

## Outline

### PHYSIOLOGICAL CHANGES IN ACUTE CARE

- Effects of immobility on organ systems
  - Respiratory
  - Cardiac
  - Digestive
  - Musculoskeletal
  - Early and aggressive mobilization and intervention

### ENSURE SAFE AND SUCCESSFUL TRANSFERS AND MOBILITY FOR ANY PATIENT

- Decision-making process
- Weight-bearing restriction mobilization
- Specific mobility restrictions
  - Pulmonary embolism
  - Deep vein thrombosis
- Mobilization management
  - Chest tubes
  - Arterial lines
  - IV management

### ICU/IMC SPECIFIC MANAGEMENT

- Fecal management systems
- Various catheter types

### ADVANCED TREATMENT INTERVENTIONS FOR IMPROVED OUTCOMES

- Orthopedic interventions
  - Orthopedically complex patient
  - Cutting-edge interventions
    - Transitioning to same day ortho discharge
    - Shorter length of stay with improved outcomes
  - Transfer considerations
    - Alternative techniques for NWB
    - Transfers for all WB restrictions
- Burn injury across the lifespan
  - Types and degree of burn injury
  - Burn management and surgical interventions
  - Current trends in therapeutic burn intervention
- Cardiac diagnoses
  - Cardiac surgery and appropriate therapeutic progression
  - Sternal precautions
  - Implementation of strength training
- Neurological emergencies and trends in intervention
  - tPA administration and impact on therapeutic intervention
  - Management of the severe stroke
  - Patients with brief neurological deficits
- Respiratory compromised patient
  - High-flow oxygen management
  - COPD
  - Fresh take on energy conservation techniques

### INTERVENTIONS FOR PATIENTS WITH COGNITIVE/PSYCHIATRIC DIAGNOSES

- Addressing the behaviorally challenging patient
  - TBI
  - Dementia
  - Aggression
- Motivation of the chronically-refusing patient
- Major depression and its impact on therapeutic intervention

### OUTCOME EXPECTATIONS AND GOAL CONSIDERATIONS

- Short-term vs. long-term goal implementation
- Timing of PT/OTR reassessments
- Predicting the future
  - Appropriate goal development

### CREATE AN EFFECTIVE AND SUCCESSFUL DISCHARGE PLAN

- Importance of an interdisciplinary approach
- Pros/cons of sub-acute, home health, and other discharge destinations

### CARING FOR THE CAREGIVER

- Client-centered practice and inclusion of the patient's support system
- Manage the challenging family/caregiver

### BILLING AND DOCUMENTATION

- Effective and successful documentation during acute and post-acute stay
- Document progression in patients with limited function
- Understand G codes, payment, and billing

### ACHIEVE PRODUCTIVITY

- History of productivity requirements and their necessity
- Current trends in productivity expectations

### Live Webcast Schedule

(Times listed in Central)

**8:00** Program begins

**12:00-1:00** Lunch Break

**3:30** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

### Who Should Attend

Occupational Therapists  
Occupational Therapy Assistants •  
Physical Therapists  
Physical Therapist Assistants  
Nurses  
Nurse Practitioners

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# Acute Care & ICU Rehab

## Strategies for the Medically Complex Patient

Explore innovative techniques for improving functional mobility, strength, and outcomes for patients with:

- Respiratory distress/COPD
- SCI
- Burn injuries
- TBI
- Stroke
- Orthopedic issues
- Cardiac limitations
- DVTs

## LIVE Interactive Webcast

**Monday, November 9, 2020**

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## Join us online, for this live training!

# Acute Care & ICU Rehab

## Strategies for the Medically Complex Patient



I have a better understanding of exercise protocols and specific exercises for diagnoses.

- A. Wong, OTR



I will implement and utilize the great knowledge and skills I learned in this seminar on my patients tomorrow!

- B. Conner, PT



Great course. I will use the outcome measures and exercise progression immediately.

- E. Wormold, PTA

### Discover new treatments for:

- Early mobilization
- Management of lines, wires and tubes
- Respiratory distress
- Intubation/vent dependency
- Discharge planning
- Caregiver training
- Productivity
- Billing/documentation

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A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979

## Acute Care & ICU Rehab

Explore the latest interventions for improving functional mobility, strength, independence, and outcomes in acute care rehab. Designed for all practice levels, from the new grad to the veteran acute care professional, this hands-on course will provide you with an updated knowledge base for making appropriate decisions within the ICU and acute care environments, implementing assessment and treatment tools, integrating existing treatment plans with progression into the plan of care, and adjusting or accommodating treatment interventions across the hospital stay through transition out of the hospital. Discover the latest assessment techniques and learn how to integrate treatments into rehab plans during acute and post-acute phases. Practice the latest interventions, strategies, and best practices in hands-on labs throughout the day.

Discover new treatments for:

- Early mobilization
- Management of lines, wires and tubes
- Respiratory distress
- Intubation/Vent dependency
- Discharge planning
- Caregiver training
- Productivity
- Billing/Documentation

## Speaker

**DR. KIRSTEN DAVIN, OTDR/L, ATP, SMS,** is a veteran occupational therapist of over 19 years with extensive experience in a variety of inpatient and acute care practice since obtaining her occupational therapy degree in 2001. She is best known for her live, national speaking tours, as she has conducted thousands of workshops and courses on the topics of splinting, seating/positioning, assistive technology, acute care assessment and intervention, and work/life balance.

Kirsten received her Doctorate in Occupational Therapy in 2007, and graduated from the University of Illinois at Chicago in 2001. She was most recently named the 2016 recipient of the VGM HME (Home Medical Equipment) Woman of the Year Award, presented at the fall MedTrade conference in Atlanta, Georgia.

Speaker Disclosures:

Financial: Kirsten Davin is president of Escape Mobility Solutions. She receives a speaking honorarium from PESI, Inc.

Non-financial: Kirsten Davin has no relevant non-financial relationship to disclose.

## Objectives

- State the critical elements of analysis and assessment in mobilizing medically fragile patients.
- Develop an appropriate plan of care for patients who present with a critically ill cardiac, neurological or respiratory diagnosis.
- Distinguish the characteristics, similarities of, and differences between, medically fragile and general acute care patients and methods to implement successful therapeutic interventions with each.
- Demonstrate an understanding of the outcome tools available for assessment of the acute or critically ill patient.
- Evaluate strategies for addressing the behaviorally challenging patient and successful methods for patient engagement.
- Identify methods to effectively document progression throughout the acute care spectrum.

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## National Approvals

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