

Outline

Types of Grief & Their Implications for Treatment

Disenfranchised grief
Persistent Complex Bereavement Disorder
Traumatic bereavement

Complicated Grief

Common trajectories for grief
Recognize complicated grief
Risk factors for complicated grief
Treatment interventions

Types of Loss & Their Impact on Grieving

Parental loss
Child loss
Widowhood
Non-death losses

Assessment: Intake Considerations for Grieving Clients

Current conceptualization models
Recognize different expressions of grief
Factors impacting the grief experience
Assess for depression and suicide ideation
Differentiate between depression, grief & PTSD
Use of Adjustment Disorder diagnosis with grief clients
Determine how the client understands their grief narrative
Persistent complex bereavement disorder
DSM-5® changes to Major Depressive Disorder
Take home assessment tools

Cultural Considerations for Grief Treatment

Cultural factors affecting expression of grief
Impact on mourning practices
Culture's impact on death anxiety & meaning of life
Determine where the identity emphasis lies
Cultural values regarding emotional expression and disclosure
The impact of society on grief

Grief Treatment: Interventions & Strategies to Improve Clinical Outcomes

Assist clients with expressing their pain
Integrate a new inner image of the deceased
Client self-assessment strategies for coping
Foster client relaxation skills
Let the client lead: Starting point, story & stopping point
Cultivate acceptance
Elicit emotional availability in clients
Give clients "permission" to not share stories
Focus on planning--not positivity
Develop healthy grief rituals
Target guilt due to stopping grief rituals

Target Audience

Psychologists • Psychiatrists • Counselors • Addiction Counselors • Case Manager • Social Workers
Pastoral Counselors • Chaplains/Clergy • Funeral Directors • Marriage & Family Therapists
Mental Health Nurses • Nursing Home Administrators • Thanatologists • Physicians
Other Mental Health Professionals

Build a bridge between memories, current behaviors, & underlying values
Help clients accept the finality of the death
Navigate the treatment of multiple losses

In-Session Activities: On-the-Spot Interventions to Facilitate Healing

The client "influence of loss" chart
Use loving kindness meditation to build self-compassion in clients
"Who am I?" exercise
Utilize client letters to self

Grief Across the Lifespan: Help Your Clients Heal at Any Developmental Stage

Developmental considerations & milestones related to loss reactions for:

- Children
- Adolescents
- Early adulthood
- Middle adulthood
- Later adulthood

Grief & the Family: Guide Families Through Healthy Grieving

Family systems theory: Family influences on individual grief
Variables that complicate family adaptation
Strategies to guide family adaptation to loss
Develop respect for different grieving styles
The role of gender norms
"Family coat of arms" activity

Professional Issues: Ethical Considerations for Working with Grieving Clients, Their Families & the Terminally Ill

Ethical dilemmas that confront the terminally ill
Ethical principles of end-of-life decisions
The clinician's role in addressing psychological suffering & needs of the terminally ill
Impact of cause of death on social isolation
Identify the core values and principles of professional ethical behavior
Boundaries of professional competence

Live Webcast Schedule (both days) (Times listed in Pacific)

8:00 Program begins
11:50-1:00 Lunch Break
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
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LIVE Interactive Webcast

Thursday & Friday, November 19 & 20, 2020

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2 DAY GRIEF TREATMENT Certification Course

Evidence-Based Strategies for Helping Clients Make Meaning After Loss

BECOME CERTIFIED IN GRIEF COUNSELING!

This seminar meets ALL requirements to become a Certified Grief Counseling Specialist through Evergreen Certifications!

Professional standards apply, visit evergreencertifications.com/CGCS for full certification details.

- Transformational interventions and strategies to help your clients heal from the impact of loss
- In-depth treatment methods that address grief with clients of all ages
- Strategies and tools to tailor interventions to each client's individual situation and grieving style

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2 DAY
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Evidence-Based Strategies for Helping Clients Make Meaning After Loss

Your client's world has been shattered following the loss of a loved one. Not only are they adjusting to these days and weeks without that person, but they are also struggling with changes to their sense of self. Who are they now as they navigate this new world? Your client is stuck in a place of paralyzing sorrow, and you're unsure of what else to do to help.

You can transform the way you treat grieving clients with the tools and strategies you'll learn in this 2-day Comprehensive Course!

Join Rev. Dr. Joy Samuels, LPC-MHSP, NCC, as she leads you through the process of working with bereaved individuals and

aiding them with making meaning after loss. You'll learn evidence-based counseling strategies appropriate for the treatment of multiple types of losses, and you'll acquire the skills you need to tailor clinical interventions to the uniqueness of each client's grief experiences.

Attend this advanced course, and you'll learn how to guide your clients through making meaning after loss—drastically increasing their well-being and reducing symptoms of complicated grief. You'll walk away with the tools you need to help your clients live fulfilling lives after loss.

Best of all, upon completion of this live training, you'll be eligible to become a Certified Grief Counseling Specialist (CGCS) through Evergreen Certifications. Certification lets colleagues, employers, and caregivers know that you've invested the extra time and effort necessary to understand the complexities of grief counseling. Professional standards apply. Visit evergreencertifications.com/CGCS for details.

Register today to revolutionize your work with grieving clients!

Speaker

Joy R. Samuels, D.MIN., LPC-MHSP, NCC, has over 25 years' experience as a licensed professional counselor, Fellow in Thanatology, chaplain, and ordained minister. She teaches in the graduate clinical mental health psychology department at Lipscomb University and at Candler School of Theology at Emory University in the United Methodist Church Course of Studies. She maintains a private counseling practice and supervises those seeking licensure as a LPC-MHSP.

Dr. Samuels holds D. MIN. and MDIV. degrees from Wesley Theological Seminary, Washington, DC. Additionally, she holds an M.S. degree in counseling psychology from California State University, Northridge, CA, and a counseling certificate in substance abuse from the Northern Virginia Community College, Annadale, VA. Among her areas of expertise are individual, couples and family counseling, trauma and bereavement and post-masters supervision.

Speaker Disclosure:

Financial: Joy Samuels is in private practice. She is an adjunct faculty at Lipscomb University. Dr. Samuels receives a speaking honorarium from PESI, Inc.

Non-financial: Joy Samuels is a Fellow in Thanatology.



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