CERTIFIED CLINICAL TRAUMA PROFESSIONAL

Two-Day Trauma Competency Conference

The successful resolution of traumatic stress can be simple.

Studies indicate that there are four key elements to effective trauma treatment. When you accomplish these four key elements in treatment with your clients, you will be able to reduce their symptoms and improve clinical outcomes.

Attend this conference and you will walk away with a step-by-step **four-stage framework** for navigating essential elements of trauma treatment with your traumatized clients.

The essential elements are common to all evidence-based trauma treatments, you will learn how you can integrate this framework with your current approach or methodology to make your trauma treatment even more effective!

This trauma competency training can **transform your clinical practice and help improve your trauma treatment outcomes**, just as it has for other clinicians around the world.

In addition, **completion of this two-day conference meets the educational requirements when applying to become a Certified Clinical Trauma Professional (International Association of Trauma Professionals, www.traumapro.net)

Meet Your Speaker

Eric Gentry, Ph.D., LMHC, is an internationally recognized leader in the field of disaster and clinical traumatology, having trained thousands of professionals and paraprofessionals worldwide in the treatment of traumatic stress. His doctorate is from Florida State University where he studied with Professor Charles Figley, one of the pioneers of traumatic stress. Dr. Gentry was one of the original faculty members of the Traumatology Institute and later became the co-director of the International Traumatology Institute at the University of Southern Florida. Dr. Gentry, along with Dr. Anna Baranowsky, is the co-author and co-owner of the Traumatology Institute Training Curriculum – 17 courses in field and clinical traumatology leading to seven separate certifications.

Dr. Gentry has been a clinical member of several CISM teams and has provided assistance in many different disaster and critical incidents including Oklahoma City, New York City, and hurricanes in Florida. He was the developer of the Community Crisis Support Team, which began in Tampa, Florida, and has become a model for communities to integrate mental health services into their disaster response network.

Dr. Gentry is the co-author of the critically acclaimed *Trauma Practice: Tools for Stabilization and Recovery* (Third Edition) (Hogrefe Publishing, 2014). His other books include *Forward Facing Trauma Therapy* (Compassion Unlimited, 2016) and is the co-author of the co-authored *Trauma, PTSD, Grief & Loss: The 10 Core Competencies for Evidence-Based Treatment* (PESI, 2017). Additionally, Dr. Gentry has published many research articles, book chapters, and periodicals in this maturing area of study. He has a private clinical and consulting practice and is adjunct faculty at many universities. Dr. Gentry draws equally from his scientific study and from his rich history of 30+ years of clinical experience with trauma survivors to balance this training with current, empirically grounded information and experienced-based compassionate intervention skills. You will be challenged, inspired, and uplifted by Dr. Gentry and this unique training.

Speaker Disclosure:
Financial: J. Eric Gentry receives compensation as Owner of Compassion Unlimited. He receives royalties as an author for Hogrefo & Huber Publishing. Dr. Gentry receives a speaking honorarium from PESI, Inc.
Non-financial: J. Eric Gentry has no relevant non-financial relationship to disclose.

Conference Target Audience: Counselors • Social Workers • Psychologists
Case Managers • Addiction Counselors • Therapists • Marriage & Family Therapists
Other Mental Health Professionals • Nurses

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Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another live webcast, or receive a tuition refund less a $60 cancel fee. Substitutions are permitted at any time.

Digital Seminar or DVD: You can purchase a self-study package on the subject and you and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. If purchasing the on-demand format, you will receive an emailed order confirmation which contains your login instructions to access the recorded seminar, electronic handouts and online post-test. Order today by using the order form on this brochure or by calling 800-844-8260.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Anna Rustick** at **arustick@pesi.com** or call **715-855-8195.**

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Thursday & Friday, August 13 & 14, 2020

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Two-Day Trauma Competency Conference

Featuring trauma expert and author Eric Gentry, Ph.D., LMHC

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Outline

A Brief History and Evolution of Traumatic Stress, Grief & Loss
Systemic traumatic stress theory
Symptom review
Review of effective treatments
Tri Phasic model
Most commonly used instruments to assess traumatic stress

Core Competencies of Traumatic Stress, Grief & Loss

Bio-Psycho-Social-Spiritual Factors that Produce Anxiety & Traumatic Stress
Precipitating events
Meaning making
Physiology of trauma
Perception

Adaptive and maladaptive coping behaviors
Trauma adaptation
Systemic influences
Emotional & psychological stressors
Integrated theoretical concepts from stress, crisis & trauma theories
Information processing model
Psychosocial model

Review of Effective Treatment Interventions
Cognitive Behavioral Techniques (PE, CPT & SIT)
EMDR & Bilateral Stimulation
Thought Field Therapy (TFT)/Emotional Freedom Techniques (EFT)
Sensorimotor

The Biochemical, Affective, and Cognitive Impacts of Traumatic Stress
Affective volatility
The body keeps the score
Neurobiology and biology of traumatic stress

The Impacts of Traumatic Stress Over Time & Across & Within Developmental Stages
Epigenetics
Reactive Attachment Disorder
Adrenal fatigue

The Role of Traumatic Stress in Clinical Disorders such as Personality Disorders, Dissociative Identity Disorder, and More
Traumagenesis
Traumaddiction
Comorbidity

Live Webcast Schedule - both days
(Times listed in Eastern)
8:00 Program begins
11:50-1:00 Lunch Break
4:00 Program ends
There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Conceptualizing a Framework of Healing for Survivors of Traumatic Stress
Systemic perspective
Strengths perspective
Survivor metaphor

Traumatic Stress Exists Across the Continuum of Systemic Levels
Systemic trauma theory
Community trauma
Vicarious secondary traumatization

Theories of Traumatic Stress, Loss and Grief
Information processing model
Psychosocial model
Contemporary thoughts

Bereavement and Adjustment Disorders
Supporting normal bereavement
Treating complicated bereavement

Assessment of Traumatic Stress Disorders
Diagnostic and Statistical Manual of the APA
DSM-5® changes
ACE & developmental trauma
Diagnosing PTSD with the PCL-5

Evidence-Based Techniques/ Interventions
Relaxation/self-regulation
Grounding
Containment
Writing/journaling
Drawing art
Healing metaphors
Transitional objects

Demonstrations: Interactive Exercises/Application of Skills
Cognitive Behavioral Techniques
Narrative Exposure Therapy Technique
Thought Field Therapy (TFT)
Bilateral Stimulation

Limitations of the Research and Potential Risks
Limitations of many accepted models of trauma treatment
Weaknesses and limitations of evidence-based trauma treatment models
Limitations of the diagnostic (DSM-5 ®) system
Limitations and potential risks in grief work, due to research scarcity on the topic

Closure: Lessons Learned

Learning Objectives can be viewed at pesi.com/webcast/83521

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IATP

- **No hidden fees – PESI pays for your application fee (a $99 value)*!**
- **No additional forms to fill out.**
- **Simply complete this live event, evaluation and you're a Certified Clinical Trauma Professional through the IATP.**

Attendees will receive documentation of CDCS certification from IATP 4 to 6 weeks following the program. Professional standards apply. Visit traumapro.net/faq for answers to frequently asked certification questions.

** Certification cost included with purchase of live webcast. Digital seminar and DVD do not include certfication.*

CE CREDIT AVAILABLE FOR WEBCAST – UP TO 12.5 HOURS!

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Marriage and Family Therapists - AK, AL, AR, AZ, CA, CO, DE, FL, IA, IL, IN, KS, MD, ME, MI, MO, MT, NC, NE, NH, NJ, NM, NV, NY, OH, OR, PA, RI, SC, SD, TN, TX, UT, VA, WY

Nurses - All States

Psychologists - AK, AR, AZ, CA, CO, CT, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, MD, ME, MI, MO, MS, MT, NC (Category B), NE, NH, NJ, NM, NV, NY, OH, OK, OR, PA, SC (Category B), SD, TN, TX, UT, VA, WA, WI, WV

Psychiatrists - All States

Social Workers - AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, LA, MA, MD, ME, MI, MN, MS, MT, NC, ND, NE, NH, NM, NV, NY, OH, OK, OR, PA, SD, TN, TX, UT, VA, VT, WA, WI, WY

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For credit inquiries or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

National Approvals

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Additional participants can receive a CE certificate by adding a post-test evaluation to their account for $79.99 USD. Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 12.5 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

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PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 12.5 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

This activity is pending approval from the National Association of Social Workers.

*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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