

OUTLINE

The Psychosocial Assessment

Differential diagnosis
Assess level of consciousness
Quick identification of physical problems that can lead to psychiatric symptoms
Immediate safety concerns/danger to self
Panic/anxiety/agitation
Techniques to bring calm

Psychotic Emergencies

Schizophrenia
Psychosis related to medical conditions – delirium, endocrine disorders, cardiovascular disorders, pulmonary disorders
Dementia and Alzheimer’s disease

ETOH

Intoxication
Withdrawal – delirium tremens
Acute stage – detoxification, medical interventions
Stabilization stage

Drug Related Emergencies

Cocaine
Amphetamine
PCP
Hallucinogens
LSD
Opioids
Acute management and stabilization

Violent and Aggressive Behaviors

Self-destructive behaviors
Self-mutilating behaviors
Suicidal risk
Predictors of suicide
Suspecting a drug overdose
Strategies for your own safety
De-escalation techniques

Mood Disorder Emergencies

Major depressive disorder
Bipolar disorders – manic episodes

Trauma Emergencies

Domestic violence survivor
Rape survivor
Acute stress reaction

Families in Crisis

Children/adolescent needs
Geriatric emergencies
Crisis intervention – for individuals, couples, an entire family

OBJECTIVES

1. Examine the pharmacology behind the substances of abuse seen presently in practice.
2. Analyze how dementia and delirium will present differently.
3. Evaluate de-escalation techniques for a variety of violent patient behaviors.
4. Recognize the terminology used to refer to street drugs today.
5. Effectively screen and assess for substance use disorders.
6. Devise strategies to ensure your safety, while caring for an aggressive patient.
7. Explain predictors of suicide, when evaluating a patient’s risk.
8. Plan for a patient who threatens to harm himself or another.

Live Webcast Schedule

(Times listed in Eastern)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Target Audience:

Nurses • Nurse Practitioners
Clinical Nurse Specialists • Physician Assistants
Case Managers • Social Workers
Mental Health Professionals • Counselors
Therapists • Physical Therapists
Occupational Therapists • Psychologists
Psychiatrists



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BEHAVIORAL EMERGENCIES


Accurately Assess & Manage Patients in Crisis



LIVE Interactive Webcast

Monday, October 26, 2020

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BEHAVIORAL EMERGENCIES

Accurately Assess & Manage Patients in Crisis




- Threats of serious harm to self or others
- ETOH and withdrawals
- De-escalation of violent/aggressive behaviors
- Traumatic stress reactions
- Suicidal ideation
- Families in acute crisis
- Psychotic emergencies – sometimes with a medical cause

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A Non-Profit Organization Connecting Knowledge with Need Since 1979

Behavioral Emergencies: Accurately Assess & Manage Patients in Crisis

You introduce yourself to a patient. Within a very short amount of time, you are charged to establish a therapeutic relationship, help rule out medical conditions, accurately assess presenting symptoms and evaluate for appropriate disposition. That’s not always the easiest task...

You must have astute judgement and clinical skills to pull together the pieces. **As the situation begins to unfold, it may become clearer and clearer that there is a Behavioral Emergency taking place.** And a behavioral health bed may not be immediately available. Perhaps you work in the emergency department, on a med/surg floor or in a nursing home. **Regardless of the setting, department or exact role, patients may present with or begin to demonstrate what can feel like just plain frightening symptoms.**

Advancing your skills to feel confident safely managing your patient’s combined medical and psychiatric needs is an absolute necessity. Join clinician Valerie R. Vestal, MSN, PMHNP-BC, to take away new and essential approaches for crisis intervention, ETOH withdrawals, aggressive/violent behaviors, threats of serious harm, de-escalation techniques...and more!

SPEAKER

Valerie R. Vestal, MSN, PMHNP-BC, is a Board Certified Psychiatric Nurse Practitioner. She has worked both in a Partial Hospitalization Program (PHP) and in an outpatient private practice. In the PHP program, she has been responsible to identify patients at high risk for aggression and those who have histories of repeated violent behavior. Valerie is skilled at managing crisis intervention, minimizing physical and psychological harm for staff and patients.

Additionally, she serves in United States Navy Reserve and was deployed to the Warrior Transition Program. Valerie was responsible to ease of the reintegration process for sailor’s and families. She also continues to provide health assessments and psychological evaluations for military members.

Valerie is a highly sought-after speaker, typically focusing on behavioral emergencies and challenging patient behaviors. She has shared her expertise with multidisciplinary audiences throughout the country.

Speaker Disclosures:
Financial: Valerie Vestal is the director and founder of Platinum Performance by Valerie. She has an employment relationship with Moodtreatment Center. Ms. Vestal receives a speaking honorarium from PESI, Inc.
Non-financial: Valerie Vestal has no relevant non-financial relationship to disclose.

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ACCURATELY ASSESS & MANAGE PATIENTS IN CRISIS**

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QUESTIONS

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