#### **Medical and Mental Health Conditions Treated with Marijuana and Cannabis**

Chronic pain

Cancer PTSD

Other medical and mental health conditions

#### **Do Cannabinoids Help or Harm** My Patient?

Forms of ingestion

How the drug functions in the body Differentiate between different

cannabinoids

Therapeutic benefits Studies on health and psychiatric effects

#### **Medication Interactions You Need to Know**

Warfarin

Theophylline

Clobazam

**Valproate** 

#### **Side Effects and Safety Risks** of THC and CBD

Respiratory and cardiovascular risks Immune system impacts Influences on cognitive functioning Reproductive effects

#### **How to Differentiate between** Medical, Recreational and **Problematic Use**

#### Legal and Ethical Considerations

Differences in state programs Effects of individual state laws Recreational/adult use programs Mandated reporting

#### **Live Webcast Schedule** (Times listed in Central)

**8:00** Program begins

11:50-1:00 Lunch Break **4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.



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#### OBJECTIVES.

- 1 Investigate the effects of cannabis on the body and brain and determine how these effects can impact symptomology of medical and mental health conditions.
- 2 Differentiate between different cannabinoids and identify 2 cannabinoids known to be psychologically active.
- **3** Determine what cannabis products patients use for various medical and mental health conditions.
- **4** Evaluate possible interactions between cannabinoids and commonly prescribed medications to ensure patient safety.
- 5 Determine the therapeutic benefits, side effects and safety risks of THC and CBD use.
- 6 Differentiate between medical, recreational, and dependent or problematic marijuana use.



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# Medical and Recreational Marijuana

for Illinois Mental Health and Healthcare Professionals:

Answers to Your Biggest Questions

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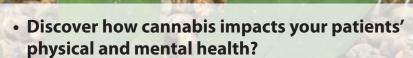
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# Medical and Recreational Marijuana

for Illinois Mental Health and **Healthcare Professionals:** 

Answers to Your Biggest Questions

Legalized marijuana for both medicinal and recreational use is new to Illinois. This significant change means that you will care for patients who use cannabis!



- Drug interactions and side effects you need to know
- How to differentiate between medical, recreational and problematic use
- Legal and ethical issues to watch out for

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### Medical and Recreational Marijuana for Illinois Mental Health and Healthcare Professionals:

#### Answers to Your Biggest Questions

Legalized marijuana for both medicinal and recreational use is new to Illinois. And this significant change means that you will care for patients who use cannabis!

#### But you have more questions than answers...

- How does cannabis impact my patients' physical and mental health?
- What potential drug interactions and side effects do I need to be aware of?
- How do I differentiate between medical, recreational and problematic use?
- Are there any legal or ethical issues I need to watch out for?
- How do I make sure I'm prepared to answer patients' questions about cannabis?

Whether you're a social worker, psychologist, nurse, counselor, physician or anyone working with patients in the healthcare or mental health fields, this webcast is exactly what you need to make sure you're prepared to safely and effectively work with patients who use marijuana and cannabis products.

Stop searching Cannabis websites with questionable information and outdated research and get the training you need from a source you trust!

Sign up today!

#### SPEAKER BIO.

**David Aronson, LCSW,** practices in an outpatient setting with Integrative Health Center of Maine where he specializes in helping clients with chronic illnesses. In his work with the chronically ill, David was routinely asked questions about cannabis use which led him to research the subject in-depth so he could better understand the impacts of cannabis use on his patients' and provide them with better information and answers.

Since 2017 he has trained thousands of healthcare and mental health professionals throughout the country about cannabis so they too can better understand the impacts of cannabis use on their patients' mental and physical health and ensure they are up to date on the legal and ethical issues that might affect their work. David has also been invited to appear at the Ohio State University's Addiction Studies Institute, the largest Midwest addiction studies conference.

David has been practicing psychotherapy since 2009 and is highly experienced in evaluation and level of care assessment. He earned his Master of Social Work degree from the University of New England.

Speaker Disclosures:

Financial: David Aronson maintains a private practice. Mr. Aronson receives a speaking honorarium from PESI, Inc Non-financial: David Aronson has no relevant non-financial relationship to disclose



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TARGET AUDIENCE: Social Workers • Counselors • Psychologists • Psychotherapists • Marriage & Family Therapists Addiction Counselors • Nurses • Case Managers • Physicians • Physician Assistants • Other Mental Health and Healthcare Professionals

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Credits listed below are for full attendance at the live webcast only. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$99.99 USD per participant. Please see "live webcast schedule" for full attendance start and end times. NOTE Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

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**Addiction Counselors:** This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be

Illinois Addiction Counselors: This course has been submitted to the

**Counselors:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requ

Illinois Counselors: CE credit is available. This course consists of 6.0 continuing education clock hours for Illinois Counselors. The Illinois Division of Professional Regulation, Administrative Code Section 1375.220(c), confirms acceptance of continuing education programs relevant to counseling that are provided by a Social Work Continuing Education Sponsor approved by the Division. PESI, Inc is an approved provider with the State of Illinois Department of Financial and Professional Regulation, Division of Professional Regulation. License #: 159-000154. Full attendance at this course qualifies for 6.0 contact hours

Marriage & Family Therapists: This activity consists of 380 minutes of uing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Illinois Marriage & Family Therapists: PESI, Inc. has been approved as a

provider of continuing education by the State of Illinois, Department of Financial and Professional Regulation, Division of Professional Regulation. Provider #: 168-000156. Full attendance at this course qualifies for 6.0 credits. Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI,

Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on

Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance

Illinois Psvchologists: CE credit is available. PESI, Inc is an approved provider with the State of Illinois, Department of Financial and Professiona Regulation, Division of Professional Regulation, License #: 268,000102, Full attendance at this course qualifies for 6.0 contact hours.

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 5.25 Clinical Practice and 1.0 Ethics continuing education credits. No more than 6.25 total CE hours may be awarded for this activity. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Illinois Social Workers: PESI, Inc is an approved provider with the State of Illinois, Department of Financial and Professional Regulation, Division of Professional Regulation. License #: 159-000154. Full attendance at this course qualifies for 6.0 contact hours.

Other Professions: This activity qualifies for 380 minutes of instructional ontent as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion and contact your own board or organization for specific

# Medical and Recreational Marijuana

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**Answers to Your Biggest Questions** 

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