

Outline

Moral Injury Defined

Actions counter to an individual's moral code

Guilt and/or shame and/or self-blame

Failure to act

Psychological, social, behavioral, and spiritual impacts

Who experiences moral injury

Why Moral Injury Happens

Fight, flight, flee survival response

Loss of context can change behavior (Abu Ghraib and torture)

Acts of commission or omission in war

The necessity of making fast, life-or-death decisions in medical or other contexts (such as COVID)

How to Identify Moral Injury

Moral Injury Events Scale (Nash et al., 2013)

Moral Injury Questionnaire (Currier et al., 2015)

Clinical interview

Overlap with DSM-5™ PTSD symptoms

Addressing Moral Injury in Clinical Practice: Clinical Insights and the Latest Research

Guilt vs. shame

Effective strategies for working through guilt

Prolonged Exposure, EMDR, Cognitive Processing Therapy, Psychodynamic Psychotherapy, Acceptance and Commitment Therapy

Impact of Killing Treatment Program (Maguen et al., 2017)

Trauma-Informed Guilt Reduction (Norman et al., 2014)

Research and treatment limitations and risks

Live Webinar Schedule

(Times listed in Central)

10:00 am Program begins

12:00 pm Program ends

A more detailed schedule is available upon request.

Objectives

1. Evaluate the clinical implications of differences between moral injury and PTSD.
2. Assess for moral injury in clients using the Moral Injury Events Scale.
3. Employ effective clinical strategies to help clients work through guilt originating from traumatic events.
4. Analyze the latest research on the application of PE, EMDR and other psychotherapeutic modalities in treating moral injury.



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Moral Injury Following Traumatic Events

Working with Clients Who Have Violated Their Conscience

The potential you'll see morally injured clients in your practice is greater than ever before – are you prepared?

- Why all therapists working in today's world need moral injury training
- Differentiate between moral injury and PTSD
- Tools to identify moral injury in clients
- Clinical insights for working with guilt and the latest research

Live Interactive Webinar
Monday, April 12, 2021

BONUS! – Registration includes FREE on-demand access for 3 months.

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Moral Injury Following Traumatic Events

You may not be familiar with moral injury – but you need to be.

Moral injury describes a cluster of symptoms — similar to those associated with PTSD — that result when a person violates their closely held values and beliefs. It can occur when people face traumatic situations where high-stakes decisions must be made.

And today, millions of healthcare workers have been on the frontline of a deadly pandemic. Many have had to make difficult decisions that contradict deeply held beliefs about who gets care and how people should die. It can leave them feeling guilty, unforgivable, depressed and suicidal...and in need of help.

The potential you'll see morally injured clients in your practice is greater than ever before – are you prepared?

This live 2-hour webinar training will give you the clinical guidance and tools you need to:


- Understand moral injury, why it occurs and who it impacts
- Identify moral injury in clients
- More effectively help morally injured clients overcome avoidance and guilt
- Get up to speed on the latest research on treatment

Don't be caught off-guard when morally injured clients come to you for help!

Register today!

Target Audience:

Counselors • Social Workers • Psychologists • Marriage & Family Therapists • Psychiatrists
Psychiatric Nurses

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Meet Your Speaker

Dr. Jennifer Sweeton, is a licensed clinical psychologist, author, and internationally-recognized expert on trauma and anxiety. During her time as a clinical psychologist with the U.S. Department of Veteran's Affairs Dr. Sweeton worked with active service members and combat veterans who had suffered moral injuries.

Dr. Sweeton completed her doctoral training at the Stanford University School of Medicine, the Pacific Graduate School of Psychology, and the National Center for PTSD. Additionally, she holds a master's degree in affective neuroscience from Stanford University and studied behavioral genetics at Harvard University.

Dr. Sweeton resides in the greater Kansas City area, where she owns a group private practice, Kansas City Mental Health Associates. She is a past president of the Oklahoma Psychological Association and the Greater Kansas City Psychological Association. She also holds adjunct faculty appointments at the University of Kansas School of Medicine. Dr. Sweeton offers psychological services to clients in Oklahoma, Kansas, and internationally, and is a sought-after trauma and neuroscience expert who has trained thousands of mental health professionals in her workshops.


Speaker Disclosure:
Financial: Jennifer Sweeton is in private practice. She has an employment relationship with the Oklahoma City VAMC. Dr. Sweeton receives a speaking honorarium from PESI, Inc.
Non-financial: Jennifer Sweeton has no relevant non-financial relationship to disclose.


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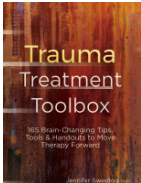
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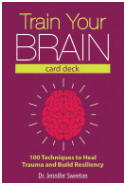
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165 Brain-Changing Tips, Tools & Handouts to Move Therapy Forward
Your presenter!
Jennifer Sweeton, Psy.D., M.S., M.A.
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Train Your Brain Card Deck
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Dr. Jennifer Sweeton
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