

2-DAY: 2020 GERIATRIC CONFERENCE

Are you keeping up with the current recommendations and guidelines?

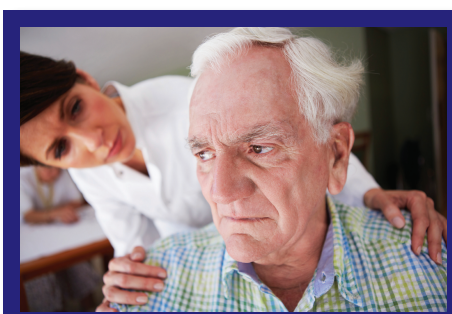
No matter your specialty, you MUST know how to address the unique concerns of the older adults under your care. Geriatrics is a field in and of itself, but many of us haven't had extensive training on the nuances and complexities that make treatment challenging. In this comprehensive program, geriatric expert, Steven Atkinson, PA-C, MS, will guide you through the normal and abnormal changes of the aging mind and body, providing you with the knowledge that will improve the care you provide. Steven is passionate about his work and looks forward to sharing his expertise with you. Leave with practical and insightful tips and tools you can use the next day!

- Identify complications and respond more appropriately
- Confidently and effectively communicate with patients and their families
- Provide safer and more effective care

Get Management Strategies and More for:

Alzheimer's Disease & Dementias
Pain Management
Geriatric Pharmacology
Geriatric Emergencies
Managing Challenging Behaviors
Caregiver Stress & Burnout
And Much More

You will be able to demonstrate your expertise caring for this patient population as you **earn your certification as a Certified Dementia Care Specialist through the International Association of Aging Specialists.** In just two days, you will meet the educational hours to qualify for this respected certification. Sign up today....before this training is at capacity!



QUESTIONS?

Visit our FAQ page at www.pesihc.com/faq or contact us at www.pesihc.com/info

CONFERENCE SPEAKER

Steven Atkinson, PA-C, MS, is a Board Certified Physician Assistant specializing in Geriatric Internal Medicine. He practices medicine in the greater Minneapolis area. In addition to his private practice, he has been on the faculty at the University of Utah since 1994 and has been involved in medicine for over 30 years.



Steven is the co-founder of Twin Cities Physicians, which serves older adults in nearly all levels of their care. He has presented nationally for over 15 years, primarily speaking about geriatric-related syndromes. Steven is the author of *Geriatric Pharmacology: The Principles of Practice & Clinical Recommendations, Second Edition* (PESI, 2016) and also sits on several boards whose purpose is to elevate the level of care in medicine for the patients they serve. Steven has been described as a "dynamic" educator and one of the most engaging presenters around. Don't miss him!

Disclosures:

Financial: Steven Atkinson is the founder and co-owner of Twin Cities Physicians; and owner of Mindful Geriatrics, LLC. He is an Adjunct Faculty at the University of Utah. Mr. Atkinson receives royalties as an author for PESI Publishing and Media. He receives a speaking honorarium from PESI, Inc.

Non-financial: Steven Atkinson has no relevant non-financial relationship to disclose.

Live Webcast Schedule - Both days

(Times Listed in Pacific)

10:00 Program begins

11:50-1:00 Lunch break

7:00 Program ends



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2-DAY

2020 GERIATRIC CONFERENCE

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OUTLINE

DAY ONE

SESSION 1: Differentiating Dementias

10:00am - 1:00pm

Distinguishing the various types of dementia is often difficult. This session provides tools to appropriately screen patients experiencing dementia, along with discussion of the most effective interventions to improve the care you provide.

- Normal vs. Abnormal Aging
 - Types of Dementias
 - Alzheimer's Disease
- Parkinson's Disease Dementia
 - Substance-Induced Neurocognitive Disorder
 - Pharmacological Management

OBJECTIVES

1. Identify the signs and symptoms of Alzheimer's disease and other dementias.
2. List appropriate diagnostic tests to achieve accurate diagnosis.
3. Devise interventions that are effective and promote positive communication between staff, family & the older adult.

SESSION 2: Geriatric Pharmacology: Tools for the Healthcare Professional

1:00pm - 5:00pm (Includes Lunch Break)

For geriatric patients taking more than five medications, the statistical chance of a drug-drug interaction or adverse event is 100%! For those experiencing an adverse drug event, one third will require additional treatment. This session will provide straightforward tools that will help you care for older adults receiving multiple medications.

- Drug Utilization Amongst the Elderly
- Billing Codes That You MUST Know
- Clinical Pharmacological Issues in the Elderly

OBJECTIVES

1. Apply techniques and identify strategies to avoid adverse drug events and drug disease interactions.
2. Develop individualized monitoring plans for geriatric patients through the evaluation of high risk medications.
3. Identify at least three new guideline recommendations related to geriatric pharmacology.

SESSION 3: Pain Management in the Elderly

5:00pm - 7:00pm

This presentation will review the different categories of controlled substances and their appropriate use in the geriatric patient. Explore special considerations and tools to aid in prescribing and managing pain in the geriatric patient.

- The Challenges Associated with Controlled Substances
- Pain Control... Is every patient's RIGHT

OBJECTIVES

1. Implement controlled substance/pain management contracts into practice.
2. Recognize symptoms of controlled substance and alcohol misuse and abuse.
3. Describe best practice methods for prescribing in the geriatric population.

Target Audience: Nurses, Nurse Practitioners, Clinical Nurse Specialists, Physician Assistants, Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapy Assistants, Speech-Language Pathologists, Social Workers, Physicians

DAY TWO

SESSION 1: Managing Geriatric Behaviors: Wandering, Aggression, Malnutrition and More

10:00am - 1:00pm

Behaviors such as wandering, aggression and anxiety can pose significant barriers to the delivery of essential care. Geriatric syndromes such as malnutrition, dehydration and insomnia can diminish quality of life and threaten independence. This session will explore the most frequent problematic behaviors and discuss strategies to improve the care you provide to your geriatric patients.

- Wandering
 - Physical Aggression
 - Inappropriate Sexual Behaviors
- Eating Issues & Nutrition in Elders with Dementia
 - Sleepless Nights & Sundowning
 - Professional Issues

OBJECTIVES

1. Review strategies to diminish the occurrence of behavioral problems in individuals with dementia.
2. Discuss behavioral and environmental techniques to diminish challenging behavioral problems.
3. Identify how cognitive impairment in older individuals is affected by environment, caregiver schedules, and responses to the behaviors.

SESSION 2: Geriatric Emergencies

1:00pm - 5:00pm (Includes Lunch Break)

A high-energy, dynamic session filled with interesting case studies, insightful discussions and interactive learning. You will leave with practical techniques that you can apply right away – if you work with geriatric patients, you don't want to miss this!

- Physiological Changes with Aging
 - Common Underlying Chronic Illness
 - Cardiovascular Emergencies
 - Pulmonary Emergencies
- Cerebrovascular Emergencies
 - Orthopedic Emergencies
 - Abdominal Emergencies

OBJECTIVES

1. Develop strategies to identify abuse and neglect.
2. Distinguish etiologic and pathologic factors associated with neurological, orthopedic, abdominal, cardiovascular & pulmonary emergencies.
3. Discuss the atypical presentation of the elderly and how to effectively manage comorbidities.

SESSION 3: Top Ten Medications to Avoid in the Geriatric Patient

5:00pm - 7:00pm

Explore medication dosing guidelines and polypharmacy management principles to ensure safe prescribing in the geriatric patient. Review the top ten medications to avoid and alternatives that can be equally effective.

- The BEERS List
 - Risks Associated with Anticholinergic Drugs
- The TOP TEN
 - 5 Things Patients & Physicians Should Question

OBJECTIVES

1. Discuss how to apply age-sensitive principles for medication dosing and management to clinical scenarios.
2. List key questions useful for identifying and managing polypharmacy in older adults.



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- No hidden fees – PESI pays for your application fee (a \$99 value)*!
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Attendees will receive documentation of CDCS certification from The International Association of Aging Specialists 4 to 6 weeks following the program. Professional standards apply. PESI customers do not need to complete steps 2 and 3 of the certification process at agingcert.com. Visit agingcert.com/customer-care/faq for answers to frequently asked certification questions.

* Certification cost included with purchase of live webcast. Digital seminar and DVD do not include certification.

CE CREDIT AVAILABLE FOR WEBCAST – UP TO 14.5 HOURS!

This continuing education activity is designed to meet state board requirements for the following professionals. For specific credit approvals and details, visit pesihealthcare.com/webcast/83450.

Nurses: All States

Occupational Therapists: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KY, LA, MA, MD, ME, MI, MN, MO, MS, MT, NC, ND, NE, NH, NJ, NV, NY, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, VT, WA, WI, WV, WY

Physical Therapists: AK, AZ, CA, DE, IL, KY, MI, NC, NY, PA, TX, UT, VA

National Approvals

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Additional participants can receive a CE certificate by adding a post-test evaluation to their account for \$79.99 USD. Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.



PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 14.5 contact hours or 1.45 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.



PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 14.5 contact hours.

Physicians/Physician Assistants: All States

Speech Language Pathologists: All States

Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, GA, HI, IA, ID, IL, IN, KS, KY, LA, MA, MD, ME, MI, MN, MS, MT, NC, ND, NE, NH, NM, NV, OK, OR, PA, SD, TN, TX, UT, VA, VT, WA, WI, WY

For specific credit approvals and details, visit pesihealthcare.com/webcast/83450

For credit inquiries or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.



PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 1.45 ASHA CEUs (Intermediate level, Professional area).

* Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.



PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 14.5 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

REGISTRATION FORM

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1

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QUESTIONS

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