Outline

Dyslexia

Where it originated Facts verses myths The public health impact

Assessment for Cognitive Function

Visual and auditory memory Phonological awareness and memory Visual perceptual skills

Visual motor skills

Handwriting skills

Reading rate, accuracy, fluency and comprehension

Treatment Strategies for Redeveloping Neuropathways

Visual perception skills to:

Keep up with note taking in class Remember multi-step instructions

Remember the order of letters when spelling a word

Remember how to do homework once at home

Memory skills/phonological awareness to:

Remember more than 1 or 2 instructions at a time

Interpret words as they were intended:

cat verses hat

Spell aloud

Visual skills to:

Discriminate different fonts Form letters or numbers

Not write letters or numbers backwards

Help with mixing up letters/ numbers - /d/ from /b/ or /E/ from /3/

Find their pencil in their desk Find matching socks when dressing

Visual motor skills to:

Copy notes in time to keep up with the class

Tie shoes

Ride a bike

Become more coordinated

Handwriting skills to:

Help with slow, messy writing or letter formation or letter spacing

Printing

Write in cursive

Reading/comprehension skills to:

Read at age or grade level

Pseudoword reading to match word reading level

Practice treatment interventions and Case Studies throughout the day Documentation and Billing

ICD-10 treatment diagnostic codes and CPT billing codes for reimbursement of provided services

Live Webinar Schedule

8:00 Program begins

11:50-1:00 Lunch Break **4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Target Audience:

Occupational Therapists & Occupational Therapy Assistants • Counselors • Social Workers • Teachers Speech-Language Pathologists • School Psychologists • Other Helping Professionals who Work with Children

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DYSLEXIA

Building NEW Neuropathways to Master Visual and Auditory Memory, Visual Perceptual Skills, Visual Motor Skill Development and More!

- Discover 5 secret signs of dyslexia no one ever told you
- Improve ability to recall multi-step instructions, letter sequence, lists or tasks to complete
- Improve grades, written and verbal expression to align with IO
- Turn everyday games and routines into the perfect treatment activities

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DYSLEXIA

Building <u>NEW</u> Neuropathways to Master Visual and Auditory Memory, Visual Perceptual Skills, Visual Motor Skill Development and More!

Dyslexia - the invisible disability that impacts 1:5 individuals!

It's not just an issue of trying harder or paying attention.

You know the stories you hear from your clients - hours of studying just to forget it all on a test the following day, constant lack of ability to understand what they read, difficulty remembering lists or instructions beyond three, the overwhelming frustration of knowing what they want to say or do, but not being able to express it on paper or get the words out, socially withdrawn in attempt to hide their struggles.

In this seminar, you will have the opportunity to practice treatment ideas that will incorporate the use of client-centered everyday routines, games, technology, sensory and hands-on approaches to help your client overcome the challenges of life with dyslexia.

Upon completion of this program, you will be able immediately provide treatment to address your client's:

- Visual perceptual skills
- Auditory and visual memory
- Phonetic awareness and memory
- Visual motor integration
- Reading rate, accuracy, fluency, comprehension
- Spelling and handwriting struggles

Objectives

- 1. Analyze the 3 types of dyslexia and their characteristics to establish a treatment plan.
- 2. Determine the executive cognitive functions and treatment methodologies that impact processing speed and reading comprehension.
- 3. Employ treatment strategies to address visual perceptual, visual motor integration, auditory and visual memory deficits to increase handwriting legibility, reading comprehension, and ability to follow multi-step directions.
- 4. Evaluate how to integrate electronic and low tech games into treatment activities to increase reading comprehension, ability to follow multi-step directions for increased academic success.
- 5. Apply compensatory strategies to each specific type, such as recital, chunking, and mnemonics as they apply to visual and auditory memory.
- 6. Determine 3 strategies to improve client's ability to recall multi-step instructions and letter sequence for spelling.

Speaker •

PENNY STACK, OTD, OTR/L, CLT, is the founding owner of Dyslexia Center of Tulsa, Tulsa, Oklahoma. Penny has over 26 years of experience as an occupational therapist that include working with children who have special learning needs. Penny is also a mother of a child with dyslexia who has shown great success in overcoming reading difficulties. Penny is certified in Handwriting Without Tears, received her Master's in Occupational Therapy at Samuel Merritt College, Oakland California and her Doctorate degree in Occupational Therapy at Loma Linda University. Her research on closed head injuries and cognitive retraining has been published in *Brain Injury Journal*. Penny has dedicated her current research to Dyslexia and Its Impact on Occupation: The lived experience.

Speaker Disclosures:

Financial: Penny Stack is the Tulsa Community College Occupational Therapy Assistant Program Director. Dr. Stack receives a speaking honorarium from PESI, Inc.

Non-financial: Penny Stack is a member of the American Occupational Therapy Association; and Oklahoma Occupational Therapy Association.



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at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.



This course is offered for <u>.6</u> ASHA CEUs (<u>Intermediate</u> level, <u>Professional</u> area).

** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.

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Recommended Reading:



PUB085000

Self-Regulation and Mindfulness Exercises & Worksheets for Sensory Processing Disorder, ADHD, and Autism Spectrum Disorder

By Varleisha Gibbs, Ph.D., OTD, OTR/L

\$26.99 \$22.99*



Understanding My Big Feelings on

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Jennifer Cohen Harper, MA, E-RYT, RCYT

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