

OUTLINE

MEDS 101

Case study
Reasons to be knowledgeable about psychiatric medications
Lessons from other disciplines
Pharmacy
Nursing
Ethics guidelines
The common questions clients have about their medications
Handling differences of opinion between yourself and a prescribing professional

GENERAL OVERVIEW OF THE NERVOUS SYSTEM

Organization of the nervous system
Structure of the neuron
Communication between neurons
How medicines interact with the nervous system

DEPRESSION MEDICATIONS

Neurobiology
SSRIs and SNRIs
Mechanism of action
Benefits and adverse reactions
Medications in these categories
Case study

ANXIETY DISORDER MEDICATIONS

DSM-5® anxiety categories
Deconstructionist approach taken by prescribers
Neurobiology
SSRIs and Benzodiazepines
Mechanism of action
Benefits and adverse reactions
Medications in these categories
Case study

BIPOLAR MEDICATIONS

Monotherapy
Lithium, anticonvulsants, and 2nd generation antipsychotics
Mechanism of action
Benefits and adverse reactions
Medications in these categories
Case study

ADHD MEDICATIONS

Neurobiology
Methylphenidate and amphetamine
Mechanism of action
Delivery systems
Benefits and adverse reactions
Medications in these categories
Case study

ANTIPSYCHOTIC MEDICATIONS

Psychosis symptoms
Neurobiology
1st and 2nd generation
Antipsychotics
Mechanism of action
Benefits and adverse reactions
Medications in these categories
Case study

INSOMNIA MEDICATIONS

Causes and treatments for insomnia
Medications for insomnia
Half-life
Benefits and adverse reactions
Case study

LIMITATIONS OF THE RESEARCH & POTENTIAL RISKS

Live Webcast Schedule

(Times listed in Eastern)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Target Audience

Counselors • Social Workers • Psychologists • Psychotherapists
Case Managers • Marriage & Family Therapists • Nurses • Nurse Practitioners • Clinical Nurse Specialists • Addiction Counselors
Pharmacists • Occupational Therapists • Occupational Therapy Assistants • Other Mental Health & HealthCare Professionals



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PSYCHOPHARMACOLOGY

Essential Information for Mental Health Professionals

LIVE Interactive Webcast

Thursday, October 22, 2020

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PSYCHOPHARMACOLOGY

Essential Information for Mental Health Professionals

Featuring **Dr. Kenneth Carter**, board certified clinical psychologist and professor of Psychology at Oxford College of Emory University

• **Why (and what) you should know about psychopharmacology**

• **Questions you can expect from clients and prescribers, and how to answer them**

• **Latest ethical guidelines from APA, NASW, ACA and others**

• **Latest information and newest medications for depression, anxiety, bipolar, ADHD, psychosis and insomnia**

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Objectives

1. Discuss the proper role of mental health professionals who treat clients receiving both psychotherapeutic medications and psychotherapy.
2. Describe specific ethical issues and resolutions related to communicating with clients and prescribing professionals about psychotropic medications.
3. Explain the neurotransmitter systems and neuroanatomy underlying the biological basis for mental disorders and pharmacotherapy.
4. Identify the major classes of drugs used to treat mental disorders and which mental disorders are appropriately treated with each class of drugs.
5. Describe adverse effects and drug reactions of the commonly prescribed psychotropic medications and when to alert the prescriber about them.
6. Analyze the role that half-life plays in the efficacy of insomnia medications prescribed for clients and how it may affect behavioral interventions.

Visit our FAQ page at www.pesi.com/faq or contact us at www.pesi.com/info

PSYCHOPHARMACOLOGY

Essential Information for Mental Health Professionals

Dr. Kenneth Carter, a board certified clinical psychologist with a Master's degree in clinical psychopharmacology, shares his clinical experience and training to provide detailed information about the range of common medications prescribed for mental health conditions. You will get the latest information on antidepressants, anxiolytics, and common medications for insomnia and Attention deficit/Hyperactivity Disorder among others. Through lecture, the examination of multi-disciplinary ethics codes and real case examples, you will take a close look at the ethical decisions that accompany medication use and the non-prescribers role and limits with regards to medication discussions with your patients.

Dr. Carter answers questions from providers in the field and walks through examples of practical clinical discussions that come up every day in practice, including how to discuss scope of practice with your patients in order to optimize their care when working with multiple providers. The goal is for you to leave better prepared to communicate with your clients as well as the prescribers, as Dr. Carter instructs you on how the medications work, their benefits, and the side effects and dangerous reactions associated with them.

SPEAKER

Kenneth Carter, PhD, ABPP, is a board-certified clinical psychologist and professor of psychology at Oxford College of Emory University in Atlanta, Georgia. Dr. Carter received his M.A. and PhD in clinical psychology from the University of Michigan in Ann Arbor and a postdoctoral master's degree in clinical psychopharmacology from Fairleigh Dickerson University. Dr Carter has taught clinical psychopharmacology classes at Emory University since 2005 and has presented highly rated psychopharmacology workshops to clinicians throughout the United States since 2010. Dr. Carter has served as a senior assistant research scientist in the Epidemic Intelligence Service of the Centers for Disease Control and Prevention. He has been a psychotherapist and researcher for more than 20 years, during which time he has garnered awards from the National Institutes of Health, the National Heart, Lung and Blood Institute, and the University of Michigan. Dr. Carter has presented at numerous conferences and written several books and articles on introductory psychology, neuropsychology and psychopharmacology.

Speaker Disclosures:

Financial: Kenneth Carter is a professor at Oxford College of Emory University. He receives a speaking honorarium from PESI, Inc
Non-financial: Kenneth Carter is a member of the American Psychological Association; the Association for Psychological Science; and the American Board of Professional Psychology.



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Nurses – All States

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National Approvals

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*includes up to 3.0 hours of general ethics instruction.

For specific credit approvals and details, visit pesi.com/webcast/83794.

To inquire about credit in other states or home study credit, please contact cepesi@pesi.com or 800-844-8260 before the event.



PESI, Inc. is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance. Course Level: Intermediate.



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PSYCHOPHARMACOLOGY: ESSENTIAL INFORMATION FOR MENTAL HEALTH PROFESSIONALS

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