

Outline

Grief in Previous DSM's

History of how bereavement has been addressed
Why changes were needed

Change in ICD-11

Prolonged grief disorder
Diagnostic criteria

Grief in the DSM-5: Changes and Diagnosis

Elimination of the bereavement exclusion criterion for major depressive disorder
Research regarding complicated grief
Persistent complex bereavement disorder in the DSM-5
How to diagnose complicated and uncomplicated bereavement using the DSM-5

A Look Ahead

Why Prolonged Grief Disorder in the DSM is needed in clinical practice
Proposed criteria

Objectives

1. Investigate the history of how bereavement has been addressed in previous Diagnostic and Statistics Manuals (DSM).
2. Evaluate why the bereavement exclusion was removed from the diagnosis of major depressive disorder in the DSM-5.
3. Apply diagnostic criteria from the DSM-5 to diagnose uncomplicated and complicated bereavement.
4. Analyze the diagnostic criteria for prolonged grief disorder and characterize how it relates to clinical practice.

Live Webinar Schedule (Times listed in Central)

8:00 am Program begins
11:30 am Program ends

There will be one 15-min break mid-morning.
A more detailed schedule is available upon request.



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Grief in the DSM-5[®]

The Most Recent Diagnostic Guidelines

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Friday, February 12, 2021

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Grief in the DSM-5[®]

The Most Recent Diagnostic Guidelines

- Get up to date on the latest changes
- How to diagnose complicated and uncomplicated bereavement using the DSM-5
- Prepare yourself for future revisions

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Grief in the DSM-5®

The Most Recent Diagnostic Guidelines

Designed for mental health professionals, this course discusses the most recent bereavement-related diagnostic criteria in the DSM-5® including the bereavement exclusion in major depressive disorder, uncomplicated grief, and persistent complex bereavement disorder. You'll learn why the changes were needed, what the implications of those changes are in clinical practice, and how those implications can enhance or detract from differential bereavement assessments. Also discussed is a look ahead to why the inclusion of prolonged grief disorder in future DSMs is needed in clinical practice and proposed criteria.

Target Audience:

Psychologists • Psychiatrists • Case Managers • Addiction Counselors • Counselors
Marriage and Family Therapists • Social Workers • Nursing Home Administrators
Pastoral Counselors • Chaplains/Clergy • Psychiatric Nurse Practitioners
Mental Health Nurses • Thanatologists • Funeral Directors



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Meet Your Speaker

Dr. Christina Zampitella, Psy.D., FT, is a licensed clinical psychologist in both Delaware and California and a Fellow of Thanatology (expert in death, loss, and bereavement) through the Association for Death Education and Counseling (ADEC). She is the owner of The Center for Grief Therapy and Education, co-owner and director of clinical services at Integrative Psychology Group, and a professional speaker. She works as an adjunct faculty member at Marian University's Master's in Thanatology program, National University, and Goldey-Beacom College, focusing her research, course development and teaching on bereavement studies and integrative psychology. She served as the chair for the Continuing Education Committee for the San Diego Psychological Association from 2007-2009 and the Delaware Psychological Association from 2018-2019. Dr. Zampitella specializes in death, loss, bereavement, integrative psychology, spirituality and nature-based therapy. She is the former resident psychologist on Fox 5 News in San Diego and often appeared on NBC News. She has been featured in *Elle Magazine*, *BuzzFeed*, and *The Huffington Post*.

Speaker Disclosure:

Financial: Christina Zampitella is co-owner and director of Clinical Services at Integrative Psychology Group. She receives a speaking honorarium from PESI, Inc.

Non-financial: Christina Zampitella is a Fellow of Thanatology.

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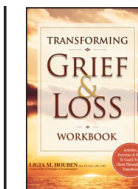


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By David Kessler

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By Ligia M. Houben, MA, FT, FAAGC, CPC, CHT

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