### **OUTLINE**

### **Mental Health Evaluation**

Depression Anxiety Alcohol Abuse

### Cognitive Disorder and "Forgetfulness"

**Transient Cognitive Decline** Pre-cursor to dementia Mild Neuro-Cognitive Disorder

### **Diagnostics of Dementing Conditions**

Alzheimer's

Vascular

Parkinson's

Lewy Body

Frontotempora

**Reversible Conditions** 

### **Cognitive Assessment Tools**

Mini-Mental State Examination SLUMS

Clinical applications

Administration and scoring

Objective and subjective interpretation

Therapy modalities

### **Differentiate Dementia and Depression**

Clinical indicators of depression and **Practical application** 

# **Psychopharmacology**

Early and Mid-stage Alzheimer's -Acetylcholinesterace Inhibitors Mid and Late-stage Alzheimer's -Neurotransmitter Glutamate Alternate interventions

#### **Behavioral Interventions**

Intervention strategies for depression, poor appetite, verbal and physical combativeness, refusing ADL care Strategies for coping mechanisms for the caregiver and clinician

### **Working with Caregivers at Home**

Caregiver quilt Depression

### **Ethics**

Responsibility to patient Reporting abuse **Power of Attorney** Documentation

## **OBJECTIVES**

- 1 Analyze the impact of dementia on brain structure and function, and determine the difference between "normal forgetfulness" and cognitive impairment.
- 2 Differentiate dementias from one another by identifying manifestations of each type.
- **3** Articulate differences between the Folstein Mini-Mental Status examination and SLUMS and effectively utilize them as screening measure tools for cognitive impairment and dementia.
- 4 Employ adaptable behavioral interventions that can provide patients with individualized care and promote more effective participation in therapy.
- **5** Investigate the concept of caregiver guilt and its implications for the client, clinicians, and those caring for older adults with dementia.
- **6** Correlate patients' strengths and limitations to potential therapeutic approaches when developing treatment plans for older adults with dementia.

### **Live Webinar Schedule** (Times listed in Eastern)

**8:00** Program begins

**11:50-1:00** Lunch Break

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.



Excellent presentation. I ABSOLUTELY RECOMMEND it to all Mental Health and Health Care professionals.

— Mary Lou Hipolito, LCSW



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# THE AGING BRAIN

Assessments, Treatments & Interventions for

Alzheimer's Disease & Other Dementias



**BONUS!** – Registration includes FREE on-demand access for 3 months.



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# THE AGING BRAIN

Assessments, Treatments & Interventions for

# Alzheimer's Disease & Other Dementias

- Easy-to-use tools to assess for cognitive difficulties
- Safe and effective interventions for managing difficult behaviors
- Skills to enhance communication and daily functioning
- Best practices for working with patients and families



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# THE AGING BRAIN

Assessments, Treatments & Interventions for Alzheimer's Disease & Other Dementias

Individuals with dementia interact with a variety of professionals including nursing staff, psychologists, counselors, social workers, OTs, PTs, SLPs, home health aides, adult day center staff, and first responders.

But whatever your profession, proper skills and understanding of the disease is needed to work with this population. Without the appropriate training, safety risks grow and opportunities to improve care and quality of life are missed.

This essential training program will provide you with the tools, strategies, and practices you need to best serve patients facing Alzheimer's disease and other dementias.

In just one day you'll learn how you can better assess for and differentiate between different types of dementias, overcome the communication issues that can obstruct quality care, work more collaboratively with family and caregivers, maximize daily functioning, and safely and effectively intervene when difficult behaviors arise.

Best of all, upon completion of this live training, you'll be eligible to become a **Certified Dementia Care Specialist (CDCS)** through Evergreen Certifications. Certification lets colleagues, employers, and clients know that you've invested the extra time and effort necessary to understand the complexities of dementia care. Professional standards apply. Visit www.evergreencertifications.com/CDCS for details.

Sign up today! You can't afford to miss out on this chance to get the skills, tactics and knowledge you need to provide the best care possible for these patients!

### **Target Audience:**

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- Simply complete this live event and the post-event evaluation included in this training, and your application to be a Certified Dementia Care Specialist through Evergreen Certifications is complete.\*

Attendees will receive documentation of CDCS designation from Evergreen Certifications 4 to 6 weeks following the

\*Professional standards apply. Visit www.evergreencertifications.com/CDCS for professional requirements.

# **Meet Your Speaker**

ROY D. STEINBERG, PhD, a gero-psychologist with over 22 years of experience, concentrates his work on diagnosing and facilitating treatment of individuals with Alzheimer's disease and other forms of dementia. He has lectured nationally on the assessment and treatment of individuals with Alzheimer's disease, and on increasing attention on caring for caregivers. Dr. Steinberg is the author of Forgetting the Memories: A Caregiver's Journey Through Alzheimer's Disease a guide for caregivers that draws upon his profound knowledge of the disease, its manifestations and treatment, and his great love and tenderness as the son of an Alzheimer's patient.

Dr. Steinberg maintains a private practice devoted exclusively to serving older adults and their caregivers. He provides evaluation, consultation, and psychotherapeutic services to older adults in nursing homes, assisted living, and medical facilities. Dr. Steinberg provides outpatient consultation, educational, and counseling services to families and other caregivers of older adults to facilitate coping with the process of dementia.

### Speaker Disclosures:

Financial: Roy Steinberg maintains a private practice. He is an author for AuthorHouse. He receives a speaking honorarium from PESI, Inc.

Non-financial: Roy Steinberg has no relevant non-financial relationship to disclose.

To view the full bio, visit www.pesi.com/webcast/84347

### **CE CREDITS AVAILABLE FOR LIVE WEBINAR**

This continuing education activity is designed to meet state board requirements for the following professionals: Addiction Counselors, Counselors, Marriage and Family Therapists, Nurses, **Nursing Home Administrators, Occupational** Therapists, Occupational Therapy Assistants, Physicians, Physical Therapists, Physical Therapist Assistants, Psychologists, Social Workers, **Speech-Language Pathologists** 

For specific credit approvals and details, visit pesi.com/webcast/84347

### **National CE Credit Approvals For Live Webinar**

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.



Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course ation for number of ASHA CEUs, instructional level and content

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This course is offered for <u>.6</u> ASHA CEUs (<u>Intermediate</u> level, <u>Professional</u> area). \*\* Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CF Registry, Detailed instructions will be provided

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This activity is pending approval from the National Association of Social Workers

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### **Recommended Reading:**



PUB085125

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Seth J Gillihan, Ph.D.

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