

Outline

The Science Behind Substance Use Disorders

Biopsychosocial aspects of substance abuse
Attachment & trauma
The brain's reward system
How metabolism impacts substance abuse

Signs of Intoxication & Withdrawal Symptoms

Alcohol & other depressants
Stimulants
Opioids
Cannabinoids
Psychoactive plants & chemicals
Inhalants

Assessment of Substance Use Disorders

How to ask sensitive intake questions
Take-home screening tools
Identify substances that mimic other disorders
Spot co-occurring disorders & trauma
How to navigate a high risk of misdiagnosis
Non-invasive drug screenings

Treatment Planning: Determine Level of Care

How to approach level of care decisions
Why detox alone is NOT treatment
Detox protocols
Types of inpatient & outpatient treatment
When is partial hospitalization necessary?
Which treatment level is right for your client?

Recognize & Treat Behavioral/Process Addictions

Compulsive gambling
Compulsive sexual behaviors
Electronic addictions

Treatment of Substance Use Disorders

Strategies to Improve Client Engagement & Treatment Compliance

Motivational interviewing
Reward gains & treatment compliance
Case management: Link the client to resources
Medication-assisted treatment

Psychodynamic Approaches

The role of the ego in addiction & recovery
Identify & confront defense mechanisms
Recognize & heal past trauma

Cognitive-Behavioral Interventions

Apply the A-B-C model to substance abuse
Recognize triggers to use
Foster coping skills
Deconstruct negative schemas

Substance Use Disorders & The Family

The family's role in recovery
Family member roles: Enablers & heroes
Overcome family rules that block progress
When the client is shielded from consequences
How & when to engage the entire family

Treatment Strategies for Special Populations

Children & adolescents
Active military & veterans
LGBTQ clients
Pregnant women
Older adults

Group Therapy Strategies

Handling intoxicated members
How group support works differently
Barriers to treatment
Getting people to talk
Spotting dealers within the group
Referring to 12-step groups & alternatives

Legal & Ethical Issues in Treating Substance Use Disorders

Privacy laws & when you should disclose
Impaired practitioners
Working with incarcerated clients
Drug treatment courts
Bias in treating recovering clients
Recognize & address vicarious trauma
Limitations of the research & potential risks



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Today!

- Confidently differentiate between substance use disorders & other mental health disorders
- Utilize diverse, cutting-edge strategies & interventions to engage clients & evoke change
- Know which kind of treatment your client needs—and how to get it delivered

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8:00 Program begins
11:50-1:00 Lunch Break
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Target Audience

- Counselors
- Social Workers
- Psychologists
- Addiction Counselors
- Marriage & Family Therapists
- Nurses
- Nurse Practitioners
- Case Managers
- Physician Assistants
- Physicians
- Psychiatrists
- Paramedics and Other First Responders
- Probation/Parole Officers
- Police Officers
- Clergy

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CERTIFIED ADDICTIONS-INFORMED MENTAL HEALTH PROFESSIONAL (CAIMHP)

Two-Day Intensive Competency Training

America is facing an epidemic of substance misuse, but there's a major obstacle to getting people the help they need: **There's simultaneously a nationwide lack of training in addiction treatment for professionals and a massive need for people with this training.** These problems are severe; many future mental health providers are graduating without ever completing a single course in substance abuse treatment.

But substance abuse is very much part of the real world of mental health treatment—even if that's not why your clients came into your office. **Be prepared to recognize substance use and get your clients the help they need.**

Join me, Paul Brasler, LCSW, and I'll walk you through numerous proven strategies and interventions that you need to effectively recognize and treat substance use disorders.

Attend this program, and through a combination of the latest addiction research and clear examples of treatment, you'll learn:

- How to differentiate between casual misuse and addiction
- Who you should treat and when you should refer out
- Techniques to improve client engagement and treatment compliance
- How to modify your interventions for use with special clinical populations, including veterans

Best of all, upon completion of this live training, you'll be eligible to become a **Certified Addictions-Informed Professional (CAIMHP)** through Evergreen Certifications. Certification lets colleagues, employers, and clients know that you've invested the extra time and effort necessary to understand the complexities of treating addictions in clients. Professional standards apply. Visit www.evergreencertifications.com/caimhp for details.

Sign up today!

Speaker

Paul Brasler, MA, LCSW, has worked in the social work field for the past 22 years. He is the head of behavioral health for Daily Planet Health Services, a Federally Qualified Health Center that provides comprehensive and integrated healthcare and mental health services (including medication-assisted opioid treatment). Paul is also president of Providence Consulting & Education, L.L.C., through which he provides clinical supervision and professional education services.

Paul has extensive experience in working with people with substance use disorders. After finishing school, Paul went to work at an adolescent residential treatment program, where he developed a treatment track for adolescents with substance use disorders. In 2003, he became a senior clinician in the Chesterfield Country Juvenile Drug Court and provided individual, family, adolescent group and multifamily group therapies. After working at the drug court for seven years, Paul moved on to conduct psychiatric and substance misuse evaluations in emergency departments in the Greater Richmond, Virginia area. Paul has also served as adjunct faculty in the school of social work at Virginia Commonwealth University, where he developed a graduate course in substance abuse treatment.

Paul has been a PESI presenter since 2016, and he has presented classes on mental health emergencies and high-risk clients across the county. He recently released his first book, *High-Risk Clients: Evidence-Based Assessment & Clinical Tools to Recognize and Effectively Respond to Mental Health Crises* (PESI Publishing; 2019).

Speaker Disclosures:

Financial: Paul Brasler maintains a private practice. He receives a speaking honorarium from PESI, Inc.

Non-financial: Paul Brasler has no relevant non-financial relationship to disclose.



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