

Outline

Behaviors that Make Us Crazy

Tantrums
Running out/away
Noncompliance
Nagging
Refusing to work/help
Yelling/screaming
Bullying
Panic/anxiety reactions
Lack of follow through
Not following directions

Disorders

Oppositional Defiant Disorder
ADHD
Mood disorders
Anxiety disorders
Attachment issues/disorder, conduct disorder, autism spectrum disorders

Assessment

The Functions of Behavior

Fear-based (Fight, Flight, Freeze or Submit)
Escape
Attention
Sensory
Pain
Control

Mental Health Disorder or Behavior Problem

The power of skilled observations
The interview
Comparison to the group
The FBA-Incredibly powerful assessment tool
The art of choosing a diagnosis (if you have to at all!)

Live Webcast Schedule
(Times listed in Eastern)

8:00 Program begins
11:50-1:00 Lunch Break
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Objectives

1. Utilize clinical strategies to reduce the frequency, duration and severity of behavioral episodes that challenge therapists, educators, professionals and parents.
2. Implement both proactive and reactive strategies for oppositional, defiant and disruptive behavior in children and youth.
3. Discriminate between the clinical presentation of behavioral episodes and psychiatric symptoms to inform treatment.
4. Communicate how a skilled observation of behavior informs your treatment approach.
5. Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in children and adolescents.
6. Effectively develop a behavior intervention plan and safety plan across all settings including home and school.

Limitations of the Research and Potential Risks

Treatment Strategies Part I

Proactive

Behavior plans
Motivational incentives
Set the stage for success
Remember the initial goal
Appropriately address the functions of the behavior

Reactive

Corrective measures
It's like playing chess in a tornado

Treatment Strategies Part II

Specific Strategies for the Following Behavioral Challenges:

Tantrums
Running out/away
Noncompliance
Nagging
Refusing to work/help
Yelling/screaming
Bullying
Panic/anxiety reactions
Lack of follow through
Not following directions

Treatment Strategies Part III

Specific Strategies for the Following Disorders:

ODD
ADHD
Mood disorders
Anxiety disorders
Working with unsafe behaviors

Treatment Strategies Part IV

Special Populations & Circumstances

Asperger's disorder
Divorce, separation
Abuse and neglect
Parent misbehavior
Foster care

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OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the Most Challenging Behaviors

LIVE Interactive Webcast

Wednesday, October 28, 2020

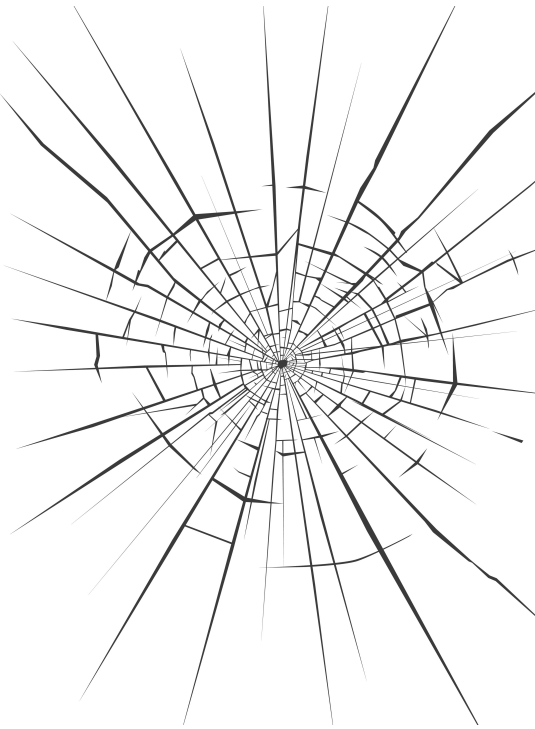
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OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the Most Challenging Behaviors

- Effective strategies for ODD, ADHD, anxiety, autism, attachment and mood disorders
- Strategies for tantrums, noncompliance, bullying and other challenging behaviors
- Take away specific, strategy-driven techniques
- Improve treatment with better assessment of the look-alike disorders
- Positive alternatives for your most challenging kids



LIVE Interactive Webcast

Wednesday, October 28, 2020

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BECOME CERTIFIED!

This course counts toward the educational hours required for certification as an ADHD Certified Clinical Services Provider (ADHD-CCSP).

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OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the Most Challenging Behaviors

Children and adolescents with ODD, ADHD, Asperger's, anxiety, mood and disruptive disorders provide constant clinical and parenting challenges. Attend this seminar and learn new, effective non-medication strategies for your clients' most challenging behaviors including:

- Tantrums
- Running out/away
- Noncompliance
- Nagging
- Refusing to work/help
- Yelling/screaming
- Bullying
- Panic/anxiety reactions
- Lack of follow through
- Not following directions

You will walk away with immediate strategies for out of control behaviors and techniques for emotional regulation along with long-term treatment strategies to help kids at home and school. Jason Mathison is a clinical expert and has worked with the most challenging kids both in clinical and school settings. Through the use of case studies and action-oriented handouts, you will leave this seminar with solutions to turn your most challenging kids around.

Speaker

Jason Mathison, PsyD, NCSP, ABSNP, is a licensed psychologist and certified school neuropsychologist in Maryland and Virginia who has worked with children and adolescents for over 12 years. He earned his doctorate in school psychology from the Philadelphia College of Osteopathic Medicine, where he published with faculty and served as an adjunct professor before graduating. He maintains adjunct appointments at both Loyola University in Baltimore and the Chicago Professional school of psychology. Dr. Mathison is also the owner and director of Psychoeducational Consultants where he provides neuropsychological testing and conducts workshops on brain-behavior relationships for educational staff, mental health professionals and families. Dr. Mathison spends much of his time providing executive functioning coaching for both clients and their families. In addition to multiple publications on executive functioning, he has served on an expert panel at National Institute of Mental Health (NIMH) on the teenage brain. Dr. Mathison has served as a school psychologist for Prince George's County Public Schools for 10 years where he works with students and teachers to diagnose and provide interventions to enhance executive functioning and maximize academic success.

Speaker Disclosures:

Financial: Jason Mathison maintains a private practice. He is an adjunct professor for The Chicago School of Professional Psychology and Loyola University. Dr. Mathison receives a speaking honorarium from PESI, Inc.

Non-financial: Jason Mathison has no relevant non-financial relationship to disclose.

Target Audience

Counselors • Social Workers • Psychologists • Marriage and Family Therapists • Speech-Language Pathologists Teachers • School Guidance Counselors • Case Managers • Nurses • School Administrators • Physicians Educational Paraprofessionals • Occupational Therapists & Occupational Therapy Assistants Other Helping Professionals who Work with Children



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Physicians – All States

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Speech Language Pathologists – All States

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To inquire about credit in other states or home study credit, please contact cepesi@pesi.com or 800-844-8260 before the event.

National Approvals

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Additional participants can receive a CE certificate by adding a post-test evaluation to their account for \$49.99 USD. Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.



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This activity is pending approval from the National Association of Social Workers.



PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

**** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.**



PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

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