# Outline .

#### Nothing as Practical as a Good Theory

How theories of ethical decision-making inform practice

What's your ethical theory? (And yes, you do have one) Consequentialism, Deontology, and other theories

#### **Understanding Ethical Decision Making**

Models of ethical decision-making
The pre-critical process of decision-making
Values, morals, laws, and other "cousins" of ethics

#### **Identify Contemporary Challenges**

Technology

How the codes written for paper records apply to electronic records

Digital communication

Distance therapy

Professional guidelines and positions papers

Skype anyone? Social media

Internet

Website content and structure

When and if to blog

Navigating consumer review sites

#### Informed Consent

What information should be included? How much information is enough?

Updated content for your Informed Consent Form Case examples

"I know what I signed-but that's not what I understand"

"And now my insurance won't pay"

#### **Clinical Competence**

Boundaries of competence Understanding emotional competence Addressing cultural competence Supervision vs. consultation Case examples

"Re-specializing"

"When you can't refer"

#### Confidentiality

Online disclosures

ICD-10, HIPAA, and communicating with third party payers

Encryption, storage, and the cloud

Case examples

"Confidentiality online"

"Alternate forms of communication"

#### **Multiple Relationships**

What kind of online relationship is really a

relationship"?

Managing beneficial multiple relationships

Gifts, bartering, and social contact

Case examples

"One of 5,000 friends"

"It's my party and I'll cry if I want to"

#### Put it all Together

Anticipating future ethical challenges

Using a decision-making model that will work in the future

Understanding the role of ethics in quality client care

"Wow! Truly enlightening and really makes one think on & off the grid! Very enjoyable and would recommend, highly, to all practitioners!" -- Celina, psychotherapist/counselor

# Objectives -

- Explain how a practical model for ethical decision-making informs the clinical practice setting.
- Articulate the legal and ethical codes that relate to utilizing technology while providing mental health services.
- Establish ethical practices to ensure client safety, maintain confidentiality and obtain informed consent when utilizing distance mental health services.
- Consider cultural differences when using technology and articulate how this may inform the clinician's choice of treatment interventions.
- Establish clear ethical guidelines to address the potential for a dual relationship when interacting with clients via technology.

Live Webcast Schedule (Times listed in Central)

8:00 Program begins

**11:50-1:00** Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

**Target Audience:** Counselors • Social Workers Marriage & Family Therapists • Psychologists Case Managers • Addiction Counselors • Therapists Nurses • Other Mental Health Professionals



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# **LIVE Interactive Webcast** Friday, September 25, 2020

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How should I respond to a negative online client review? Or should I?

Is it ok to text my client?
Under what circumstances?

How much digital transparency is okay for a therapist?

Is it appropriate to Google

my client? If so, when?

**When Clinical Goes Digital** 

How do self-disclosure, confidentiality, boundaries, and dual relationships change in the digital landscape?

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#### Digital Technology Has Changed the Way We Serve and Interact with Clients

Let's face it—the digital age is here to stay, and it has ushered in a complete paradigm shift in what it means to provide quality, ethical mental health treatment.

Your current clients, and potential new ones, are accustomed to being able to receive every imaginable service using technology as the format. It only stands to reason that they are seeking, and even expecting, the type of services you provide to be available in the same fashion.



Whether you are already in the digital space, or you realize that you want and even need to be, the ethical considerations are unique, complex, and exciting all at the same time.

Let Jeff Ashby, PhD, ABPP, RPT-S - a mental health clinician with 20 years of clinical and research experience – be your guide as you explore the ethical issues related to social media, blogs, websites, and

Through discussion and case examples, learn how to address complex ethical dilemmas while maintaining the highest standards of clinical practice.

# Speaker

Jeff Ashby, PhD, ABPP, RPT-S, is a professor in the department of counseling and psychological services at Georgia State University. He is the director of Georgia State's Counseling Psychology doctoral program, a licensed psychologist, and a Diplomate of the American Board of Professional Psychology. Dr. Ashby has taught ethics at the graduate level for over 20 years and has served as the chair of the Ethics Committee of the International Association of Play Therapy and as an ethics content expert with the State of Georgia Psychology board. He has made over 100 presentations at professional conferences and authored/co-authored more than 80 articles in refereed journals, numerous book chapters, and two books.

Dr. Ashby received a BA in psychology and English literature from the University of Kansas, an MEd in counseling and school psychology from Wichita State University, and a PhD in counseling psychology from Penn State.

#### Speaker Disclosure

Financial: Jeffrey Ashby is a professor at Georgia State University. He receives a speaking honorarium from PESI, Inc. Non-financial: Jeffrey Ashby is a fellow of the American Academy of Counseling Psychology. He is a member of the American Psychological Association; and the International Association of Play Therapy.

"Been a counselor for 30 years and this was the best ethics workshop I've been to. Highly informative and done in a way that did not leave me extremely stressed but just more knowledgeable.

-- Mary, LPC





**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another live webcast, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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Counselors: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, HI, IA, ID, IL, IN, KS, MD, ME, MI, MO, MT, NC, ND, NE, NH, NJ, NV, NY, OH, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY

Marriage and Family Therapists: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, IA, ID, IL, IN, KS, MD, ME, MI, MO, MT, NC, NE, NH, NJ, NM, NV, NY, OH, OR, PA, RI, SC, SD, TN, TX, UT, VA, VT, WY

Nurses: All States

Psychologists: All States

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**Earn 6.25 CE** 

**Hours of Ethics** 

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To inquire about credit in other states or home study credit, please contact cepesi@pesi.com or 800-844-8260 before the event.

#### **National Approvals**

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Additional participants can receive a CE certificate by adding a post-test evaluation to their account for \$49.99 USD. Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

Ethics: This seminar includes 6.25 hours of general ethics instruction. If ethics is not specified within your licensing board's approval statement below, please contact your board to determine the applicability and amount of ethics allowed.



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Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit, PESI, Inc. maintains responsibility for this course, ACE provide approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 6.25 Ethics continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation

\*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsi reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standard PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

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