

2-DAY: 2021 GERIATRIC CONFERENCE

Are you keeping up with the current recommendations and guidelines?

No matter your specialty, you MUST know how to address the unique concerns of the older adults under your care. Geriatrics is a field in and of itself, but many of us haven't had extensive training on the nuances and complexities that make treatment challenging. In this comprehensive program, geriatric expert, Steven Atkinson, PA-C, MS, will guide you through the normal and abnormal changes of the aging mind and body, providing you with the knowledge that will improve the care you provide. Steven is passionate about his work and looks forward to sharing his expertise with you. Leave with practical and insightful tips and tools you can use the next day!

- Identify complications and respond more appropriately
- Confidently and effectively communicate with patients and their families
- Provide safer and more effective care

Get Management Strategies and More for:

Alzheimer's Disease & Dementias	Managing Challenging Behaviors
Pain Management	Caregiver Stress & Burnout
Geriatric Pharmacology	And Much More
Geriatric Emergencies	

You will be able to demonstrate your expertise caring for this patient population as you **earn your certification as a Certified Dementia Care Specialist through the International Association of Aging Specialists.** In just two days, you will meet the educational hours to qualify for this respected certification. Sign up today....before this training is at capacity!

Target Audience:

Nurses, Nurse Practitioners, Clinical Nurse Specialists, Physician Assistants, Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapy Assistants, Speech-Language Pathologists, Social Workers, Physicians



CONFERENCE SPEAKER

Steven Atkinson, PA-C, MS, is a Board Certified Physician Assistant specializing in Geriatric Internal Medicine. He practices medicine in the greater Minneapolis area. In addition to his private practice, he has been on the faculty at the University of Utah since 1994 and has been involved in medicine for over 30 years.



Steven is the co-founder of Twin Cities Physicians, which serves older adults in nearly all levels of their care. He has presented nationally for over 15 years, primarily speaking about geriatric-related syndromes. Steven is the author of *Geriatric Pharmacology: The Principles of Practice & Clinical Recommendations, Second Edition* (PESI, 2016) and also sits on several boards whose purpose is to elevate the level of care in medicine for the patients they serve. Steven has been described as a "dynamic" educator and one of the most engaging presenters around. Don't miss him!

Disclosures:

Financial: Steven Atkinson is the founder and co-owner of Twin Cities Physicians; and owner of Mindful Geriatrics, LLC. He is an Adjunct Faculty at the University of Utah. Mr. Atkinson receives royalties as an author for PESI Publishing and Media. He receives a speaking honorarium from PESI, Inc.

Non-financial: Steven Atkinson has no relevant non-financial relationship to disclose.

Live Webinar Schedule - Both days

(Times Listed in Eastern)

8:00 Program begins

11:50-1:00 Lunch break

5:00 Program ends

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Questions?

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Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Missy Cork** at mcork@pesi.com or call **715-855-6366**.

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Online Certification Training

2-DAY

2021 GERIATRIC CONFERENCE

LIVE Interactive Webinar

Monday & Tuesday, February 8 & 9, 2021

BONUS! – Registration includes FREE on-demand access for 3 months.



REGISTER NOW:
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Online Certification Training

2-DAY

2021 GERIATRIC CONFERENCE

BECOME CERTIFIED IN DEMENTIA CARE!

This seminar meets ALL requirements to become a Certified Dementia Care Specialist through Evergreen Certifications!

Professional standards apply, see evergreencertifications.com for full certification details.



Get Management Strategies and More for:
Alzheimer's Disease & Dementias
Pain Management
Geriatric Pharmacology
Geriatric Emergencies
Managing Challenging Behaviors
Caregiver Stress & Burnout
And Much More!

Up To 14.5 CE Hours, including 6.3 CE Hours of Pharmacology Credit

LIVE Interactive Webinar

Monday & Tuesday, February 8 & 9, 2021

BONUS! – Registration includes FREE on-demand access for 3 months.



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OUTLINE

DAY ONE

SESSION 1: Differentiating Dementias

Distinguishing the various types of dementia is often difficult. This session provides tools to appropriately screen patients experiencing dementia, along with discussion of the most effective interventions to improve the care you provide.

- Normal vs. Abnormal Aging
 - Types of Dementias
 - Alzheimer's Disease
- Parkinson's Disease Dementia
 - Substance-Induced Neurocognitive Disorder
 - Pharmacological Management

OBJECTIVES

1. Appraise the signs and symptoms of Alzheimer's disease and other dementias.
2. Determine appropriate diagnostic tests to achieve accurate diagnosis.
3. Devise interventions that are effective and promote positive communication between staff, family & the older adult.

SESSION 2: Geriatric Pharmacology: Tools for the Healthcare Professional

For geriatric patients taking more than five medications, the statistical chance of a drug-drug interaction or adverse event is 100%! For those experiencing an adverse drug event, one third will require additional treatment. This session will provide straightforward tools that will help you care for older adults receiving multiple medications.

- Drug Utilization Amongst the Elderly
- Billing Codes That You MUST Know
- Clinical Pharmacological Issues in the Elderly

OBJECTIVES

1. Apply techniques and identify strategies to avoid adverse drug events and drug disease interactions.
2. Develop individualized monitoring plans for geriatric patients through the evaluation of high risk medications.
3. Appraise at least three new guideline recommendations related to geriatric pharmacology.

SESSION 3: Pain Management in the Elderly

This presentation will review the different categories of controlled substances and their appropriate use in the geriatric patient. Explore special considerations and tools to aid in prescribing and managing pain in the geriatric patient.

- The Challenges Associated with Controlled Substances
- Pain Control... Is every patient's RIGHT

OBJECTIVES

1. Implement controlled substance/pain management contracts into practice.
2. Prepare to manage symptoms of controlled substance and alcohol misuse and abuse in geriatric patients.
3. Develop best practice methods for prescribing in the geriatric population.

DAY TWO

SESSION 1: Managing Geriatric Behaviors: Wandering, Aggression, Malnutrition and More

Behaviors such as wandering, aggression and anxiety can pose significant barriers to the delivery of essential care. Geriatric syndromes such as malnutrition, dehydration and insomnia can diminish quality of life and threaten independence. This session will explore the most frequent problematic behaviors and discuss strategies to improve the care you provide to your geriatric patients.

- Wandering
 - Physical Aggression
 - Inappropriate Sexual Behaviors
- Eating Issues & Nutrition in Elders with Dementia
 - Sleepless Nights & Sundowning
 - Professional Issues

OBJECTIVES

1. Determine strategies to diminish the occurrence of behavioral problems in individuals with dementia.
2. Apply behavioral and environmental techniques to diminish challenging behavioral problems.
3. Analyze how cognitive impairment in older individuals is affected by environment, caregiver schedules, and responses to the behaviors.

SESSION 2: Geriatric Emergencies

A high-energy, dynamic session filled with interesting case studies, insightful discussions and interactive learning. You will leave with practical techniques that you can apply right away – if you work with geriatric patients, you don't want to miss this!

- Physiological Changes with Aging
 - Common Underlying Chronic Illness
 - Cardiovascular Emergencies
 - Pulmonary Emergencies
- Cerebrovascular Emergencies
 - Orthopedic Emergencies
 - Abdominal Emergencies

OBJECTIVES

1. Develop strategies to identify abuse and neglect.
2. Distinguish etiologic and pathologic factors associated with neurological, orthopedic, abdominal, cardiovascular & pulmonary emergencies.
3. Differentiate between typical aging and complex management of co-morbidities in the elderly.

SESSION 3: Top Ten Medications to Avoid in the Geriatric Patient

Explore medication dosing guidelines and polypharmacy management principles to ensure safe prescribing in the geriatric patient. Review the top ten medications to avoid and alternatives that can be equally effective.

- The BEERS List
 - Risks Associated with Anticholinergic Drugs
- The TOP TEN
 - 5 Things Patients & Physicians Should Question

OBJECTIVES

1. Develop age-sensitive principles for medication dosing and management to clinical scenarios.
2. Propose key questions useful for identifying and managing polypharmacy in older adults.

CERTIFICATION MADE SIMPLE!



- No hidden fees – PESI pays for your application fee (a \$99 value)*!
- No additional forms to fill out.
- Simply complete this live event, evaluation and you're a Certified Dementia Care Specialist through Evergreen Certifications.

Attendees will receive documentation of CDCS certification from Evergreen Certifications 4 to 6 weeks following the program. Professional standards apply. Visit evergreencertifications.com for answers to frequently asked certification questions.

* Certification cost included with purchase of live webcast. Digital seminar and DVD do not include certification.



Risk Free Purchase! PESI stands by our trainings and we have a 100% satisfaction guarantee. If you are not satisfied, please contact our customer service team at www.pesihc.com/info or 800-844-8260 and we will make it right.

CE CREDITS AVAILABLE FOR LIVE WEBINAR

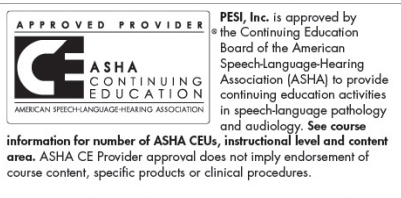
This continuing education activity is designed to meet state board requirements for the following professionals: **Nurses, Nursing Home Administrators, Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants, Physicians, Physician Assistants, Social Workers, Speech-Language Pathologists**

For specific credit approvals and details, visit pesihc.com/webcast/84337

National CE Credit Approvals For Live Webinar
Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

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This course is offered for 1.45 ASHA CEUs (Intermediate level, Professional area).

** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.

SIGN UP-TODAY!

Choose your Learning Experience!

PESI offers multiple formats to fit your CE needs

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Live Interactive Webinar (Option 1)

February 8 & 9, 2021 | PWZ84336

\$439.99 tuition
8am Eastern time

Live Webinar Experience:

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- Ask the presenter your questions
- Earn a live CE certificate

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*Live CE is only available when viewed live

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On-Demand Digital Seminar (Option 2)

\$439.99 | POS077515

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- Access to the program materials
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CE hours and approvals may vary from live event. Visit www.pesihc.com or call 800-844-8260 to check for availability.

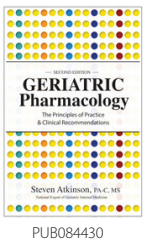
DVD (Option 3)

\$439.99 | RNV077515

DVD Experience:

- Self-study CE certificate available
CE hours, approvals and cost of CE Certificates may vary from live event. Visit www.pesihc.com or call 800-844-8260 to check for availability and pricing

Recommended Reading:



Geriatric Pharmacology
The Principles of Practice & Clinical Recommendations, Second Edition
Steven Atkinson, PA-C, MS

~~\$24.99~~ **\$19.99***

* Discount Included with purchase of the Webinar

OTHER WAYS TO REGISTER

Phone: 800-844-8260

Fax: 800-554-9775
Mail: PESI HealthCare
PO Box 1000
Eau Claire, WI 54702-1000

*If mailing/faxing registration, find form at www.pesi.com/form or call 800-844-8260

ADA NEEDS

We would be happy to accommodate your ADA needs; Please notify us at time of registration.

QUESTIONS

Visit www.pesihc.com/faq or contact us at www.pesihc.com/info

TAXES AND SHIPPING

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