# Outline

#### **Clinician-Client Relationship**

Law vs. ethics Elements of legal informed consent Nuts and bolts of office policies Records vs. psychotherapy notes What to put in a record Limitations on confidentiality Montana case law & danger to others Montana duty to warn potential victims HIPAA The latest updates you need to know

### **Practical Approach to Risk** Management

Elements of consent Competence & scope of practice Boundary violations/crossings Issues with modern technology Texting, cell phones, e-mail, video psychotherapy Perils of supervision

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# **Objectives**

- 1. Describe how to avoid litigation dilemmas, licensing complaints and malpractice actions.
- 2. Analyze the legal and ethical considerations for the treatment of minor populations in Montana with regard to age of consent, confidentiality and custody concerns.
- 3. Explain how an understanding of common boundary and dual relationship issues/dilemmas can help you maintain appropriate relationships with your clients.

#### Litigation

- Licensing complaints & malpractice lawsuits Montana-specific statutes
- Montana rules and regulations Case law and how to find it

### **Navigate the Legal System**

Roles of attorneys Confidentiality/privilege Subpoena & disclosure of confidential information Depositions, interrogatories, expert testimony

#### **Treatment of Minors**

Montana age of majority Consent to treatment Privilege/confidentiality Separation & divorce

#### **Case Studies**

Live Webcast Schedule (Times listed in Mountain 8:00 Program begins 11:50-1:00 Lunch Break

4:00 Program ends There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

- 4. Identify the ethical challenges you should consider when responding to subpoenas that request disclosure of client records.
- 5. Discuss the limits of confidentiality as it relates to duty to warn law in Montana.
- 6. Demonstrate how risk management strategies regarding technology can keep client information secure and avoid violating HIPAA.

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# Montana

**Legal and Ethical Issues** for Mental Health Clinicians



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# Montana **Legal and Ethical Issues** for Mental Health Clinicians

featuring **Susan J. Lewis Psychologist and Attorney** 

• Minimize litigation dilemmas, complaints and malpractice actions

 The latest updates on HIPAA and Montana laws and regulations

 What every Montana mental health professional needs to know!



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# Montana

# Legal and Ethical Issues for Mental Health Clinicians

This program focuses on ethical, legal, statutory or regulatory policies, guidelines and standards that impact psychological practice and explores the manner by which clinical and ethical issues affect the everyday practice of the mental health professional in Montana. This unique blend of clinical and ethical concerns allows for a more meaningful understanding and interpretation of the rules that govern mental health practice and allows the attendee to identify specific state laws that affect and govern their practice.

Through lecture, a review of references including the APA "Ethics Code" and the seminar manual with state specific policies and regulations; Dr. Lewis will prepare you for litigation issues which can put your client, your license and your practice at risk. You will learn how to structure your practice to limit exposure of risk, as well as discover record keeping practices that may help protect you in the event of a complaint. Susan will provide you with the following take-home tools to minimize risk:

- Updates on HIPAA and Montana laws and regulations
- Risk management strategies
- How to minimize litigation dilemmas, complaints and malpractice actions
- Best practices in the professional relationship, informed consent and office policies

You will learn through problem solving discussions that are representative of actual ethical decisions you encounter in your clinical practice. The blending of Susan's experience as a lawyer, work within the court system and extensive clinical experience makes her a hands-on, knowledgeable instructor!

# Speaker \_\_\_\_\_

Susan J. Lewis, Ph.D., J.D., is a licensed clinical and forensic psychologist and lawyer. She has over 25 years of experience in clinical practice with unique populations that have included female sexual offenders incarcerated at a woman's prison, self-injurious individuals, forensic patients and individuals who suffer from severe and persistent mental illness. In addition to clinical practice, Dr. Lewis has served in leadership roles as clinical director, program manager, and supervisor for psychiatry residents and post-doctoral psychologists.

Currently, Dr. Lewis teaches courses on Law and Ethics in Mental Health that are state specific to the laws of each state. She has also lectured nationwide on the DSM-5° and differential diagnosis. She taught courses at Harvard's Extension School and Northeastern University on The Psychology of Criminal Behavior. She is the author of Legal and Ethical Issues for Mental Health Clinicians: Best Practices for Avoiding Litigation, Complaints and Malpractice (PPM, 2016) and her latest book From Deep Within: A Forensic and Clinical Psychologist's Journey (2018).

A sought after consultant, Dr. Lewis works with attorneys on controversial issues such as dangerousness, competence to stand trial, criminal responsibility evaluations, and civil and criminal commitment. She works with attorneys on strategies of how mental illness might impinge on legal decision-making. Dr. Lewis has been adjudicated an expert in almost all of the district and superior courts in Massachusetts.

#### Speaker Disclosures:

Financial: Susan Lewis is in private practice. She receives a speaking honorarium from PESI, Inc. Non-financial: Susan Lewis is a member of the American Psychological Association.



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Addiction Counselors: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Legal, Ethical, and Professional Development skill group, NAADAC Provider #77553, PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirement

Montana Counselors: The Montana Board of Behavioral Health no longer pre-approves any courses or sponsors. Each licensee is responsible for taking courses which contribute to their competence and directly relate to their scope of practice as defined in board statute (MAR 24-219-32) Licensees must keep CE documentation for three years in case of an audit. This intermediate level activity consists of 6.25 clock hours of instruction

Marriage & Family Therapists: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements

Montana Marriage & Family Therapists: The Montana Board of Behavioral Health no longer pre-approves any courses or sponsors. Each licensee is responsible for taking courses which contribute to their competence and directly relate to their scope of practice as defined in board statute (MAR 24-219-32). Licensees must keep CE documentation for three years in case of an audit. This intermediate level activity consists of 6.25 clock hours of instruction

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**Psychologists:** PESI, Inc. is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance. Course Level: Intermediate.

Social Workers: PESI, Inc., #1062, is approved to offer social **ØACE** work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing

this course receive 6.25 Ethics continuing education credits. Course Level Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation. Montana Social Workers: The Montana Board of Behavioral Health no longer

pre-approves any courses or sponsors. Each licensee is responsible for taking courses which contribute to their competence and directly relate to their scope of practice as defined in board statute (MAR 24-219-32). Licensees must keep CE documentation for three years in case of an audit. This intermediate level activity consists of 6.25 clock hours of instruction.

Other Professions: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific

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