

# Ethics and Distance Therapy

## Navigating the Most Challenging Issues with Teletherapy

MORNING WEBCAST

This three-hour training will equip you with essential knowledge, tools, and resources that you need for the ethical and legal provision of distance therapy services and, additionally, will provide an effective method for navigating any type of professional problem or dilemma.

Join Terry Casey, PhD, ethics expert, and learn what he has identified during his years of experience as the **important Six Keys to Distance Therapy** as well as **other need-to-know ethical, legal, and professional issues pertaining to distance therapy**. Using an easy-to-use decision-making method, you will be guided through several distance therapy-related scenarios illustrating how to arrive at ethically and legally sound decisions.

In addition, this seminar provides **numerous supplemental resources and links designed to aid you in finding the answers you need beyond the day of the seminar...sign up today!**

### OBJECTIVES

1. Determine how to navigate codes of ethics, laws and licensing rules pertaining to the provision of distance therapy services.
2. Evaluate the essential ethical and legal-related issues pertaining to the use of distance therapy.
3. Utilize strategies and methods for avoiding ethical and legal problems as the use of distance therapy evolves.

**TERRY CASEY, PhD**, is a licensed psychologist, HSP with over 30 years of professional experience, including a 16-year tenure as the director of counseling & psychological services for a non-profit agency with over 30 counselors at over a dozen locations. He is in private practice in Franklin Tennessee, teaches ethics and professional issues in counseling at Lipscomb University's graduate program in clinical mental health counseling, and guest lectures at Trevecca University's PhD program in Clinical counseling.

Dr. Casey also served for several years as the chair of the ethics committee for the Tennessee Licensed Professional Counselors' Association and in an advisory capacity for graduate counseling programs at two universities. He has presented frequently on ethics to organizations such as the American Counseling Association, the Tennessee Licensed Professional Counselors Association, the Nashville Area Association of Christian Counselors, and others. For more information, visit his practice website at [rencounselingtn.com](http://rencounselingtn.com).

**Speaker Disclosure**  
Financial: Dr. Terry Casey maintains a private practice. He is an adjunct faculty member at Lipscomb University. Dr. Casey receives a speaking honorarium from PESI, Inc.  
Non-financial: Dr. Terry Casey is a member of the American Psychological Association and the American Counseling Association.

### OUTLINE

#### Navigating Ethical Issues

##### *The Multiple Perspective Model®:*

##### *An effective and easy-to-use method*

#### Step #1 – Evaluate the problem from the five key perspectives

Ethical issues – applicable code(s) of ethics  
Legal issues – federal laws, state laws & licensing rules  
Clinical-therapeutic issues  
Institutional policies  
Therapist's variables & issues

#### Step #2 – Identify, search & review the appropriate code(s) of ethics

Foundational principles  
Standards  
Glossary or list of definitions

#### Step #3 – Consultation

Consult with colleagues who you know well  
Consult with professionals who can be fully objective

#### Step #4 – Decision and documentation – Show your work!

Who, what, where & when  
Narrative descriptions  
A guide for how to make your decision

#### Navigating Distance Therapy:

##### *The Six Keys to Distance Therapy*

#### Key #1 – Technology must meet HIPAA requirements

What HIPAA compliance means  
Business associates & BAAs  
When FERPA applies rather than HIPAA

#### Key #2 – Interjurisdictional practice

Authority limits of state licensing boards  
Therapy for a client/patient who is in another state  
When the provider is in a state other than the one in which she/he is licensed

#### Key #3 – Competence

State-mandated training requirements  
Actual competence to practice

#### Key #4 – Informed Consent

Setting up a distance therapy-specific process  
Topics & issues to include in the process

#### Key #5 – Institutional / private practice policies

The purpose of policies  
Considerations for writing policies

#### Key #6 – Insurance related issues

Clients' health insurance policies  
Coverage for distance therapy  
Limitations of benefits  
Provider's liability insurance: Possible limitations

#### Distance therapy-related vignettes

#### Strategies & Methods for Avoiding

##### *Ethical and Legal Problems*

Secure internet access  
Importance of business associate agreement (BAA)  
Telehealth laws app  
Certification in distance therapy  
Establish a separate informed consent process  
A communication and social media policy  
And lots more...

#### Target Audience:

Counselors • Social Workers • Psychologists • Case Managers • Addiction Counselors  
Physicians • Marriage & Family Therapists • Nurses & Other Mental Health Professionals



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FRIDAY, DECEMBER 18, 2020

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AFTERNOON WEBCAST

## Ethics with Minors

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LIVE WEBCASTS  
Friday, December 18, 2020

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# ETHICS WEBCASTS!

MORNING WEBCAST - INCLUDES 3 CE HOURS OF ETHICS

## Ethics and Distance Therapy

### Navigating the Most Challenging Issues with Teletherapy

AFTERNOON WEBCAST - INCLUDES 3 CE HOURS OF ETHICS

## Ethics with Minors

### An Essential Guide for Mental Health Professionals



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# Ethics with Minors

## An Essential Guide for Mental Health Professionals

Working with minors and their parents presents unique challenges and problems but also provides unique rewards for therapists. **There is often confusion and misunderstanding about myriad ethical and legal issues to consider when working with minors.**

**This training will dive into some of these key issues and how to navigate them:**

- **Vulnerability** of minors & power differentials
- **Consent:** Who can provide it and when
- **Special rights of older adolescents**
- Challenges of **divorced parents**
- **HIPAA vs FERPA**
- Boundary, **social media & texting** issues
- **Parental access to child's records**
- **Mandatory reporting** of abuse

You will learn how to **use an effective and easy-to-use decision-making model that can be used in any situation when working with minors.** Vignettes are used to illustrate how to navigate challenging situations involving minors and you'll receive additional resources to assist you beyond this training.

### OBJECTIVES

1. Assess select ethical and legal issues unique to working with minors.
2. Determine how to effectively navigate codes of ethics, laws, and licensing rules when working with minors.
3. Utilize recommended methods for reducing risk and avoiding problems.



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### Live Webcast Schedule

(Times Listed in Central)

8:30–11:45 am

Ethics and Distance Therapy Webcast

11:45 am–1:00 pm

Lunch

1:00–4:15pm

Ethics with Minors Webcast

There will be a 15-minute break in the morning and afternoon session.

### AFTERNOON WEBCAST

### OUTLINE


**Navigate Challenging Situation with Minors: How to do it!**  
The five key perspectives and how to use them  
Consultations: Two important types  
Essentials of how to document your decision

**Boundaries and Multiple Relationships: "Thin Ice!"**  
Social media & communication policies  
Power differentials and why they matter  
Virtual relationships  
Texting and messaging  
Vignette: Ashley's Tweets: Social media hazards  
Vignette: Client in a Bind: Multiple Relationships

**Legal Matters: Consent, Records and Reporting**  
Consent vs assent  
Who can provide consent and when?  
Parents' rights  
Special rules for older adolescents  
Informed consent process  
Mandatory reporting of abuse  
Vignette: Robert's separated parents

**Strategies for Avoiding Problems and Reducing Risk**  
Establish your role at intake  
Keep all involved on the same page  
Determine if HIPAA or FERPA applies  
Obtain the parenting plan before treatment  
Use psychotherapy notes when appropriate  
Know state laws about minors' rights and more!

**Target Audience:**  
Counselors • Social Workers • Psychologists • Marriage and Family Therapists • Physicians  
Addiction Counselors • School Counselors • School Social Workers • School Psychologists & Other Mental Health Professionals who work with minors



**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another live webcast, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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#### Ethics and Distance Therapy

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**Counselors** – AK, AL, AR, AZ, CA, CO, CT, DE, FL, HI, IA, IL, IN, KS, MD, ME, MI, MO, MT, NC, NE, NH, NJ, NV, NY, OH, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY

**Marriage and Family Therapists** – AK, AL, AR, AZ, CA, CO, DE, FL, IA, IL, IN, KS, MD, ME, MI, MO, MT, NC, NE, NH, NJ, NM, NV, NY, OH, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY

**Nurses** – All States

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**Social Workers** – AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, LA, MA, MD, ME, MI, MN, MS, MT, NC, ND, NE, NH, NM, NV, NY, OH, OK, OR, PA, SD, TN, TX, UT, VA, VT, WA, WI, WY

**\*includes up to 3.0 hours of general ethics instruction.**

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**Physicians** – All States

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##### Morning Webcast: Ethics and Distance Therapy

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