#### OUTLINE

#### **Differentiate Neurodegenerative Disorders**

Alzheimer's disease Vascular disease Frontotemporal disorder Lewy body disease Traumatic Brain Injury

#### **Update on Delirium**

Cholinesterase inhibitors

Acute or persistent delirium
Screening and diagnosis
Prevent life threatening consequences
Evidence-based medications and treatment
Long term consequences

#### Diagnosis of Neurocognitive Disorders/Dementias

Reversible dementia-like disorders and conditions Validated cognitive screening tools New diagnostic criteria and stages of dementia Family response to diagnosis

#### Pharmacologic Therapies for Neurocognitive Disorders/Dementias

NMDA receptor antagonists Antidepressants Antipsychotics and other psychotropic drugs Evaluate new drugs and learn medications to avoid Consider risk, side effects, and efficacy for older

#### Behavioral and Psychological Symptoms of Dementia (BPSD)

Vast majority of patients with one or more BPSD Serious negative consequences of untreated behaviors Tools to systematically assess the presence and severity of symptoms

Investigation of multiple contributing factors Interdisciplinary creation and evaluation of a

#### **OBJECTIVES**

- Differentiate cognitive impairment, dementias, neurocognitive disorders and their unique symptoms and trajectories.
- 2. Review new DSM-5™ changes and updated research on neurocognitive disorders.
- 3. Evaluate the current status of dementia research, including new risks, causes and prevention of Alzheimer's disease.
- 4. Summarize screening tools and diagnostic methods for neurocognitive disorders.
- Recognize the impact of neurocognitive disorders/ dementias on the individual, family, caregivers and healthcare providers.
- Develop a comprehensive interdisciplinary plan of care for the patient and family with neurocognitive disorders/ dementias.

Live Webcast Schedule - Both davs

8:00 Program begins

(Times listed in Fastern)

**11:50-1:00** Lunch Break

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).

Actual lunch and break start times are at the discretion of the speaker.

A more detailed schedule is available upon request.

#### **Interventions for Common Distressing Behaviors**

Agitation, anxiety and restlessness that lead to emotional distress and disability

Apathy that contributes to poor prognosis and increased mortality

Sexually inappropriate behaviors – one of the most distressing behaviors

Frustration of changing behaviors over time

#### **Best Practice for Unique Challenges**

Eliminate pain-inducing factors to diminish behaviors Nutrition and hydration challenges with disease progression

Sleep disorders and evidence-based management Depression and effective therapy Psychotic symptoms: Nonpharmacological and pharmacological interventions

#### **Ethical Issues**

Safety, function and autonomy Comfort and dignity Advance care planning Palliative care and hospice Genetic testing Disclosure of diagnosis

#### Patient/Family Needs Across the Disease Trajectory

Professional and family caregivers Community Resources

**Case Studies and Clinical Stories** 

7. Synthesize evidence-based interventions for behavioral and psychological symptoms of dementia.

8. Discuss pharmacologic therapy for neurocognitive disorders/ dementias, delirium and depression.

- Summarize clinical updates on delirium from prevention and early recognition to effective management.
- Examine ethical issues related to neurocognitive disorders including capacity, safety, diagnosis disclosure, palliative and end of life care.
- Improve quality of life and outcomes of care for patients and families with neurocognitive disorders/ dementias.
- 12. Analyze case studies of complex patients with neurocognitive disorders/ dementias.

**Target Audience:** Nurses, Nurse Practitioners, Physician Assistants, PTs and PTAs, OTs and OTAs. SLPs, Social Workers, Nursing Home Administrators, Mental Health Professionals from Hospitals, Skilled Nursing Facilities, Clinics, Assisted Living Facilities.. Anyone desiring next-level skills to proactively assess and intervene for patients with neurocognitive disorders!



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2-DAY

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LIVE WEBCAST
Monday, July 20 & Tuesday, July 21, 2020

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Dementia can create daunting challenges to patients, families and the healthcare team. Do you feel prepared to manage and anticipate the complex patient needs? Have there been times in the past that you wished you had been able to do more when you witnessed the frustrations, the fears, the behaviors...?

Catherine Wollman, DNP, CRNP, GNP-BC, is excited to share with you the proven best practices. The combination of evidence, ingenuity and compassion forge the way to address what can feel like a hopeless situation for the patients and loved ones you're responsible for. Heartwarming stories will be shared to reinforce important take away's that can be immediately applied to benefit your own practice.

Demonstrate your expertise caring for this patient population as you earn your certification as a Certified Dementia Care Specialist through the International Association of Aging Specialists. In just two days, you will meet the educational hours to qualify for this respected certification (visit agingcert.com for details).

Sign up today! You will leave equipped with new clinical insights and critical thinking skills so that you won't need to feel uncertain anymore!

#### SPEAKER BIO

#### M. Catherine Wollman, DNP, CRNP, GNP-BC, has been a

gerontological nurse practitioner for over 30 years, caring for older adults in acute care, longterm care and home care. Catherine provides geriatric consultation services. Her expertise is often sought for the care of particularly challenging dementia cases. She worked as the director of senior health for a large hospital system offering a full spectrum of services, including comprehensive interdisciplinary dementia care. Catherine has travelled the country, offering her clinical expertise through various trainings to experienced healthcare audiences. Additionally, she has published articles and book chapters about relevant issues affecting older adults.

Speaker Disclosures:

Financial: M. Catherine Wollman is a visiting professor with Chamberlain College of Nursing. She receives a speaking honorarium from PESI, Inc.

Non-financial: M. Catherine Wollman is a member of the Gerontological Advanced Practice Nurses Association.



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## Board of the American

This course is offered for 1.25 ASHA CEUs (Intermediate level, Professional area \*\* Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like

their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program PESI, Inc., #1062, is approved to offer social work continuing

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