

Outline

Ethical and moral principles regarding boundary setting

- Levels of ethical practice
- Ethical decision making

The need for boundaries in a clinical/private practice setting

- What is needed in a sound informed consent
- Boundary crossing and the necessity of dual relationships
- What healthy boundaries look like
- Boundary tips

Technology and boundary setting

- Keeping clients safe as you prepare for the use of telemental health
- Social media myths and boundary setting
- Marketing and boundary setting
- Challenges business owners face in setting solid business enhancing boundaries
- Client retention: When to refer and to whom

Ethical financial dilemmas and boundary setting

- Addressing money: Relationship with money and money beliefs
- The importance of ethical fee setting
- Knowing your WHY and business planning

How counselor impairment impacts the therapeutic relationship

- Boundary setting in self-care
- Critical stress factors clinicians face
- Self-confidence and using the word NO to set boundaries
- How burnout, vicarious trauma and compassion fatigue impacts the therapeutic relationship

Explore positive outcomes in private-practice/clinical work

- Benefits of boundary setting to the clinician, client, community and the profession

Live Seminar & Webcast Schedule: (times listed in Eastern)

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Target Audience:

Counselors • Psychologists • Psychiatrists • Social Workers • Psychotherapists • Addiction Counselors • Therapists • Marriage & Family Therapists • Case Managers • Other Mental Health Professionals • Nurses

Objectives

1. Establish how the ACA Code of Ethics applies to boundary setting in private practice/clinical practice.
2. Consider ethical dilemmas clinicians face surrounding boundary setting with respect to utilizing technology with clients in clinical practice.
3. Articulate the financial burdens clinicians experience that could cause ethical dilemmas in clinical practice.
4. Establish ethical practices to ensure client safety, maintain confidentiality and obtain informed consent when utilizing telemental health services.
5. Determine how counselor impairment influences the therapeutic relationship and identify ethical strategies to minimize the potential impact on the client.
6. Establish clear ethical guidelines to address the potential for a dual relationship with a client in a clinical setting.

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Boundary Setting in Clinical Practice

The Best Ethical Practices

HAGERSTOWN, MD
Wednesday, June 24, 2020

FAIRFAX, VA
Friday, June 26, 2020

ROCKVILLE, MD
Thursday, June 25, 2020

LIVE VIDEO WEBCAST
Friday, June 26, 2020

Boundary Setting in Clinical Practice

The Best Ethical Practices

- Resolve boundary conflicts and ethical dilemmas in business and with clients
- The importance of utilizing the word NO
- Social Media myths and boundary setting
- Learn and develop skills for boundary setting around self-care

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HAGERSTOWN, MD
Wednesday, June 24, 2020

FAIRFAX, VA
Friday, June 26, 2020

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Boundary Setting in Clinical Practice

Are you having trouble saying “No” to clients?
Do you struggle with establishing and maintaining healthy boundaries?
Do you avoid setting boundaries for fear of losing a client?

As clinicians we come face to face with “gray areas” on a daily basis and skate around potential issues that could put our businesses, clinical work or clients in jeopardy. We struggle with setting boundaries personally and professionally and it ultimately has a negative impact on the clients we serve.

Talisa Beasley, MA, LPC, will use activities, vignettes and practical business experience to discuss the boundary issues and dilemmas that exist (and are often overlooked and swept aside) that could impact your business, your bottom line and your clients. Develop the confidence needed to address complex boundaries issues in clinical practice.

Speaker

Talisa Beasley, MA, LPC, is a Licensed Professional Counselor, Certified Marriage and Family Therapist, and a Gottman certified facilitator. With over 25 years of experience working in the area of crisis management in public health as well as extensive training in the area of family violence intervention, substance abuse, and suicide prevention, Talisa specializes on helping clients overcome their struggle with depression and anxiety. Talisa is the owner of a busy private practice in the Atlanta area and teaches as an adjunct professor in the human services department at Shorter College. She also consults for nationwide businesses in the area of Leadership.

Talisa Beasley, LPC received a Masters of Arts Degree in professional counseling & certificate in marriage & family from Argosy University as well as receiving her Bachelors of Administration with a business management specialty from Mercer University. Talisa is a standing member of *Chi-Sigma Iota* and is a well sought after speaker on women’s issues. Talisa has co-authored two books in this area.

Speaker Disclosure:
Financial: Talisa Beasley maintains a private practice. She receives a speaking honorarium from PESI, Inc.
Non-financial: Talisa Beasley is a member of the National Board of Certified Counselors; and the American Counselors Association.



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Have a seminar idea? A manuscript to publish? The nation’s top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Josh Lindblad at jlindblad@pesi.com or call 715-855-5234.



PESI Inc. is proud to offer this seminar (at these locations only) **free of charge** (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

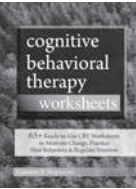
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Soothe
Your Mind-Body-Spirit Guide for Dealing with Crappy Emotions

By Heidi Kopacek

In *Soothe: Your Mind-Body-Spirit Guide for Dealing with Crappy Emotions*, clinical psychologist and basically your new best friend, Dr. Heidi Kopacek, gives you a holistic approach to de-frazzling from 21st century stress and negativity.



Cognitive Behavioral Therapy Worksheets
65+ Ready-to-Use CBT Worksheets to Motivate Change, Practice New Behaviors & Regulate Emotion

By Lawrence E. Shapiro, Ph.D.

65+ Ready-to-Use CBT worksheets that you can reproduce and use immediately with your clients. With step-by-step directions and therapeutic explanations for each worksheet, these simple, yet effective tools give clients more clarity, meaning, and beneficial feedback, plus tracks progress in a concrete way. Help clients get the most out of therapy by adapting these tools to their specific needs, symptoms, and goals.

Live Webcast Details and Live Webcast Continuing Education Credit Information

Join us on June 26, 2020, for this live, interactive webcast!

Invite your entire office and, like a live seminar, “attend” the webcast at its scheduled time. It’s easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$49.99 USD per participant. Please see “live seminar schedule” for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: www.pesi.com/webcast/81669

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, “Evaluation and Certificate” within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see “LIVE SEMINAR SCHEDULE” on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession’s standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Ethics: This seminar includes 6.25 hours of general ethics instruction. If ethics is not specified within your licensing board’s approval statement below, please contact your board to determine the applicability and amount of ethics allowed.

Addition Counselors: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Legal, Ethical, & Professional Development skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

District of Columbia (DC) Counselors: CE credit is available. This course consists of 7.5 continuing education clock hours for DC Counselors. The District of Columbia Municipal Regulations for Professional Counseling (S.6612.3) confirm acceptance of continuing education programs relevant to counseling by organizations that have been approved by a counseling board in another state. PESI, Inc. is recognized by the New York State Education Department’s (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Mental Health Counselors. #MH-C-0033. This activity will qualify for 7.5 contact hours.

Maryland Counselors: CE credit is available. This course is approved for 6.0 clock hours of continuing education instruction for Maryland Counselors. The Maryland Board of Professional Counselors recognizes courses and providers that are approved by NAADAC. A certificate of attendance will be awarded at the end of the program to counselors who complete the program evaluation, to submit to their state board. This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Legal, Ethical, & Professional Development skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming.

Pennsylvania Counselors: CE credit is available. This intermediate activity consists of 6.25 hours ethics, 0 hours in continuing education instruction in child abuse recognition and reporting (ACT 31), and 0 hour in continuing education instruction in the assessment, treatment and management of suicide risks (ACT 74). The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at <https://www.dos.pa.gov/ProfessionalLicensing/Boards/Commissions/>. No more than 6.25 total CE hours may be awarded for this activity.

Virginia Counselors: CE credit is available. This course is approved for 6.0 clock hours of continuing competency instruction for Virginia Counselors. The Virginia Board of Counseling recognizes continuing competency activities in the behavioral health field offered by organizations that are approved by NAADAC (18VAC115-20-105). This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Legal, Ethical, & Professional Development skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming.

West Virginia Counselors: This course has been submitted to the board. Credit is pending.

Marriage & Family Therapists: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Pennsylvania Marriage & Family Therapists: CE credit is available. This intermediate activity consists of 6.25 hours ethics, 0 hours in continuing education instruction in child abuse recognition and reporting (ACT 31), and 0 hour in continuing education instruction in the assessment, treatment and management of suicide risks (ACT 74). The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at <https://www.dos.pa.gov/ProfessionalLicensing/Boards/Commissions/>. No more than 6.25 total CE hours may be awarded for this activity.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

Psychologists & Psychiatrists:

Psychiatrists

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists

The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACE provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 6.0 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

Kentucky Psychologists: CE credit is available. PESI, Inc. is approved by the Kentucky Board of Examiners of Psychology to offer continuing education for psychologists. PESI maintains responsibility for this program and its content. This activity will qualify for 6.25 contact hours.

Maryland Psychologists: CE credit is available. This course consists of 6.0 continuing education credit hours for Maryland Psychologists.

Pursuant to COMAR 10.36.02, the Maryland Board of Examiners of Psychologists accepts continuing education programs relevant to psychology from providers approved by the American Medical Association (AMA). This program is certified for a maximum of 6.0 AMA PRA Category 1 Credits™ by PESI as an accredited ACE provider authorized to award credit by the AMA. PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Ohio Psychologists: PESI, Inc. is approved by the Ohio Psychological Association, Provider #263896894, to sponsor continuing education for psychologists. PESI, Inc. maintains responsibility for this program and its content. PESI is offering this activity for 6.25 standard hours and 6.25 ethics hours of continuing education credit.

Pennsylvania Psychologists: CE credit is available. This intermediate activity consists of hours ethics, hours in continuing education instruction in child abuse recognition and reporting (ACT 31), and hour in continuing education instruction in the assessment, treatment and management of suicide risks (ACT 74). PESI, Inc. is approved by the Pennsylvania State Board of Psychology to offer continuing education for psychologists. Provider #PSY000211. PESI maintains responsibility for the program(s). This program qualifies for 6.25 total continuing education hours.

Virginia Psychologists: CE credit is available. This course consists of 6.25 continuing education credit hours for Virginia Psychologists.

The Virginia Board of Psychology (S.18VAC125-20-122) confirms acceptance of programs by any continuing education provider approved by a psychological association or psychology board in another state or jurisdiction. PESI, Inc. is approved by the Kentucky Board of Examiners of Psychology to offer continuing education for psychologists. PESI maintains responsibility for this program and its content.

West Virginia Psychologists: CE credit is available. This course consists of 6.25 continuing education credit hours for West Virginia Psychologists.

The West Virginia Board of Examiners of Psychologists’ Guidelines for Continuing Education confirm acceptance of continuing education programs from CE providers who are approved through NASP or State Boards or Associations of Psychologists. PESI, Inc. is approved by the Ohio Psychological Association, Provider #263896894, to sponsor continuing education for psychologists. PESI, Inc. maintains responsibility for this program and its content.

Social Workers: PESI, Inc. #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Pennsylvania Social Workers: CE credit is available. This intermediate activity consists of 6.25 hours ethics, 0 hours in continuing education instruction in child abuse recognition and reporting (ACT 31), and 0 hour in continuing education instruction in the assessment, treatment and management of suicide risks (ACT 74). The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at <https://www.dos.pa.gov/ProfessionalLicensing/Boards/Commissions/>. No more than 6.25 total CE hours may be awarded for this activity.

West Virginia Social Workers: The West Virginia Board of Social Work Examiners can only approve programs held in the state of West Virginia. This course does not qualify for West Virginia social work credits. You will still receive a certificate of completion at the end of the seminar to retain for your records.

Other Professions: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



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ADA NEEDS

We would be happy to accommodate your ADA needs; please email info@pesi.com or call 1-800-844-8260 at least two weeks prior to the seminar date.

SAME DAY REGISTRATION

Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

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Advance registration required. Cannot be combined with other discounts.

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• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: **www.pesi.com/coord** for availability and job description, first come, first serve.

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