

Outline

Perspective-Taking and Meaning to Improve Student Behavior

The intersection of sensory, cognitive, affect and motor systems

The "Set-up": Student's expectation + delayed development = failure

Develop appropriate expectations: Pitfalls and strengths of developmental models

Strategies for triggering triggers: Reinforcing desired behavior

De-escalation strategies and precursors to problem-solving

Sensory Deficits

Interdependence between sensory processing and perception

Strategies to reduce sensory triggers

Desensitize strategies to reset the "panic switch"

Manage the environment to reduce sensory overload

Experience your own dysregulation to sensory challenges

Language/Learning Deficits

Incorporate language processing into our understanding of behavior

Your emotional response to their language challenges

Recognize, validate and problem-solve common language deficit triggers

Social Pragmatics insight into poor social behavior

Suggestions for accommodations and modifications for the classroom

Executive Functioning Deficits

Effective supports to overcoming EF roadblocks

Problem-solving strategies to improve organization, working memory and meta-cognitive deficits

Fidget-friendly environments for restless, inattentive students

Environments that encourage social-emotional regulation

Experience how we might set kids up to fail without realizing it

Behavioral Strategies

Empower students to make positive choices and take responsibility for their behavior

Create realistic expectations through better understanding of the child's process

Successful "resetting" through behavior modification and skills coaching

Environmental structures and nurturing words that regulate

Reduce tantrums and emotional dysregulation through cognitive restructuring

Problem-Solving Strategies

Teach and encourage flexibility, tolerance and decision-making skills

End power struggles and the blame game

Improve child's acceptance and personal responsibility for behavior

Create realistic expectations

Self-talk scripts to help students regulate and problem-solve

Brain Training

Increase task completion, social success and emotional control

Music and rhythm

Cerebellum Stimulation Training

Brain Gym®

Yoga & mindfulness

Neurotherapy models

Limitations of research and potential risks

Neuro-Biological Considerations

Diet/food sensitivities and needs

Supplements/vitamins

Sensitivities/toxins

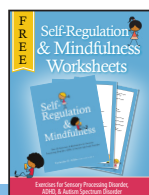
Movement and exercise to regulate the brain

Objectives

1. Communicate how sensory, language, and executive skills impairments create fight/flight/freeze and defensive responses that lead to children's dysregulation and related behavioral issues in the classroom.
2. Select the appropriate intervention strategies to improve student skills including self-control, social success, emotional regulation and task completion.
3. Employ behavior modification techniques and problem-solving strategies to diffuse student's escalated and oppositional behavior.
4. Implement environmental strategies to accommodate children's processing deficits and emotional regulation needs.
5. Utilize problem-solving strategies to develop appropriate behavioral expectations and coping mechanisms for improved self-regulation skills in students.
6. Apply cognitive restructuring strategies to reduce frequency, severity and duration of children's behavioral and emotional outbursts.

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Outbursts, Oppositional Defiance and Frustration in the Classroom

Self-Regulation Techniques to Reduce the Frequency, Severity and Duration of Problematic Behavior

LIVE Interactive Webinar

March 10, 17, & 24, 2021

A 6 hour and 15 minute program—broken into three 2+ hour live sessions—presented across three dates!

BONUS! – Registration includes FREE on-demand access for 3 months.



REGISTER NOW:
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Outbursts, Oppositional Defiance and Frustration in the Classroom

Self-Regulation Techniques to Reduce the Frequency, Severity and Duration of Problematic Behavior

Whether you work with students in the classroom, online or both - this program is for you!

- Teach students with ADHD, High Functioning Autism, learning disabilities and sensory disorders essential skills to manage emotions and behavior
- Emotional and behavioral techniques that address the sensory, language and executive function deficits that dysregulate students
- Teacher strategies to overcome difficult student behaviors that improve students' sense of self-efficacy and confidence
- Problem-solving strategies to elicit cooperation and work production

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Outbursts, Oppositional Defiance and Frustration in the Classroom

This seminar will help you to better intervene with the challenging student—the one who won’t sit still; doesn’t follow directions; often throws tantrums; or has difficulty waiting for their turn. They may “hit first and ask questions later”. They react impulsively and have difficulty expressing what they need or what is frustrating them. This child is intelligent, caring and kind, but their challenging behavior is overwhelming, confusing and frustrating. They struggle to meet basic expectations and are unable to succeed in school, with peers and at home.

Join child clinical psychologist Dr. Ehlert and learn to effectively intervene with the emotional and behavioral dysregulation of children with High-Functioning Autism, ADHD, learning disabilities and sensory processing disorders.

In 3 short live sessions totaling 6 hours and 15 minutes, Dr. Ehlert will teach you hands-on activities, exercises, and techniques you can use whether you are teaching in a classroom or virtually. Her go-to interventions will help you:

- Address the sensory, language and executive functioning processing deficits that trigger students
- Improve problem-solving skills and self-regulation skills
- Increase student’s self-control, social success, emotional control and task completion
- Teach flexibility, tolerance, thinking it through and decision-making
- Reduce the frequency and duration of student’s tantrums and emotional outbursts

Walk away with proven emotional, behavioral and processing strategies that lead to social and academic success!

***Please note:** This live program is 6 hours and 15 minutes in total. It will be presented across three dates to provide easily consumable, 2+ hour sessions. To receive full credit, attendance is mandatory on all three dates.

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Speaker

Laura Ehlert, Psy.D., is a child clinical psychologist who has worked with children and adolescents with severe emotional/behavioral issues for over 30 years. She maintains a private practice in Burnsville, Minnesota where she specializes in working with clients who struggle with information, executive functioning and sensory processing deficits, and their associated emotional, behavioral and mental health issues. Dr. Ehlert has worked with thousands of youth in a variety of settings including hospitals, residential treatment centers, partial hospital programs, school day treatment and outpatient mental health settings. She holds a doctorate degree in Clinical Psychology where her training focuses on developmental issues of childhood, and child psychopathology issues.

Professionals who have worked with Dr. Ehlert in the past have often commented that the perspectives and interventions she offers succeeded where others have failed. All behavior has function and is goal driven. Therefore, our understanding from the child’s perspective and being able to collaborate with the child to better know what information they do or don’t have in any difficult situation, is vital. If you want to resolve the problem that is creating the difficult behavior, you must first understand what is behind that behavior.

Speaker Disclosures:
Financial: Laura Ehlert maintains a private practice. She receives a speaking honorarium from PESI, Inc.
Non-financial: Laura Ehlert has no relevant non-financial relationship to disclose.

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This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.

ACE
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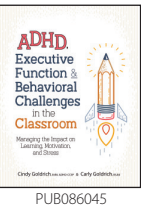
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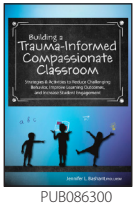
- Self-study CE certificate available

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ADHD, Executive Function & Behavioral Challenges in the Classroom
Cindy Goldrich, M.ED., ACAC & Carly Goldrich, BS, ED
~~\$29.99~~ **\$22.99***



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Strategies & Activities to Reduce Challenging Behavior, Improve Learning Outcomes, and Increase Student Engagement
Jennifer Bashant, Ph.D., LMSW, M
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