

Outline

Considerations to Improve Your Diagnostic Accuracy When Treating Children with Anxiety

Role of Development
Therapeutic Setting
Clinical Interviews with young children
Avoidant behavior
Children 0-2
Helpful therapeutic aids

Strategies for Therapeutic Flexibility

Gain rapport, read what needs to happen
"Get down on the floor"
When parents should and shouldn't stay
Discussing sensitive information
When to request separate session with parents:
Rookie mistakes

Behavior Management Techniques - Foundational Principles

Objectives
Types of attention and how they help or inhibit parental control
Essential techniques to avoid
Essential techniques to include

Strategies for Differential Diagnoses in Children: Anxiety or a Symptom of Something Else?

Anxiety
Healthy Developmental Trajectory
Adult versus Childhood Anxiety
Translating Research-Based Calming Techniques to Other Settings
Adjustment disorders
Generalized Anxiety Disorder
Panic
ADHD
Can be diagnosed at four years of age, but should it be?
Hyperactivity trajectory
Inattention trajectory
Is ADHD really an attention deficit?

Encopresis
What is it - Why you need to Know
Other toileting difficulties
Genetic predisposition to constipation/constipation in infancy
Toileting refusal
Stool withholding
Sensory Processing Deficits
The immature neurological system
World as sandpaper - sensory processing issues to consider
Learning Difficulties
Dyslexia
Dysgraphia
Dyscalculia
ADHD
Advanced Cognitive Ability
Aggression in highly intelligent children
Intellectually eccentric child

Rave reviews from parents:

What Dr. Bostwick told us to do, worked like magic!

Fixing my child's constipation, eliminated the anxiety.

The discipline plan she taught us makes so much sense - We have our kid back!

Live Webinar Schedule

(Times listed in Eastern)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

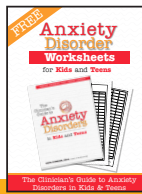
There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.



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Anxiety and Disruptive Behaviors in Children

Alternative Explanations, Solutions and Treatment Techniques

LIVE Interactive Webinar
Thursday, April 15, 2021

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Join us online, for this live training!

Anxiety and Disruptive Behaviors in Children

Alternative Explanations, Solutions and Treatment Techniques

Featuring Christi Bostwick, PhD
Developmental and Child Psychologist and Parenting Expert

- Is it anxiety, or something else - New clues to help move kids forward in therapy
- Stumped about advising parents how to handle aggressive behavior – I have the solutions to help!

LIVE Interactive Webinar
Thursday, April 15, 2021

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Anxiety and Disruptive Behaviors in Children

Children's behavior sometimes just does not make sense. They may behave great at school and then trash the house when they get home. They may wake at night with terrors even though nothing disruptive seems to be going on during the day. Nice parents with out of control kids are difficult to figure out.

Dr. Bostwick has worked with children and their parents for over 25 years conducting research and providing cognitive behavioral solutions to even the most puzzling behavior. Common childhood milestones can become challenging if a child doesn't behave as we would expect. Dr. Bostwick will show you how anxiety and unexpected behavior can be a side effect of other problems you may not have considered. Kids with baffling behavior are often resistant to tried and true treatment options for anxiety and behavior disorders.

Join Dr. Bostwick, who has done the hard work for you. She'll share developmentally appropriate considerations and techniques on how to proceed with highly sensitive childhood behavior:

- Suicidal five-year-old
- Child running the household and parents walking on eggshells
- 3-year-old who has just been kicked out of her second daycare
- 6-year-old tells you they hear voices or see things that are not there

Dr. Bostwick will help you create real and positive long term change that promotes healthy development from childhood into adolescence and beyond! Don't miss an opportunity to learn from her.

Sign up today!

Objectives

1. Apply developmental principles to aid in differentiating appropriate courses of action for assessing anxiety and difficult behavior in children.
2. Integrate traditional clinical interview techniques with developmentally based applications.
3. Consider the diagnostic benefits of creating a developmentally informed office environment when working with children.
4. Differentiate common discipline practices used by parents from research-based behavior management techniques.
5. Assess overlooked diagnostic clues to help treatment resistant anxiety and behavior disruptions.
6. Evaluate alternative explanations for bewildering childhood anxiety and behavior disorders.

Target Audience:

Counselors • Social Workers • Psychologists • Case Managers
Marriage & Family Therapists • Occupational Therapists
Speech-Language Pathologists • Educators • Nurses • Other Medical Professionals

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Speaker

Dr. Christi Bostwick, Ph.D., is a developmental and child psychologist and parenting expert with over 25 years of experience in treating children and adolescents. Dr. Bostwick specializes in co-occurring behavioral concerns in children and adolescents often produced as a result of learning differences, sensory deficits, and toileting concerns. Dr. Bostwick's eclectic and conversational approach draws heavily from her background in developmental and family systems research and practice.

Dr. Bostwick is in private practice at The Talk Doctor in Northfield, MN. She serves as an adjunct instructor at her alma mater, St. Olaf College. Dr. Bostwick has also been an adjunct instructor at The University of Kansas in Lawrence, Kansas and Rockhurst University in Kansas City, Missouri. She has taught introductory and clinical psychology courses to a variety of undergraduates and supervised post-doctoral students. She wrote a children's book titled, *Blankie Bits*, which was a 2014 finalist in the Indie Book Awards. Dr. Bostwick also provides parenting basics on her blog PhD4kids.com and has contributed to several online news providers including the *Huffington Post*.

Dr. Bostwick earned her BA at St. Olaf College and her Ph.D. at The University of Kansas. Dr. Bostwick completed a clinical child psychology internship and fellowship at The Children's Mercy Hospital in Kansas City, Missouri. She has spent her entire career either working within medical practices or partnering with community medical professionals to provide integrative care.

Speaker Disclosures:

Financial: Dr. Christi Bostwick is in private practice. She is an adjunct assistant professor at St. Olaf College. Dr. Bostwick receives royalties for her published materials and receives a speaking honorarium from PESI, Inc.
Non-financial: Dr. Christi Bostwick has no non-financial information to disclose.

CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Educators, Marriage and Family Therapists, Occupational Therapists, Occupational Therapy Assistants, Psychologists, Social Workers, Speech-Language Pathologists**

For specific credit approvals and details, visit www.pesikids.com/webcast/84724

National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.



PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.



PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

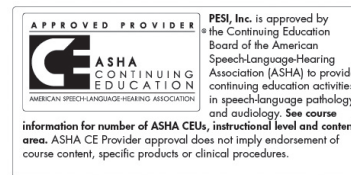


PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 6.25 contact hours.

*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.



PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

This program is Approved by the National Association of Social Workers (Approval #886759332-8095) for 6.0 Social Work continuing education contact hours.

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April 15, 2021 [PWZ84723]

\$219.99 tuition

8am Eastern time

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- Participate live in real-time while connecting and collaborating with peers
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On-Demand Digital Seminar (Option 2)

\$219.99 [POS056055]

Digital Seminar Experience:

- Learn at your own pace with 24/7 access from your PESI account
- Access to the program materials
- Enjoy lifetime on-demand access
- Earn a self-study CE certificate

CE hours and approvals may vary from live event. Visit www.pesikids.com or call 800-844-8260 to check for availability.

DVD (Option 3)

\$219.99 [RNV056055]

DVD Experience:

- Self-study CE certificate available

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Recommended Reading:



Beyond Behaviors:
Using Brain Science and Compassion to Understand and Solve Children's Behavioral Challenges

By Mona M Delahooke, Ph.D.

~~\$29.99~~ **\$22.99***



Melt Anxiety and Relax Card Deck for Kids: 44 Strategies Using Art, CBT and Mindfulness

By Jennifer L. Abel, Ph.D. and Barbra Danin, LMFT

~~\$17.99~~ **\$12.99***

* Discount Included with purchase of the Webinar

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