### **OUTLINE**

#### **MEDS 101**

Case study

Reasons to be knowledgeable about psychiatric medications

Lessons from other disciplines

Pharmacy

Nursing

**Ethics guidelines** 

The common questions clients have about their medications

Handling differences of opinion between yourself and a prescribing professional

#### **GENERAL OVERVIEW OF THE NERVOUS SYSTEM**

Organization of the nervous system Structure of the neuron Communication between neurons How medicines interact with the

#### **DEPRESSION MEDICATIONS**

nervous system

Neurobiology SSRIs and SNRIs Mechanism of action Benefits and adverse reactions Medications in these categories Case study

#### **ANXIETY DISORDER MEDICATIONS**

DSM-5® anxiety categories Deconstructionist approach taken by prescribers Neurobiology

SSRIs and Benzodiazepines Mechanism of action

Benefits and adverse reactions Medications in these categories

Case study

#### **BIPOLAR MEDICATIONS**

Monotherapy Lithium, anticonvulsants, and 2nd generation antipsychotics Mechanism of action Benefits and adverse reactions

Medications in these categories Case study

#### **ADHD MEDICATIONS**

Neurobiology

Methylphenidate and amphetamine

Mechanism of action

Delivery systems

Benefits and adverse reactions

Medications in these categories

Case study

#### **ANTIPSYCHOTIC MEDICATIONS**

Psychosis symptoms

Neurobiology

1st and 2nd generation

**Antipsychotics** 

Mechanism of action

Benefits and adverse reactions

Medications in these categories

Case study

#### **INSOMNIA MEDICATIONS**

Causes and treatments for insomnia Medications for insomnia Half-life Benefits and adverse reactions Case study

#### **LIMITATIONS OF THE RESEARCH & POTENTIAL RISKS**

Learning Objectives can be viewed at pesi.com/webcast/84666

### Live Webinar Schedule

(Times listed in Central)

**9:30** Program begins 12:45-1:30 Lunch Break

**4:55** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker A more detailed schedule is available upon request.

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# **PSYCHOPHARMACOLOGY**

# **Essential Information for Mental Health Professionals**

# **LIVE Interactive Webinar**

Wednesday, April 14, 2021

BONUS! - Registration includes FREE on-demand access for 3 months.

## Join us online, for this live training!

# **PSYCHOPHARMACOLOGY**

# **Essential Information for Mental Health Professionals**

Featuring **Dr. Kenneth Carter**, board certified clinical psychologist and professor of Psychology at Oxford College of Emory University

- Why (and what) you should know about psychopharmacology
- Questions you can expect from clients and prescribers, and how to answer them
- Latest ethical guidelines from APA, NASW, ACA and others
- Latest information and newest medications for depression, anxiety, bipolar, ADHD, psychosis and insomnia

# **LIVE Interactive Webinar**

Wednesday, April 14, 2021

BONUS! - Registration includes FREE on-demand access for 3 months.





### **PSYCHOPHARMACOLOGY**

#### **Essential Information for Mental Health Professionals**

Dr. Kenneth Carter, a board certified clinical psychologist with a Master's degree in clinical psychopharmacology, shares his clinical experience and training to provide detailed information about the range of common medications prescribed for mental health conditions. You will get the latest information on antidepressants, anxiolytics, and common medications for insomnia and Attention deficit/Hyperactivity Disorder among others. Through lecture, the examination of multi-disciplinary ethics codes and real case examples, you will take a close look at the ethical decisions that accompany medication use and the non-prescribers role and limits with regards to medication discussions with your patients.

Dr. Carter answers questions from providers in the field and walks through examples of practical clinical discussions that come up every day in practice, including how to discuss scope of practice with your patients in order to optimize their care when working with multiple providers. The goal is for you to leave better prepared to communicate with your clients as well as the prescribers, as Dr. Carter instructs you on how the medications work, their benefits, and the side effects and dangerous reactions associated with them.

#### **Target Audience:**

Counselors • Social Workers • Psychologists • Psychotherapists • Case Managers Marriage & Family Therapists • Nurses • Nurse Practitioners • Clinical Nurse Specialists Addiction Counselors • Pharmacists • Occupational Therapists Occupational Therapy Assistants • Other Mental Health & HealthCare Professionals



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### MEET YOUR SPEAKER

Kenneth Carter, PhD, ABPP, is a board-certified clinical psychologist and professor of psychology at Oxford College of Emory University in Atlanta, Georgia. Dr. Carter received his M.A. and PhD in clinical psychology from the University of Michigan in Ann Arbor and a postdoctoral master's degree in clinical psychopharmacology from Fairleigh Dickerson University. Dr Carter has taught clinical psychopharmacology classes at Emory University since 2005 and has presented highly rated psychopharmacology workshops to clinicians throughout the United States since 2010. Dr. Carter has served as a senior assistant research scientist in the Epidemic Intelligence Service of the Centers for Disease Control and Prevention. He has been a psychotherapist and researcher for more than 20 years, during which time he has garnered awards from the National Institutes of Health, the National Heart, Lung and Blood Institute, and the University of Michigan. Dr. Carter has presented at numerous conferences and written several books and articles on introductory psychology, neuropsychology and psychopharmacology.

Financial: Kenneth Carter is a professor at Oxford College of Emory University. He receives a speaking honorarium

Non-financial: Kenneth Carter is a member of the American Psychological Association; the Association for Psychological Science; and the American Board of Professional Psychology.

#### **CE CREDITS AVAILABLE FOR LIVE WEBINAR**

This continuing education activity is designed to meet state board requirements for the following professionals: **Addiction** Counselors, Counselors, Marriage and Family Therapists, Nurses, Psychologists and Social Workers.

For specific credit approvals and details, visit pesi.com/webcast/84666

#### **National CE Credit Approvals For Live Webinar**

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.



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PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0

contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.



PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 6.25



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As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the

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9:30am Central time

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- Earn a self-study CE certificate
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· Self-study CE certificate available

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### **Recommended Reading:**



The Art and Science of Psychopharmacology

Essential Tools for Treating Anxiety, Depression, Bipolar Disorder & Psychosis

Susan Marie, PhD, PMHNP, CARN-AP

\$24.99 \$19.99\*



\* Discount Included with purchase of the Webinar

#### OTHER WAYS TO REGISTER

Phone: 800-844-8260

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\*If mailing/faxing registration, find form at www.pesi.com/form or call 800-844-8260

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