

Speaker

DAY 1

Dementia Differentiation, Diagnosis and Prognosis

Types of dementia and how to differentiate between them

Pseudo-dementia explanations

Mild Neuro-Cognitive Disorder

Diagnosis, prognosis, and stages

The latest preventative treatments

Cognitive Assessment Essentials

Mini-Mental State Examination

SLUMS

Administration and scoring

Objective and subjective interpretation

Challenging Behavior Toolbox:

Trigger Identification, Problem Solving, and Compassionate Intervention Strategies

Individualizing care - strengths and limitations

Pain and pain assessment

Tactics for verbal and physical combativeness

Agitation - triggers, pain and care planning

Delusions and hallucinations -- potential causes and complications

Wandering -- redirection techniques to reduce risks

Tips for working with sundowners

Sexual expressiveness and interventions for dignity

Activities of Daily Living - structure and engagement strategies

Verbal and Non-Verbal Strategies for Communication:

Reduce Frustration and Increase Understanding with Dementia Patients

When traditional communication is replaced by behaviors

Person centered: Gathering beliefs and values

Effective tips for communicating with dementia patients

Find the meaning behind the gesture

How to avoid arguments

What questions to ask, and how to ask them

Meaningful activities that connect

Tips and Tactics for Successfully Working with Caregivers

Family dynamics

Validation, empathy and active listening

Caregiver burnout and where to go for help

End of life issues

Ethical issues and abuse

DAY 2

How Aging Impacts Mental Health

The aging brain, body and unique stressors of late life

Social systems, stigma and life role transitions

How medical illness impacts mental health

Geriatric Pharmacology:

Essential Considerations for Safety and Effectiveness

The senior metabolism and unique safety concerns

Common side effect of drugs on seniors

Interactive effects to be aware of

Late-Life Depression:

Assessment and Interventions

Assessment strategies for late-life depression

The role of social support

Working with grief and loss

Cognitive approaches to focus on today's problems

Adaptive exercise solutions for the physically challenged

Suicide in Older Adults:

How to Recognize the Warning Signs and Properly Intervene

The complexity of suicidal behavior in older adults

Assessment and screening tools

Treatment approaches and crisis guidance

Alcohol and Drug Use in the Elderly

Unique vulnerabilities and diagnostic difficulties

Assessment instruments

Motivational Interviewing and relapse prevention strategies

Late-Life Anxiety:

Identification and Treatment Strategies Adapted to Older Adults

Risk factors, stressors and symptoms

Loss of social support and fear of being alone

Medical issues and hypochondria

Evidence-based psychological treatments

Trauma-Informed Treatment of Older Adults

What the latest research tells us -- and what it doesn't

Special considerations when assessing seniors for trauma

Trauma and somatic complaints

The Role of Nutrition in Geriatric Behavioral Problems

How vitamin and mineral deficiencies impact behavior

How the volatility of blood sugar can impact behavior

Strategies for non-compliant eating

Learning Objectives can be viewed at pesi.com/webcast/84349

Live Webinar Schedule - both days (Times listed in Eastern)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).

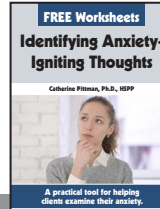
Actual lunch and break start times are at the discretion of the speaker.

A more detailed schedule is available upon request.

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2-DAY CERTIFICATION CONFERENCE: ALZHEIMER'S, DEMENTIAS AND GERIATRIC MENTAL HEALTH CONDITIONS

Live Interactive Webinar
Thursday & Friday, February 18 & 19, 2021
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This seminar meets ALL requirements to become a Certified Dementia Care Specialist (CDCS) through Evergreen Certifications.

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- Upgrade your skills, knowledge and career qualifications!
- Best practices for geriatric patients facing anxiety, depression, and addiction
- Recognize suicidal behaviors in the elderly and know what to do to intervene
- Communication strategies to reduce frustration and increase understanding with patients and families

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2-DAY CERTIFICATION CONFERENCE: ALZHEIMER'S, DEMENTIAS AND GERIATRIC MENTAL HEALTH CONDITIONS

No matter the discipline, very few providers have received adequate training on safely and effectively meeting the complex mental and behavioral health needs of older adults.

Don't be caught unprepared!

Whether you're a social worker, psychologist, counselor, nurse, OT, PT, SLP, or Long-Term Care professional, this training is exactly what you need to ensure proper care for geriatric patients facing Alzheimer's, other dementias, depression, anxiety, trauma, substance use issues, and suicidal ideation. More than a broad overview, this training will give you specific strategies and interventions tailored to older adults.

Over 2 intensive days of specialized training you'll receive:

- Cognitive assessment tools and interpretation tips
- Practical solutions to challenging behaviors in dementia patients
- Detailed guidance on recognizing the warning signs of suicidal behavior in older adults
- Adaptive solutions to treat late life depression, anxiety, trauma and drug use
- Tips and tactics for successfully working with families

Sign up today and leave feeling prepared and confident in your ability to overcome the most challenging complexities of working with geriatric patients!

Best of all, upon completion of this live training, you'll be eligible to become a **Certified Dementia Care Specialist (CDCS)** through Evergreen Certifications. Certification lets colleagues, employers, and clients know that you've invested the extra time and effort necessary to understand the complexities of dementia care. Professional standards apply. Visit www.evergreencertifications.com/CDCS for details.

Target Audience:

Social Workers • Psychologists • Nurses • Speech-Language Pathologists • Counselors
Nursing Home Administrators • Assisted Living Facility Administrators • Long Term/Acute
Care Professionals • Case Managers • Occupational Therapists • Physical Therapists



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CERTIFICATIONS

- No hidden fees – PESI pays for your application fee (a \$99 value)*!
- Simply complete this live event and the post-event evaluation included in this training, and your application to be a Certified Dementia Care Specialist through Evergreen Certifications is complete.*

Attendees will receive documentation of CDCS designation from Evergreen Certifications 4 to 6 weeks following the program.

**Professional standards apply. Visit www.evergreencertifications.com/CDCS for professional requirements.*

Meet Your Speaker

Micheal Shafer, Ph.D., is a clinical psychologist who specializes in the diagnosis and treatment of people with dementia. Dr. Shafer holds multiple teaching positions in the Michigan State University School of Medicine in the departments of physical medicine and rehabilitation and radiology.

Dr. Shafer lectures nationally on a variety of clinical and research issues, and has conducted numerous trainings for physicians about medication utilization and mechanisms of actions, particularly for those used to treat Alzheimer's Disease. His primary research/clinical interests include the assessment of neuropsychological disorders (e.g., stroke, traumatic brain injury (TBI), Alzheimer's) and the study of localized brain functioning. Prior to earning his Ph.D., Dr. Shafer provided hospital-based counseling services and conducted research at the University of Maryland Medical School.

Dr. Shafer earned his M.A. degree in applied psychology from the University of Baltimore and his Ph.D. in clinical psychology with an emphasis on neuropsychology from the University of North Texas.

Speaker Disclosures:

Financial: Micheal Shafer Ph.D. has an employment relationship with Michigan State University School of Medicine in the departments of Physical Medicine and Rehabilitation and Radiology. Dr. Shafer is a staff psychologist at PAR Rehab Services. He conducts trainings and lectures nationally. Dr. Shafer receives a speaking honorarium from PESI, Inc.

Non-financial: Micheal Shafer Ph.D. is a board member of the Michigan Rehabilitation & Research Corporation (MRRC) and a Chapter Board Member of the Alzheimer's Association. Dr. Shafer holds professional memberships in the Clinical Neuropsychology (Division 40, APA), the American Psychological Association (APA), and the National Academy of Neuropsychology (NAN).

To view the full bio, visit www.pesi.com/webcast/84349

CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Nurses, Nursing Home Administrators, Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants, Physicians, Psychologists, Social Workers, Speech-Language Pathologists**

For specific credit approvals and details, visit www.pesi.com/webcast/84349

National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

ACE PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 12.5 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.



PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. This activity has been submitted to AOTA for review. Approval pending. For the most up-to-date credit information, please go to: <https://rehab.pesi.com/events/detail/84349>.



PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 12.5 contact hours.



PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 1.25 ASHA CEUs (Intermediate level, Professional area).

*** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.*

Self-study credit: To check availability for your profession, go to www.pesi.com or call 800-844-8260 with your licensing board to verify acceptance of self-study credit for license renewal.

*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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DVD Experience:

- Self-study CE certificate available
- CE hours, approvals and cost of CE Certificates may vary from live event. Visit www.pesi.com or call 800-844-8260 to check for availability and pricing

Recommended Reading:



PUB084430

Geriatric Pharmacology
The Principles of Practice & Clinical Recommendations, Second Edition

Steven Atkinson, PA-C, MS

~~\$24.99~~ **\$19.99***



PUB085125

Mindful Aging
Embracing Your Life After 50 to Find Fulfillment, Purpose, and Joy

Andrea Brandt, PhD, MFT

~~\$16.99~~ **\$12.99***

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Phone: 800-844-8260

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*If mailing/faxing registration, find form at www.pesi.com/form or call 800-844-8260

ADA NEEDS

We would be happy to accommodate your ADA needs; Please notify us at time of registration.

QUESTIONS

Visit pesi.com/faq or contact us at pesi.com/info

TAXES AND SHIPPING

Taxes and shipping apply where applicable, see website for details

