Outline

Cultural Competencies in Mental Health

Client-centered approach to cultural competence Trends in cultural identity development

Acknowledge cultural differences: terms of reference, racism and stereotypes

Improve client rapport

- Make cultural connections
- Acquire knowledge & skills
- View behavior within a cultural context Exercise: Cultural Self-Assessment

Ethics & the DSM-5®: New Guidelines for the Integration of Cultural Competencies

Cross-cultural variations in presentations Cultural genograms

Assessments and diagnostic protocols DSM-5® Cultural Formulation

Ethical standards for culturally competent practice

- Cultural perspectives on therapeutic authority
- Referring without abandoning
- Effective self-disclosure
- Advocacy and social justice

Exercise: Cultural Formulation Interview

Overcome Dilemmas in Practice

Working with limited English proficiency and bi/ multilingual clients

When to use an interpreter

Strategies for working with cultural transference and counter transference

Avoiding and addressing unintentional cultural offenses toward clients

Empathizing with victims as well as accused perpetrators of social injustice

> Visit our FAQ page at www.pesi.com/faq or contact us at www.pesi.com/info

Interventions & Strategies for Specific **Populations**

Understand client experiences of sexual identity and gender fluidity

Strategies for supporting clients when therapist's and client's religious beliefs conflict

Methods for building rapport with clients with various disabilities

Adapting therapeutic style to client's cultural presentation

Case Examples: Cultural experiences therapists often misunderstand

Overcome Limitations of the Research & **Potential Risks**

Limited empirical models

Lack of professional awareness & confidence Changing cultural values, needs & expressions Incomplete scope: clients, counselors, supervisors, colleagues & community

Live Webcast Schedule (Times listed in Eastern) **8:00** Program begins 11:50-1:00 Lunch Break **4:00** Program ends There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speake A more detailed schedule is available upon request

Target Audience: Counselors • Social Workers Psychologists • Case Managers • Addiction Counselors Therapists • Marriage & Family Therapists • Psychiatrists Other Mental Health Professionals • Nurses

Objectives

- 1. Implement the DSM-5° criteria and cultural formulation interview to accurately assess for cultural influences as it relates to diagnosis.
- 2. Recognize biases to improve clinical strategies, rapport, and engagement with a variety of clients.
- 3. Develop a deep understanding of the impact of varying cultural group experiences to enhance empathy in session.
- 4. Establish ethical standards for a culturally competent practice related therapeutic authority and
- 5. Utilize clinical strategies to address unintentional cultural offenses towards clients to increase treatment effectiveness.
- 6. Apply skills to overcome cultural barriers such as language, religion and different belief systems to improve session outcomes.



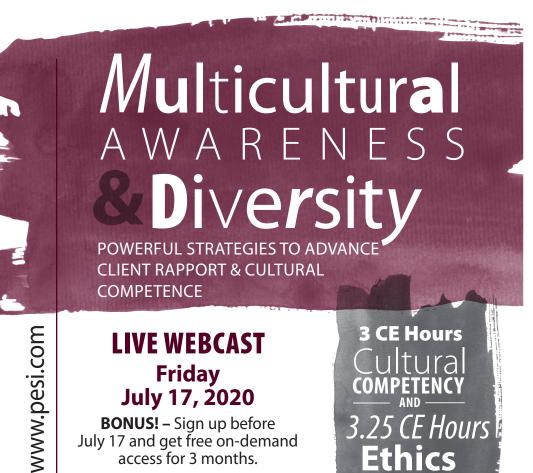


Train Your Whole Organization

Purchase one full-price registration



Train UNLIMITED additional attendees for only \$49.99 each!



Friday July 17, 2020

*PESI

BONUS! – Sign up before July 17 and get free on-demand access for 3 months.

COMPETENCY 3.25 CE Hours **Ethics**

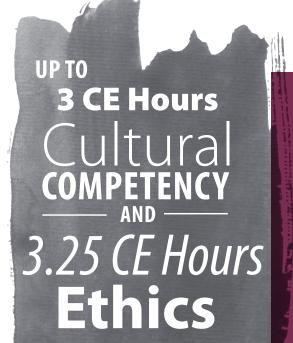
REGISTER NOW: pesi.com/webcast/83432



Featuring

Lambers Fisher, MS, LMFT, MDIV

- Strategies to improve rapport with diverse clients
- Case studies and experiential exercises
- Adapt treatment for specific groups



LIVE WEBCAST **Friday July 17, 2020**

A CONTRACTOR OF THE PROPERTY OF THE PARTY OF

BONUS! – Sign up before July 17 and get free on-demand access for 3 months.



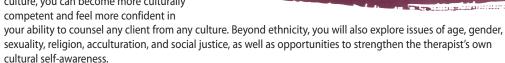
REGISTER NOW: pesi.com/webcast/83432

A Non-Profit Organization Connecting Knowledge with Need Since 1979

Too often, therapists feel paralyzed by the fear that they don't know enough about other cultures to try to counsel clients different than themselves.

Attend this workshop and reduce those fears by increasing your understanding of cultural experiences with which you are not personally or professionally familiar.

Without learning multiple languages or becoming an expert on every possible culture, you can become more culturally



Join Lambers Fisher, MS, LMFT, MDIV, for this adventure into the world of cultural competency. Take away immediately applicable and practical strategies to:

- · Improve assessment
- Avoid ethical dilemmas
- Overcome fears
- Reduce unintentional cultural offense
- Build significant therapeutic rapport
- Help clients of any cultural background make meaningful change in their lives

You may just want to attend this seminar to receive 3 hours of cultural competency and 3 hours of ethics. You will leave with so much more! This highly engaging and encouraging seminar will challenge you to learn more about other cultures, accept what you do not yet know in the process, and utilize therapeutic strategies that can help you be effective along the journey toward becoming an increasingly culturally competent therapist.

Gain a reputation for being the premier therapist in your community for working with diverse clients!

Speaker

Lambers Fisher, MS, LMFT, MDIV, is a marriage and family therapist who has counseled individuals,



couples, and families from a variety of cultural backgrounds, in private practice, non-profit organization, as well as ministry environments. He has a strong desire to help counseling professionals in various fields feel more comfortable, competent and confident in their ability meet the needs of whomever they have the opportunity to serve. Lambers' training experience includes facilitating workshops, quest lecturing, as well as being an adjunct instructor at Crown College on various aspects of diversity in counseling. Lambers supervises aspiring therapists as a board approved supervisor for the Minnesota Board of Marriage & Family Therapists as well as the Minnesota Board of Behavioral Health. Currently, Lambers is a therapist in private practice where he effectively

balances personal and professional experiences to provide unique and practical perspectives on a variety of culturally sensitive topics. He obtained a Master of Science in Marriage & Family Therapy as well as a Master of Divinity from Fuller Theological Seminary in Pasadena, CA.

Financial: Lambers Fisher has an employment relationship with Restorations for Life Counseling. He receives a speaking honorarium from PESI, Inc.

Non-financial: Lambers Fisher is a member of the American Association of Marriage and Family Therapists. Association of America.



Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another live webcast, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

Digital Seminar or DVD: You can purchase a self-study package on the subject and you and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. If purchasing the digital format, you will receive an emailed order confirmation which contains your login instructions to access the recorded seminar, electronic handouts and online post-test. Order today by using the order form on this brochure or by calling 800-844-8260.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Kay Friske at kfriske@pesi.com or call 715-855-6362.



Online Learning Made Easy!

Join us on July 17, 2020, for this live, interactive webcast!

Connect, collaborate and learn with our online seminars! It's easy, webcasts provide everything you need for an online educational experience including real-time video and audio, view slides on your computer screen, and the ability to ask your questions. Seminar materials are available for download. Bonus, registration includes 3 month access to the on-demand seminar for you to watch again!

Watch and participate in real time

- One CE Certificate is included
- **BONUS!** Receive free on-demand access for 3 months with registration!

It's easy and convenient!

Register now! pesi.com/webcast/83432

Train your whole organization

Purchase one full-price registration → train unlimited additional attendees for only \$49.99 each

CE CREDIT AVAILABLE FOR WEBCAST - UP TO 6.25 HOURS!

This continuing education activity is designed to meet state board requirements for the following professionals. For specific credit approvals and details, visit pesi.com/webcast/83432

Addiction Counselors: AK, AL, AR, AZ, CO, DE, FL, GA, IA, ID, IN, KS, KY, LA, MA, MD, ME, MI, MN, MS, MT, NC, ND, NE, NH, NJ, NM, NV, OK, OR, RI, SC, SD, TN, TX, UT, VA, VT, WA,

Counselors: AK, AL, AZ, CA, CO, CT, DE, FL, HI, IA, IL, IN, KS, MD, ME, MI, MO, MT, NC, NE, NJ, NV, NY, OH, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY

Marriage and Family Therapists: AK, AL, AR, AZ, CA, CO, DE, FL, IA, IL, IN, KS, MD, ME, MI, MO, MT, NC, NE, NH, NJ, NM, NV, NY, OH, OR, PA, RI, SC, SD, TN, TX, UT, VA, WY

Psychiatrists: All States

Psychologists: AK, AR, AZ, CA, CO, CT, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, MD, ME, MI, MO, MS, MT, NC (Category B), NE, NJ, NM, NV, NY, OH, OK, OR, PA, SC (Category B), SD, TN, TX, UT, VA, WA, WI, WV

Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, LA, MA, MD, ME, MI, MN, MS, MT, NC, ND, NE, NH, NM, NV, NY, OH, OK, OR, PA, SD, TN, TX, UT, VA, VT, WA, WI, WY

For specific credit approvals and details, visit pesi.com/webcast/83432

For credit inquiries or questions on home study credit availability. please contact cepesi@pesi.com or 800-844-8260 before the event.

National Approvals

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded after completing the webcast and passing the online nost-test evaluation (80% passing score). Additional participants can receive a CE certificate by adding a post-test evaluation to their account for \$49.99. See schedule for full attendance start/end times (no credit for breaks or lunch).

Ethics & Cultural Competency: This seminar includes 3.25 hours of General ethics and 3.0 hours of cultural competency instruction. No more than 6.25 total CE hours may be awarded for this activity. If ethics is not specified within your licensing board's approval statement below, please contact your board to mine the applicability and amount of ethics allowed.

This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.25 CE in the Counseling Services skill group NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded



PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for



PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation Nurses in full attendance will earn 6.25 contact hours.

Social Workers: PESI, Inc., #1062, is approved to offer social Social Workers: PESI, IRC., # 1002, IS approved Continuing Education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit PESI, Inc. maintains responsibility for this course, ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 3.25 Ethics and 3.0 Cultural Competency continuing education credits. No more than 6.25 total CE hours may be awarded for this activity. Course Level: Intermediate, Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Social Workers (NASW): This activity is pending approval from the National Association of Social Workers.

*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of the control incompliance with and in compliance with your professions standards. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

REGISTRATION FORM

MULTICULTURAL AWARENESS & DIVERSITY: POWERFUL STRATEGIES TO ADVANCE CLIENT RAPPORT & CULTURAL COMPETENCE

<u>SAVE TIME!</u> Express Register Online: pesi.com/webcast/834						
Please complete entire form if sending by mail please print le	egibly	©2020 G Bat Cat				
*Email address*Email required to receive registration confirmation, CE certificate, and/or	digital product.					
Name	Profession					
Billing Address						
Company Name (if work address):						
CityCounty	State	Zip				
*Cell Ph () Work Ph ()						
Pick Your Training (make copy for your records) Live Webcast • July 17, 2020 PWZ83431 \$219.99 tuition* 8am Eastern time Includes: Real-time Q&A with Speaker Live CE Certificate Downloadable Manual	needs; please of seminar date. QUESTIONS Visit pesi.com/f OTHER WAY: Fax: 800-! Mail: PESI, PO B	appy to accommodate your all at least two weeks prior aq or contact us at pesi.co S TO REGISTER 554-9775 Inc. ox 1000 Claire, WI 54702-1000				
FREE BONUS: Replay On-demand Access for 90 Days Afterwards	Online: pesi. By placing this orde exclusive offers and	com/webcast/83432 rr you agree to continue to receive resources from the best profession				
Digital Seminar POS048760 \$219.99** Includes: Self-study CE Certificate Lifetime On-demand Access Downloadable Manual	pesi.com/privacy fo	ed in our (PESI) privacy policy. Plear r more information. Total 6.6.95 (DVD only) Subtotal				
DVD RNV048760 \$219.99***		Tax				
Includes: Self-study CE Certificate Lifetime Access Downloadable Manual	**For digital sem AR, CO, CT, DC, HI NM, NY, NC, OH, I ***For DVD orde DE, MT, NH, OR CE hours and app	ndd applicable tax in HI, NM ninars, add applicable tax in AL, J. IN, IA, ID, KY, LA, ME, MN, MS, PA, SD, TN, TX, UT, VT, WA, WI, W rs, add applicable tax except in. orovals on products may differ fr				
3 Select Payment Method	live CE approvals Additional CE pa	rticipant prices may vary.				

All registrations must be prepaid.

☐ Check enclosed payable to PESI, Inc.								
☐ Purchase order enclosed (Fed ID # 26-3896894)								
MC MC	☐ VISA 13-16 digits	AE 15 digits	☐ Discover Novus					

	13-16 digits		16 digits	
Card #				
Card Exp.			CVV#*:	
Signature	<u>-</u>			
(*MC/VISA/Dis	cover: last 3-digit # o	on signature par	nel on back of card.) (*American Express: 4-digit # above account # on f	face of card