

Outline

Critical Concepts for Treating Grieving Children & Adolescents

Grief vs. mourning: A distinction
Primary and secondary losses
Parental and sibling loss
Non-death losses experienced by kids
Traditional grief models & kids
Cognitive components of understanding grief in childhood
Grief concepts & loss responses by developmental age and stage (using case examples)
Distinctions between adult and youth responses to loss
Explaining sensitive topics like suicide or homicide death to kids
Magical thinking, guilt, and regret in childhood loss

Assessment of Grief & Loss in Children & Adolescents

How children and adolescents understand and cope with death
Six common questions following a death
"Things we want adults to know about our grief"
"De-code" the meanings of behaviors
Factors that influence mourning and healing in kids
Red flag behaviors
Ethical considerations for working with kids

Normal vs. Abnormal Responses to Loss in Children and Adolescents

Depression vs. bereavement: A DSM-5[®] distinction
Differentiating between normal, complicated, prolonged, and traumatic grief in children

Traumatic Grief in Children & Adolescents

Trauma exposure and traumatic loss
Assessing traumatic grief
Differentiating from normal bereavement
Post-traumatic stress disorder
Evidence-based interventions for treating traumatic grief

The Role of Attachment in Childhood Grief

The role of the pre-death relationship
Factors that influence continuing bonds
Assessment and expression of child and adolescent continuing bonds after death
Adaptive vs. maladaptive continuing bonds
Grief Care Intervention

Anticipatory Grief Counseling

Talking to kids about terminal illness and death: Do's and Don'ts
Anticipatory grief interventions
Explaining cancer to kids
Explaining the dying process to kids
Strategies to prepare kids for funerals & memorial services
Strategies to prepare children to return to school after a death

Individual Interventions to Help Children Reconcile Losses & Discover Hope

Bibliotherapy and journaling
Therapeutic games and play
Expressive arts interventions
Poetry, writing, and music interventions
Memorialization Rituals- Holidays and Significant Dates

School-Based and Group Interventions

Factors for assessing and counseling kids and teens at schools
Strategies for building rapport
6-week support group session outline
Grief Camps
Family Camps
"Pamper Days"

Live Webcast Schedule (both days) (Times listed in Eastern)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

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Live Online Certification Training

2-Day Certification Course on Grief Counseling for Children & Adolescents

Developmentally-Appropriate Assessment and Treatment Strategies for Processing Grief

LIVE Interactive Webcast

Wednesday & Thursday, January 27 & 28, 2021

BONUS! – Registration includes FREE on-demand access for 3 months.



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Live Online Certification Training

2-Day Certification Course on Grief Counseling for Children & Adolescents

Developmentally-Appropriate Assessment and Treatment Strategies for Processing Grief

- Assess children's grief responses more accurately
- Match appropriate interventions to clients by developmental level
- Re-establish safety and security in your most vulnerable clients
- Strategies and interventions to help kids reconcile loss and discover hope
- Therapeutic games, arts and activities to promote healing when talking is too difficult



BECOME CERTIFIED!

This live training covers all educational requirements and fees to become a **Certified Child & Adolescent Grief Counseling Specialist (CGCS-CA)** through Evergreen Certifications at no additional cost to you! (see details inside)

LIVE Interactive Webcast

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Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another live webcast, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.

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2-Day Certification Course on Grief Counseling for Children & Adolescents

Developmentally-Appropriate Assessment and Treatment Strategies for Processing Grief

Grief looks different in a child.

When a child loses someone, it's a lifelong loss. Not only have they lost someone important, they often become isolated in their pain, confusion, and self-blame. Safety and security have been replaced by trauma and anxiety.

Their understanding of death, and responses to the grief that follows, are largely influenced by their developmental level, making their treatment much different from that of an adult.

Many clinicians are unprepared...a child's unique grief leaving them struggling in session.

Attend this live webcast featuring grief expert, author, and speaker Erica H. Sirrine, Ph.D., LCSW, FT as she provides you with the **assessment and treatment strategies you need to help your most vulnerable clients.**

Join Dr. Sirrine and discover how you can:

- Better evaluate for developmentally appropriate grief symptomology
- Provide anticipatory grief support to children facing the death of a parent
- Talk to kids about death and tough topics like suicide
- Match strategies and interventions to developmental level for improved outcomes
- Use therapeutic games, arts and activities to promote healing when talking is too difficult

Best of all, upon completion of this live training, you'll be eligible to become a **Certified Child & Adolescent Grief Counseling Specialist (CGCS-CA) through Evergreen Certifications at no additional cost to you!**

Don't miss this opportunity to get the skills you need to make a difference for your young clients.

Sign up today!

Speaker

Erica H. Sirrine, Ph.D., LCSW, FT, is a licensed clinical social worker, qualified clinical supervisor and an associate professor of social work at Southeastern University. She has over 17 years of experience in the field of death, dying and bereavement and has been awarded the distinction of Fellow in Thanatology by the Association for Death Education and Counseling. She has conducted and published research on the continuing bonds maintained by survivors following a death, and she recently authored and published *Sammy's Story*, an anticipatory grief counseling book for young children experiencing the serious illness of a loved one.

Dr. Sirrine has extensive expertise providing individual and group therapy to bereaved children, adolescents, adults and families. She has implemented numerous interventions and programs aimed at improving the emotional health of clients experiencing loss. Dr. Sirrine presents seminars on bereavement and loss throughout the United States and is known for her interactive and engaging workshops. She has been distinguished as "Professor of the Year" and the National Association of Social Workers Heartland, Florida Unit's "Social Worker of the Year."

Dr. Sirrine is passionate about equipping professionals with the tools necessary to help clients reconcile their losses so they can move toward healing while regaining meaning and purpose in their lives.

Speaker Disclosure:

Financial: Erica Sirrine receives compensation as an Associate Professor at Southeastern University. She receives a speaking honorarium from PESI, Inc.

Non-financial: Erica Sirrine is a member of the National Association of Social Workers, The Association of Baccalaureate Program Directors, the National Alliance for Grieving Children, and the Florida Association of Deans and Directors. She does not receive compensation.

To view the learning objectives visit [pesi.com/webcast/84239](https://www.pesi.com/webcast/84239)

Target Audience: Counselors • Social Workers • Psychologists • Case Managers • Marriage & Family Therapists • Teachers • Nurses • Chaplains/Clergy • Thanatologists • Bereavement Counselors • Hospice Professionals • Other Mental Health Professionals

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**Attendees will receive documentation of CGCS-CA designation from Evergreen Certifications 4 to 6 weeks following the program.*

**Professional standards apply. Visit www.evergreencertifications.com/cgcsca for professional requirements.*

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Educators - AZ, IL, IN, MT, NJ, NY, TX

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To inquire about credit in other states or home study credit, please contact cepesi@pesi.com or 800-844-8260 before the event.

National Approvals

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Additional participants can receive a CE certificate by adding a post-test evaluation to their account for \$79.99 USD. Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.



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*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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