

Outline

Key Concepts

Epidemiology of SUDs  
The differences between harm reduction and abstinence models  
The interplay of substance use and mental disorders  
Co-occurring disorders and the DSM-5® and ICD-10

High-Risk Areas for Misdiagnoses and Missed Diagnoses

Prognostic implications of co-occurring disorders  
The co-occurring matrix - SUD/mental health combinations to look for  
Medical co-morbidities

Assessment and Screening Tools:

Uncover Mental Health Conditions and Their Relation to Substance Use

The intake and pitfalls in obtaining the history  
How to assess for dangerousness to self or others  
Specific instruments to assess for mood, trauma, anxiety, ADHD  
Substance use screening tools  
Physical signs and symptoms of intoxication or withdrawal states  
Assessing readiness for change and motivation

How to Create Fully Integrated Treatment Plans for Clients with Co-Occurring Disorders

Establishing the problem/need list  
Writing specific, realistic and measurable goals and objectives  
Identify and address emergent issues  
Wellness – nutrition, exercise, sleep  
How to approach level of care decisions  
How and when to access prescription monitoring databases  
Case studies

Evidence-Based Therapies and Strategies for Improved Outcomes

Mindfulness for emotional regulation in recovery  
CBT techniques to establish new perspectives and behaviors  
DBT and dialectical abstinence interventions for non-judgmental problem solving  
Match motivational enhancement strategies to your clients' stage of change  
Trauma-based therapies that target substance use disorders  
The Seeking Safety Model in dual diagnosis treatment  
Harm reduction and abstinence in the midst of the opioid overdose epidemic  
Research limitations and risks of psychotherapeutic approaches

Medication for Opioid Use Disorders/ Medication Assisted Treatment (MOUD/MAT)

Medication for opioid withdrawal  
MAT for alcohol withdrawal  
When MAT is not advised

Other Substance Specific Issues

Sedative hypnotics  
Cocaine and other stimulants, including "Bath Salts"  
How cannabis impacts clients mental and physical health

Live Webinar Schedule  
(Times listed in Eastern)

8:00 Program begins  
11:50-1:00 Lunch Break  
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

Objectives

1. Evaluate the clinical implications of intoxication and withdrawal syndromes that can mimic mental health disorders.
2. Assess the differences and relative merits and limitations of abstinence and harm-reduction models.
3. Utilize specific instruments to assess for mood, trauma, anxiety, ADHD, and substance use disorders.
4. Formulate treatment goals and objectives for patients with co-occurring disorders that are behavioral, measurable, meaningful and client specific.
5. Determine how high-risk situations influence level-of-care decision making in work with patients with co-occurring disorders.
6. Analyze strategies and current best practices to work people who have opioid use disorders and co-occurring mental health diagnoses.

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Co-Occurring Disorders in Substance Use Treatment

Integrated Assessment and Treatment Strategies for Dual Diagnosis Clients

LIVE Interactive Webinar  
Wednesday, March 31, 2021

BONUS! – Registration includes FREE on-demand access for 3 months.



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Co-Occurring Disorders in Substance Use Treatment

Integrated Assessment and Treatment Strategies for Dual Diagnosis Clients

- High-risk areas for misdiagnoses and missed diagnoses
- Reduce risk of relapse with individualized whole-person approaches
- Integrate substance use disorder treatment with interventions for diagnoses including PTSD, depression, anxiety disorders, and more!

Live Interactive Webinar  
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# CO-OCCURRING DISORDERS IN SUBSTANCE USE TREATMENT

## Integrated Assessment and Treatment Strategies for Dual Diagnosis Clients

Co-occurring disorders are more the rule than the exception with clients who have substance use issues.

But the unique interplay of psychiatric disorders and substance use makes co-occurring disorders difficult to diagnose and complex to treat. In many cases, clients receive treatment for one disorder while the other remains undiagnosed and unaddressed until it's too late.

**How can you ensure that you're seeing the whole picture and are properly prepared to provide the very best treatment for clients with multiple co-morbidities?**

Charles Atkins, MD is a board-certified psychiatrist, member of the Yale volunteer faculty, and author of over 20 books including *Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders* (PESI, 2014, 2021), that is part of the core-curriculum in schools across the country.

In this **comprehensive one-day training** Dr. Atkins will share the skills, interventions and clinical insights he's cultivated over three decades of work with these clients.

**Join him and discover how you can:**

- Cut through the complexities to complete a thorough assessment of treatment needs
- Confidently address high-risk issues like ongoing use of fentanyl-adulterated street drugs, and dangerousness to self and others.
- Skillfully tackle stage of change and level of motivation challenges
- Write observable and measurable goals and objectives for treatment plans
- Reduce risk of relapse with individualized and whole person approaches
- Integrate substance use disorder treatment with interventions for specific diagnosis such as PTSD, depression, bipolar disorder, anxiety disorders, ADHD, and more

Best of all, Dr. Atkins will cover it all with **detailed examples and real-world case studies** that make the strategies he shares accessible and applicable to clinicians at every level.

These patients are already in your practice. Don't miss this chance to enhance your skills so you can help them move with confidence into recovery and the lives they want.

**Register today!**

### Target Audience:

Counselors • Addiction Counselors • Social Workers • Case Managers  
Marriage & Family Therapists • Psychologists • Nurses and Other Mental Health Professionals



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# Meet Your Speaker

**Charles Atkins, MD**, is a board-certified psychiatrist, member of the Yale volunteer faculty, a past regional medical director for the Department of Mental Health and Addiction Services in the state of Connecticut and author of over 20 books including *Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders* (PESI, 2014/2021), that is part of the core-curriculum in schools across the country.

Dr. Atkins has lectured to mental health and healthcare professionals across the country on integrated treatment, opioid use, bipolar disorder and many other issues. His articles have appeared in publications ranging from *The Journal of the American Medical Association (JAMA)* to *Writer's Digest Magazine*, and *PARADE*. He earned his MD from Emory University Medical School.

Speaker Disclosure:

Financial: Charles Atkins is Chief Medical Officer for Community Mental Health Affiliates, LLC (CMHA). He receives royalties as an author for Sourcebooks. Dr. Atkins receives a speaking honorarium from PESI, Inc.

Non-financial: Charles Atkins has no relevant non-financial relationship to disclose.

## CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Addiction Counselors, Counselors, Marriage and Family Therapists, Nurses, Physicians, Psychologists, and Social Workers**

For specific credit approvals and details, visit [www.pesi.com/webcast/84516](http://www.pesi.com/webcast/84516)

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PESI, Inc. is an NAADAC Approved Provider of continuing education. NAADAC Provider #77553. This activity has been submitted to NAADAC for review. Approval pending. For the most up-to-date credit information, please go to: <https://rehab.pesi.com/events/detail/84516>.

This activity is pending approval from the National Association of Social Workers.



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**\$219.99** tuition

8am Eastern time

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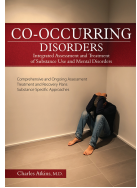
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## Recommended Reading:

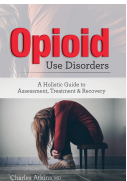


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**Co-Occurring Disorders**  
*Integrated Assessment and Treatment of Substance Use and Mental Disorders*

Charles Atkins, MD

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Charles Atkins, MD

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### OTHER WAYS TO REGISTER

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