Speaker

DAY 1

Dementia Differentiation, Diagnosis and PrognosisTypes of dementia and how to differentiate

between them

Pseudo-dementia explanations

Mild Neuro-Cognitive Disorder

Diagnosis, prognosis, and stages The latest preventative treatments

Cognitive Assessment Essentials

Mini-Mental State Examination

Administration and scoring
Objective and subjective interpretation

Challenging Behavior Toolbox:

Trigger Identification, Problem Solving, and Compassionate Intervention Strategies

Individualizing care - strengths and limitations Pain and pain assessment

Tactics for verbal and physical combativeness Agitation - triggers, pain and care planning Delusions and hallucinations -- potential causes and complications

Wandering – redirection techniques to reduce risks Tips for working with sundowners

Sexual expressiveness and interventions for dignity Activities of Daily Living - structure and engagement strategies

Verbal and Non-Verbal Strategies for Communication:

Reduce Frustration and Increase Understanding with Dementia Patients

When traditional communication is replaced by behaviors

Person centered: Gathering beliefs and values Effective tips for communicating with dementia patients

> Find the meaning behind the gesture How to avoid arguments

What questions to ask, and how to ask them Meaningful activities that connect

Tips and Tactics for Successfully Working with Caregivers

Family dynamics

Validation, empathy and active listening Caregiver burnout and where to go for help End of life issues

Ethical issues and abuse

DAY 2

How Aging Impacts Mental Health

The aging brain, body and unique stressors of late life Social systems, stigma and life role transitions How medical illness impacts mental health

Geriatric Pharmacology:

Essential Considerations for Safety and Effectiveness

The senior metabolism and unique safety concerns Common side effect of drugs on seniors Interactive effects to be aware of

Late-Life Depression:

Assessment and Interventions

Assessment strategies for late-life depression
The role of social support
Working with grief and loss
Cognitive approaches to focus on today's problems
Adaptive exercise solutions for the physically

Suicide in Older Adults:

challenged

How to Recognize the Warning Signs and Properly Intervene

The complexity of suicidal behavior in older adults Assessment and screening tools Treatment approaches and crisis guidance

Alcohol and Drug Use in the Elderly

Unique vulnerabilities and diagnostic difficulties
Assessment instruments
Motivational Interviewing and relapse prevention

Late-Life Anxiety:

strategies

Identification and Treatment Strategies Adapted to Older Adults

Risk factors, stressors and symptoms Loss of social support and fear of being alone Medical issues and hypochondria Evidence-based psychological treatments

Trauma-Informed Treatment of Older Adults

What the latest research tells us – and what it doesn't Special considerations when assessing seniors for trauma

Trauma and somatic complaints

The Role of Nutrition in Geriatric Behavioral Problems

How vitamin and mineral deficiencies impact behavior How the volatility of blood sugar can impact behavior Strategies for non-compliant eating

Learning Objectives can be viewed at pesi.com/webcast/83556

Target Audience: Social Workers • Psychologists • Nurses • Speech-Language Pathologists • Counselors Nursing Home Administrators • Assisted Living Facility Administrators • Long Term/Acute Care Professionals • Case Managers • Occupational Therapists • Physical Therapists

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Whether you're a social worker, psychologist, counselor, nurse, OT, PT, SLP, or Long-Term Care professional, this training is exactly what you need to ensure proper care for geriatric patients facing Alzheimer's, other dementias, depression, anxiety, trauma, substance use issues, and suicidal ideation. More than a broad overview, this training will give you specific strategies and interventions tailored to older adults.

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- Cognitive assessment tools and interpretation tips
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- Adaptive solutions to treat late life depression, anxiety, trauma and drug use
- Tips and tactics for successfully working with families

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Speaker

Micheal Shafer, Ph.D., is a clinical psychologist who specializes in the diagnosis and treatment of people with dementia. Dr. Shafer holds multiple teaching positions in the Michigan State University School of Medicine in the departments of physical medicine and rehabilitation and radiology.

Dr. Shafer lectures nationally on a variety of clinical and research issues, and has conducted numerous trainings for physicians about medication utilization and mechanisms of actions, particularly for those used to treat Alzheimer's Disease. His primary research/clinical interests include the assessment of neuropsychological disorders (e.g., stroke, traumatic brain injury (TBI), Alzheimer's) and the study of localized brain functioning. Prior to earning his Ph.D., Dr. Shafer provided hospital-based counseling services and conducted research at the University of Maryland Medical School.

Dr. Shafer earned his M.A. degree in applied psychology from the University of Baltimore and his Ph.D. in clinical psychology with an emphasis on neuropsychology from the University of North Texas.

Speaker Disclosures:

Financial: Micheal Shafer Ph.D. has an employment relationship with Michigan State University School of Medicine in the departments of Physical Medicine and Rehabilitation and Radiology. Dr. Shafter is a staff psychologist at PAR Rehab Services. He conducts trainings and lectures nationally. Dr. Shafer receives a speaking honorarium from PESI, Inc.

Non-financial: Micheal Shafer Ph.D. is a board member of the Michigan Rehabilitation & Research Corporation (MRRC) and a Chapter Board Member of the Alzheimer's Assocation. Dr. Shafer holds professional memberships in the Clinical Neuropsychology (Division 40, APA), the American Psychological Association (APA), and the National Academy of Neuropsychology (NAN).

Live Webcast Schedule (each day)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.





Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another live webcast, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.

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 $\textbf{Psychologists:} \ \mathsf{AK}, \ \mathsf{AR}, \ \mathsf{AZ}, \ \mathsf{CA}, \ \mathsf{CO}, \ \mathsf{CT}, \ \mathsf{DE}, \ \mathsf{FL}, \ \mathsf{GA}, \ \mathsf{HI}, \ \mathsf{IA}, \ \mathsf{ID}, \ \mathsf{IL}, \ \mathsf{IN}, \ \mathsf{KS}, \ \mathsf{KY}, \ \mathsf{MD},$ ME, MI, MO, MS, MT, NC (Category B), NE, NH, NJ, NM, NV, NY, OH, OK, OR, PA, SC (Category B), SD, TN, TX, UT, VA, WA, WI, WV

Psychiatrists: All States

Social Workers: AK. AL. AR. AZ. CA. CO. CT. DC. DE. FL. GA. HI. IA. ID. IL. IN. KS. KY, LA, MA, MD, ME, MI, MN, MS, MT, NC, ND, NE, NH, NM, NV, NY, OH, OK, OR, PA. RI, SC. SD. TN. TX. UT. VA. VT. WA. WI, WY

Speech Language Pathologists: All States Physical Therapists: AK, AZ, CA, DE, IL, KY, MI, NC, NY, PA, TX, UT, VA

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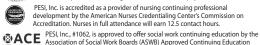
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