Outline

Getting Started: How to Optimize the Initial Supervision Sessions

Establish roles and responsibilities

How to write a comprehensive Informed Consent Agreement and Supervisory Contract

Setting clear expectations for supervision

Documentation: If it's not in writing, it didn't

Types of supervision: Individual, group, team, peer, case consultation

Practice Exercise: Writing a Supervisory Contract for

The Supervisory Alliance: Building a **Foundation for Everyone's Success**

10 myths about clinical supervision

Supervision versus consultation

Must-have knowledge, skills and attitude of the competent supervisor

10 factors contributing to the "best" and "worst" supervisors

The Supervisee's Bill of Rights

The Building Blocks of Effective Supervision:

- Competence
- Diversity
- Supervisee relationship
- Professionalism
- Assessment/evaluation/feedback

Practice Exercise: Competency-Based Supervisor Self-Assessment

Models of Clinical Supervision: Find the Right Fit for You and Your Setting

Administrative versus clinical supervision

Models of supervision:

The "No-Model" model

Apprentice-master Expert

One-size-fits-all

Psychotherapy-based

Parallel process

Interactional

Relationship

Developmental Holistic

The Evaluation Process: The Key to Effective Supervision

Legal and ethical implications

Formats, methods, and techniques

Formative evaluation versus summative evaluation 6 steps for handling a negative evaluation

Live Webinar Schedule - both days

(Times listed in Central)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Give Effective Feedback: Having Hard Conversations

Six guiding principles for giving feedback How to structure constructive feedback Improve your constructive feedback skills "Unhelpful" constructive feedback

Practice Exercise: Role Play --- The Supervisor From Hell Provides Feedback To The Problematic

Practice Exercise: Role Play -- The Constructive and Effective Supervisor Meets the Open Supervisee with

When Problems Arise: Resolve Supervisor/ **Supervisee Tensions**

The 8000 pound elephant in the room

20 practical prevention strategies to avoid problems Common problems in supervision

How to assess for supervisee limitations and

Strategies for dealing with an impaired supervisee Impairment and gatekeeping

How to write a Professional Development Plan

Practice Exercise: Writing a Performance Improvement Plan for Peter Problematica

Cultural Competence: Proactive Treatment of Cultural Differences

When the supervisor-supervisee dyad is impacted Methods for introducing the topic of multicultural

A continuum of cultural competence Cultural humility

Ethical and Legal Issues in Supervision: Protect Yourself, Your License, Your Agency and Your Client

Legal primer for mental health practitioners Standard of Care for supervision

Supervisory negligence/malpractice

Who's responsible? Direct and vicarious liability Ten activities required for ethical supervision

Core ethical principles

Supervisory ethical violations

Major ethical issues related to supervision

Competence Due process

Informed consent

Confidentiality

Multiple/dual relationships And more!

Boundary crossings versus boundary violations Sexual misconduct

Social boundaries: Factors to consider Limitations of the research and potential risks

Learning Objectives can be viewed at pesi.com/webcast/84345



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This experiential, in-depth seminar details the supervisory process, answers your questions about ethical issues, risk and liability, and prepares you to deliver competent clinical supervision.

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Meet Your Speaker

George B. Haarman, PsyD, LMFT, is a Licensed Clinical Psychologist and a Licensed Marriage and Family Therapist with over 40 years of experience working in a variety of settings, including private practice, youth detention centers, juvenile group homes, child protective services, and juvenile probation. Dr. Haarman completed basic and advanced supervisor training required by the Kentucky Board of Psychology Examiners and maintains approval by the Board to act as a supervisor. In his private practice, Dr. Haarman has provided clinical supervision to clinical and counseling practicum students as well as consultation about clinical supervision to psychologists for over 25 years. He is a national speaker on clinical supervision, depression, school refusal, ADHD, emotional disorders in children and adults and the DSM-5°. He is the author of three books: Clinical Supervision: Legal, Ethical, and Risk Management Issues, School Refusal: Children Who Can't or Won't Go to School, and Mastering DSM-5°. Dr. Haarman received his doctorate in clinical psychology from Spalding University in 1989. He has been an instructor at Jefferson Community College, Bellarmine University, and Spalding University.

Speaker Disclosure:

Financial: George Haarman is in private practice. He receives a speaking honorarium from PESI, Inc. Non-financial: George Haarman is a member of the American Psychological Association; and the Kentucky Psychological Association.

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The Essential Guide to Providing Successful Online Therapy Joni Gilbertson, MA, NCC, LCPC, LMHC, BC-TMH, CTMH

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