

Outline

Considerations to Improve Your Diagnostic Accuracy When Treating Children with Anxiety

Role of Development
Therapeutic Setting
Clinical Interviews with young children
Avoidant behavior
Children 0-2
Helpful therapeutic aids
Strategies for Therapeutic Flexibility
Gain rapport, read what needs to happen
"Get down on the floor"
When parents should and shouldn't stay
Discussing sensitive information
When to request separate session with parents:
Rookie mistakes

Behavior Management Techniques - Foundational Principles
Objectives
Types of attention and how they help or inhibit parental control
Essential techniques to avoid
Essential techniques to include

Strategies for Differential Diagnoses in Children: Anxiety or a Symptom of Something Else?

Anxiety
Healthy Developmental Trajectory
Adult versus Childhood Anxiety
Translating Research-Based Calming Techniques to Other Settings
Adjustment disorders
Generalized Anxiety Disorder
Panic

Live Webcast Schedule
(Times listed in Pacific)

8:00 Program begins
11:50-1:00 Lunch Break
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Objectives

1. Apply developmental principles to aid in differentiating appropriate courses of action for assessing anxiety and difficult behavior in children.

2. Integrate traditional clinical interview techniques with developmentally based applications.

3. Consider the diagnostic benefits of creating a developmentally informed office environment when working with children.
4. Differentiate common discipline practices used by parents from research-based behavior management techniques.

5. Examine overlooked diagnostic clues to help treatment resistant anxiety and behavior disruptions.

6. Explore alternative explanations for bewildering childhood anxiety and behavior disorders.

Target Audience: Counselors • Social Workers • Psychologists • Case Managers • Marriage & Family Therapists • Occupational Therapists • Speech-Language Pathologists • Educators • Nurses • Other Medical Professionals

ADHD
Can be diagnosed at four years of age, but should it be?
Hyperactivity trajectory
Inattention trajectory
Is ADHD really an attention deficit?

Encopresis
What is it - Why you need to Know
Other toileting difficulties
Genetic predisposition to constipation/constipation in infancy
Toileting refusal
Stool withholding

Sensory Processing Deficits
The immature neurological system
World as sandpaper - sensory processing issues to consider

Learning Difficulties
Dyslexia
Dysgraphia
Dyscalculia
ADHD

Advanced Cognitive Ability
Aggression in highly intelligent children
Intellectually eccentric child

Rave reviews from parents:

What Dr. Bostwick told us to do, worked like magic!

Fixing my child's constipation, eliminated the anxiety.

The discipline plan she taught us makes so much sense - We have our kid back!



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Anxiety and Disruptive Behaviors in Children

Alternative Explanations, Solutions and Treatment Techniques

LIVE Interactive Webcast
Friday, December 4, 2020

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Anxiety and Disruptive Behaviors in Children


Alternative Explanations, Solutions and Treatment Techniques

Featuring Christi Bostwick, PhD
Developmental and Child Psychologist and Parenting Expert

- Is it anxiety, or something else - New clues to help move kids forward in therapy
- Stumped about advising parents how to handle aggressive behavior – I have the solutions to help!

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Anxiety and Disruptive Behaviors in Children

Children’s behavior sometimes just does not make sense. They may behave great at school and then trash the house when they get home. They may wake at night with terrors even though nothing disruptive seems to be going on during the day. Nice parents with out of control kids are difficult to figure out.

Dr. Bostwick has worked with children and their parents for over 25 years conducting research and providing cognitive behavioral solutions to even the most puzzling behavior. Common childhood milestones can become challenging if a child doesn’t behave as we would expect. Dr. Bostwick will show you how anxiety and unexpected behavior can be a side effect of other problems you may not have considered. Kids with baffling behavior are often resistant to tried and true treatment options for anxiety and behavior disorders.

Join Dr. Bostwick, who has done the hard work for you. She'll share developmentally appropriate considerations and techniques on how to proceed with highly sensitive childhood behavior:

- Suicidal five-year-old
- Child running the household and parents walking on eggshells
- 3-year-old who has just been kicked out of her second daycare
- 6-year-old tells you they hear voices or see things that are not there

Dr. Bostwick will help you create real and positive long term change that promotes healthy development from childhood into adolescence and beyond! Don’t miss an opportunity to learn from her.

Sign up today!

Speaker

Dr. Christi Bostwick, Ph.D., is a developmental and child psychologist and parenting expert with over 25 years of experience in treating children and adolescents. Dr. Bostwick specializes in co-occurring behavioral concerns in children and adolescents often produced as a result of learning differences, sensory deficits, and toileting concerns. Dr. Bostwick’s eclectic and conversational approach draws heavily from her background in developmental and family systems research and practice.

Dr. Bostwick is in private practice at The Talk Doctor in Northfield, MN. She serves as an adjunct instructor at her alma mater, St. Olaf College. Dr. Bostwick has also been an adjunct instructor at The University of Kansas in Lawrence, Kansas and Rockhurst University in Kansas City, Missouri. She has taught introductory and clinical psychology courses to a variety of undergraduates and supervised post-doctoral students. She wrote a children’s book titled, *Blankie Bits*, which was a 2014 finalist in the Indie Book Awards. Dr. Bostwick also provides parenting basics on her blog PhD4kids.com and has contributed to several online news providers including the *Huffington Post*.

Dr. Bostwick earned her BA at St. Olaf College and her Ph.D. at The University of Kansas, Dr. Bostwick completed a clinical child psychology internship and fellowship at The Children’s Mercy Hospital in Kansas City, Missouri. She has spent her entire career either working within medical practices or partnering with community medical professionals to provide integrative care.

Speaker Disclosures:

Financial: Dr. Christi Bostwick is in private practice. She is an adjunct assistant professor at St. Olaf College. Dr. Bostwick receives royalties for her published materials and receives a speaking honorarium from PESI, Inc.

Non-financial: Dr. Christi Bostwick has no non-financial information to disclose.

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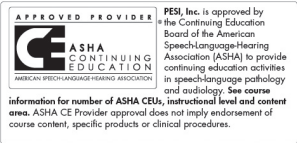
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