

..... Outline

The Personality Mystique

DSM-5® criteria
Treatment errors and misdiagnoses
Core and/or surface structure and the role of the clinical disorders
Differential diagnoses
Five central components to accurate diagnosis
Insulate your clients against risk factors

Antisocial Spectrum

Oppositional defiance to psychopath
Attachment
Manage and avoid in-session violence and threats
Secondary gains, suicide attempts and threats
Overcome blockades – manipulation, threats, power struggles and more
Symptom presentation and risk analysis to self and other
Interpersonal theory techniques for compliance
Balance transference and countertransference
Lessen destructive behaviors
Cognitive-behavioral experiential techniques to lessen pathology
Psychotropic medications
Case studies and treatment exercises

Narcissistic Spectrum

Narcissistic presentation and the environmental context
Attachment and pathological narcissism
Tackle the veneer of perfectionism
Overcome blockades – power struggle, absent empathy, excessive criticism
The narcissistic/borderline client Interpersonal strategies for empathy engagement
CBT techniques to clarify behaviors, values and goals
Tactics to avoid arguing
Motivational Interviewing to overcome resistance
Prevent sabotage
Build a sense of true self
Case studies and treatment exercises

Histrionic Spectrum

Moody to excited to histrionic: the erratic client
Attachment
Coquettish behavior, avoidance drama, inauthenticity
Dangers of the histrionic client
Link between emotions and behavior
Interpersonal strategies to encourage expression of true self
Enhance sense of self and lessen the “spotlight”
Motivational Interviewing techniques
DBT techniques
Interpersonal strategies to build positive relationships
Strengthen self-initiative and independent action
Psychotropic medications
Case studies and treatment exercises

Borderline Spectrum

Symptom presentation along the spectrum
Attachment
Feeling identification and behavioral control
Manage self-harm and suicidality
Rage-ful outbursts, self-mutilation, boundary violations
Create stability and build therapeutic collaboration
Develop true sense of self and lessen maladaptive need for attention
Facilitate pattern recognition
Lessen the impact of maladaptive patterns
Underlying wishes and fears
Build DBT core mindfulness skills
DBT techniques to dissolve the distraction and focus on the “genuine relationship”
Calm interpersonal upheavals with DBT
DBT emotion regulation skills
Psychopharmacology and applicability
Case studies and treatment exercises

Live Webcast Schedule

(Times listed in Eastern)

8:00 Program begins


11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

..... Objectives

1. Determine how the changes with the DSM-5® impacts diagnosis and treatment of the Cluster B Personality Disorders.
2. Identify and diagnose clients with antisocial, narcissistic, histrionic and borderline Personality Disorders to effectively inform your choice of treatment interventions.
3. Utilize case studies to differentiate symptom overlap, effective treatment and emotional management of each Cluster B Personality Disorders client type.
4. Manage the manipulative and potentially violent behaviors with your clients diagnosed with Antisocial Personality Disorder in session to make therapeutic progress.
5. Implement CBT techniques to clarify behaviors, values and goals with clients diagnosed with Narcissistic Personality Disorder.
6. Incorporate techniques to decrease explosive emotions, self-harm tendencies and cravings for chaos for clients diagnosed with Borderline Personality Disorder.
7. Utilize MI and DBT techniques with clients diagnosed with Histrionic Personality Disorder to help manage cognition and improve emotional regulation.



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Effective Treatment for Cluster B Personality Disorders

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- Understand the unique traits of antisocial, narcissistic, histrionic and borderline clients
- Make a clinical breakthrough with effective, evidence-based treatment methods for each disorder
- Gain the knowledge, skills, and abilities to accurately identify and treat your most difficult personality disordered clients!

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Antisocial, Borderline, Narcissistic and Histrionic

Effective Treatment for Cluster B Personality Disorders

Join national trainer, Dr. Daniel J. Fox, as he delivers an intensive workshop and seminar designed to provide you with the knowledge, skills, and abilities to accurately identify and treat your most difficult personality disordered clients. Better understand your clients with Antisocial, Narcissist, Histrionic and Borderline Personality Disorder client and make a breakthrough in clinical treatment.

- Manage the manipulative and possibly violent Antisocial Personality Disorder in-session.
- Overcome the Narcissistic Personality Disorder trait of perfectionism and combat their need to overpower you as the therapist.
- Better understand your clients diagnosed with Histrionic Personality Disorder whose intense emotions and need for attention will test your patience and compassion.
- Help the Borderline Personality Disorder client deal with their explosive emotions, self-harm tendencies and cravings for chaos.

Case studies and video examples will be used to illustrate client symptom presentation, treatment, and management of each Cluster B client type. You will explore various modalities that are effective with antisocial, narcissistic, histrionic, and borderline personality disorders, such as Motivational Interviewing, Cognitive-Behavioral, Interpersonal, and Dialectical therapies. Each of these theories will be explored to provide you with solid and useable skills to include in your daily practice.

Stop being stuck and frustrated with your Cluster B Personality Disorder clients! Sign up for this seminar today!

..... Speaker

DANIEL J. FOX, Ph.D., has been treating and specializing in the treatment and assessment of individuals with personality disorders for the last 14 years in the state and federal prison system, universities, and in private practice. He is a licensed psychologist in the state of Texas and has published several articles on personality, ethics, and neurofeedback. He is the author of The Clinician's Guide to Diagnosis and Treatment of Personality Disorders. His specialty areas include personality disorders, ethics and emotional intelligence. Dr. Fox has been teaching and supervising students for the last 13 years at various universities across the country, some of which include West Virginia University, Texas A&M University, University of Houston, Sam Houston State University, and Florida State University. He is a staff psychologist at the Federal Detention Center in Houston, Texas, adjunct assistant professor at University of Houston, as well as maintaining a private practice that specializes in working with difficult clients. Dr. Fox has given numerous workshops and seminars on ethics and personality disorders, personality disorders and crime, emotional intelligence, managing mental health within the prison system and others.

Speaker Disclosures:
Financial: Daniel Fox is in private practice. He receives royalties as an author for PESI Publishing & Media. Dr. Fox receives a speaking honorarium from PESI, Inc.
Non-financial: Daniel Fox has no relevant non-financial relationship to disclose.

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Counselors • Social Workers • Psychologists • Psychiatrists • Psychotherapists • Therapists • Addiction Counselors • Marriage and Family Therapists • Case Managers • Nurses • Other Mental Health Professionals

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