comprehensive model of executive functions that

can be used to assess executive function strengths and difficulties and guide efforts to foster growth and intervene with difficulties. He consults with a number of school districts and private schools nationwide on issues related to improving students' self-regulation capacities in the classroom, behavior management, assessment and intervention for executive functions difficulties related to academic and behavior problems. Dr. McCloskey is the author of the *McCloskey Executive Functions Scales (MEFS)* and lead author of the books *Assessment and Intervention for Executive Function Difficulties* and *Essentials of Executive Functions Assessment* and his most recent writing on interventions for executive function and executive skills difficulties appears in Chapter 11 of the book *Essentials of Planning, Selecting, and Tailoring Interventions for Unique Learners*.

Speaker Disclosure:

Financial: George McCloskey has an employment relationship with the Philadelphia College of Osteopathic Medicine. He receives royalties as an author for Taylor & Francis, Wiley & Sons, and Schoolhouse Press. Dr. McCloskey receives a speaking honorarium from PESI, Inc.

Non-financial: George McCloskey has no relevant non-financial relationship to disclose.

CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Educators, Marriage and Family Therapists, Occupational Therapists, Psychologists, Social Workers, Speech-Language Pathologists**

For specific credit approvals and details, visit pesikids.com/webcast/84761

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This activity is pending approval from the National Association of Social Workers.

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This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

**** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.**

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PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

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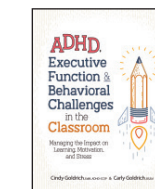
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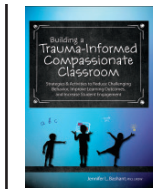


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