

Telemental Health Certification Course

A Step-by-Step Guide to Successful Virtual Sessions with Children, Adolescents and Families

You could handle anything a child or teen client threw at you in your office. From extreme disengagement to hyperactivity, you could overcome any client challenge and your office was equipped with every potential game, tool or intervention to immediately engage, calm, or respond to a client. Given your extensive education, training and experience... why are you not achieving those results in a telehealth setting?

Now you can. Whether you're managing clients with ADHD, ODD or any disruptive behavioral orders... learn how to setup, establish and optimize a telehealth practice for kids, teen and family therapy. And, upon completing this two-day seminar, you can receive instant credibility and authority with a telemental health certification!

This online certification course provides comprehensive yet easy-to-understand instructions on everything you need to know right now about practicing telemental health including ethics, technical & logistical setup, safety concerns and so much more.

ADDITIONALLY – you get access to practical, tested and updated telehealth interventions for children, adolescents and their parents. Upon completing this seminar, you can instantly implement unique technical strategies for Zoom, and other technology platforms, to elevate – and sustain – client engagement. You will leave this seminar with a robust telehealth toolbox that adapts your “in-person” interventions into a virtual setting. You will achieve improved clinical outcomes with effective telehealth practices in talk therapy, play therapy, and nondirective play therapy.

Sign up today, and engage with your clients who need you right away!

Best of all, upon completion of this live training, you'll be eligible to become a Certified Clinical Telemental Health Provider (CTMH) through Evergreen Certifications. Certification lets colleagues, employers, and caregivers know that you've invested the extra time and effort necessary to understand the complexities of telemental health. Professional standards apply. Visit www.evergreencertifications.com/CTMH for details.

Objectives

1. Appraise the legal and ethical challenges posed by telehealth for mental health professionals in a clinical setting.
2. Specify youth safety and HIPAA compliance challenges associated with telemental health and its clinical implications.
3. Analyze the evidence supporting the effectiveness of telemental health for children, adolescents, and families as it relates to clinical treatment.
4. Analyze the utilization of technology in your sessions, both the hardware and software of telehealth to determine the best fit for individual practitioners.
5. Determine the clinical implications of the unique policies and procedures needed for telehealth.
6. Integrate play therapy interventions in a telehealth setting to promote communication skills in clients.
7. Appraise privacy, security and confidentiality concerns related to technology use in clinical practice.
8. Differentiate how client expectations differ for telehealth as compared to in-person therapy and what that means for clinical treatment.
9. Assess and implement therapeutic game interventions in a telehealth environment.
10. Assess and implement non-directive play therapy techniques in a telehealth environment.
11. Assess and implement talk therapy techniques with children and adolescents in a telehealth setting.
12. Demonstrate how to implement parent interventions to assess accurate real time information of child's symptoms.

Visit our FAQ page at www.pesi.com/faq or contact us at www.pesi.com/info

Target Audience: Counselors • Social Workers • Psychologists • Psychiatrists • Marriage & Family Therapists
Teachers • School Administrators • Other Helping Professionals who Work with Children



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2-Day

Telemental Health Certification Course

A Step-by-Step Guide to Successful Virtual Sessions with Children, Adolescents and Families

LIVE Interactive Webcast
Monday & Tuesday, December 21 & 22, 2020
BONUS! – Registration includes FREE on-demand access for 3 months.



REGISTER NOW: pesi.com/webcast/84140

Live Online Certification Training

2-Day

Telemental Health Certification Course

A Step-by-Step Guide to Successful Virtual Sessions with Children, Adolescents and Families



Become Certified in Telehealth Treatment!

Upon completion you can apply to become a **Certified Clinical Telemental Health Provider (CTMH)** at no additional cost!
See details inside.

- How-to: set up, establish and optimize a telehealth practice for kids, teens & family therapy
- Technical & therapeutic strategies to maximize engagement and progress
- Successfully adapt your “in-person” interventions into robust virtual sessions



LIVE Interactive Webcast
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Outline

Getting Started

Benefits vs. risks to children of using telemental practices and the internet in general

Dependency concerns

Telemental health as a business

Current research in support and pitfalls of telemental health

Multicultural & environmental factors

Legal & Ethical Considerations

Review and adoption of code of ethics

Legal implications of practicing across state lines

Your privacy and data security considerations

HIPAA compliance for kids & their parents

Articulating and managing boundaries

Logistics: Setting up & Practicing Telehealth

Technology competence for the clinician

Computer, hardware and software recommendations

Internet connectivity, encryption & privacy protections

Developing the practice of clinical telemental health

Explaining telemental health to youth & their parents

Informed Consent & Special Issues

How is consent different with telemental health?

Informed consent & intake process

Addressing patient privacy

Optimal office setup for Zoom

Adapting counseling/therapy theory and techniques to telemental health

Safety Planning – For You & Your Patient

Suitability screening for your client

Patient age guidelines

Speaker

DR. AMY MARSCHALL, PSY.D., is a licensed clinical psychologist in South Dakota. Dr. Marshall works primarily with children and adolescents, adopting telemental health strategies early into her clinical practices. In 2016, Dr. Marshall helped develop a telemental health task force at Sioux Falls Psychological Services to develop an ethical and effective model to provide telehealth services to individuals living in rural South Dakota without access to mental health resources. Dr. Marshall co-developed and presented a six-hour seminar on ethical and legal guidelines for telemental health in 2017 and has been providing these services in South Dakota since that time.

Speaker Disclosures:

Financial: Amy Marshall works in a group practice. She also maintains a website to share therapy resources with parents and other clinicians. She receives a speaking honorarium from PESI, Inc.

Non-financial: Amy Marshall has no relevant non-financial relationship to disclose.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another live webinar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.

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Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Michelle Koehn** at Mkoehn@pesi.com or call **715-855-5265**.



Policies and procedures that protect yourself, your license and the client

Emergency and crisis action plans

Addressing self-harm & suicidal ideations

Age Appropriateness

Telehealth options for young children (under five)

Delivery methods and platforms for squirmy or disengaged kids

Severe decompensation

Practical & strategic solutions for family parenting skills' sessions

Navigating Traditional vs. Digital Talk Therapy Interventions

CBT techniques that work onscreen

Worksheets & homework

Digital activities that elevate traditional interventions

Reading therapeutic children's books

Team building exercises

Frustration tolerance exercises

Adapting Play Therapy with Online Games

Chess & enhancing technical limitations to improve therapy

Pictionary® & other art therapy modalities

Connect Four®, Uno® & engaging kids with physical objects

Zoom & non-directive play therapy

Live Webinar Schedule (both days)
(Times listed in Eastern)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.



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CERTIFICATION MADE SIMPLE!



- No hidden fees – PESI pays for your application fee (a \$149.99 value)*!
- Simply complete this live event and the post-event evaluation included in this training, and your application to be a Certified Clinical Telemental Health Provider (CTMH) through Evergreen Certifications is complete.

Attendees will receive documentation of CTMH designation from Evergreen Certifications 4 to 6 weeks following the program.

*Professional standards apply. Visit www.evergreencertifications.com/CTMH for professional requirements.

CE CREDIT AVAILABLE FOR WEBCAST – UP TO 12.5 HOURS!

This continuing education activity is designed to meet state board requirements for the following professionals. For specific credit approvals and details, visit pesi.com/webcast/84140.

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Educators - AZ, IL, IN, MT, NJ, NY, TX

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Psychologists – AK, AR, AZ, CT, DE, FL, HI, IA, ID, IL, IN, KS, KY, MD, ME, MI, MO, MT, NC (Category B), NE, NH, NM, NV, NY, OH, OK, OR, PA, SC (Category B), SD, TN, TX, UT, VA, WA, WV

Social Workers – AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, LA, MA, MD, ME, MI, MN, MS, MT, NC, ND, NE, NH, NM, NV, NY, OH, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, VT, WA, WI, WY

***includes up to 2.0 hours of general ethics instruction.**

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To inquire about credit in other states or home study credit, please contact cepesi@pesi.com or 800-844-8260 before the event.

National Approvals

Credits listed are for full attendance at the live webinar only. The CE certificate can be downloaded/printed after completing the webinar and passing the online post-test evaluation (80% passing score). Additional participants can receive a CE certificate by adding a post-test evaluation to their account for \$79.99 USD. Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

ACE PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 10.5 Clinical Practice and 2.0 Ethics continuing education credits. No more than 12.5 total CE hours may be awarded for this activity. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

This activity is pending approval from the National Association of Social Workers.

*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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2-DAY TELEMENTAL HEALTH CERTIFICATION COURSE

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ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

QUESTIONS

Visit pesi.com/faq or contact us at pesi.com/info

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