

Outline

Executive Functions (EF) Overview

The neuropsychology of Executive Functions
Levels, domains of functioning, arenas of involvement

A closer look at the self-regulation level:
7 clusters encompassing 33 functions

EF development over time

EFs, DSM-5® diagnoses, educational classifications

Limitations of the research and potential risks

Develop an Intervention Plan: Assessment of EF Strengths and Weaknesses

A multidimensional model to guide assessment

Norm referenced tests, rating scales and diagnostic interviewing

Assessing the impact of EF difficulties on academic learning and production

Learning difficulties versus producing difficulties

EF-driven Functional Behavior Assessment

Strategies for EF Development and EF Difficulties

Create an environment for positive change

Develop and use growth mindsets

The EF intervention continuum

Orienting strategies that focus on goals and outcomes

External strategies for modifying behavior:
Cueing, prompting and thinking aloud

Bridging strategies from externally controlled to internally self-regulated

Internally self-regulated strategies: Strengthen independent functioning

Evidence-Based Programs and Resources to Foster Growth

Develop EFs in pre-school and kindergarten

Problem-solving models and programs

Cognitive strategy instruction and cognitive behavior therapy

Technology-based approaches

Mindfulness techniques and EF growth

Learning Outcomes

1. Analyze a comprehensive neuropsychological model of executive functions as it relates to clinical treatment.
2. Communicate how executive function difficulties are manifested in individuals diagnosed with various psychological disorders and/or enrolled in special education programs as it pertains to assessment and treatment planning.
3. Apply effective assessment techniques based on a multidimensional framework to determine executive function strengths and weaknesses and to target specific intervention needs.
4. Recommend strategies that are appropriate for fostering executive function development and/or for intervening when executive function difficulties are identified.
5. Implement strategies that bridge the gap between "external control" and "internal self-regulation".
6. Summarize how mindfulness, CBT and other evidence-based programs that foster executive function development and/or remediate difficulties.

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (*on your own*)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Target Audience: Counselors • Social Workers • Psychologists
Psychotherapists • Addiction Counselors • Marriage and Family Therapists
Speech-Language Pathologists • Teachers • School Guidance Counselors
School Psychologists • School Social Workers • Educational Paraprofessionals
Occupational Therapists & Occupational Therapy Assistants
Case Managers • Nurses • School Administrators
Other Helping Professionals who Work with Children

Questions?

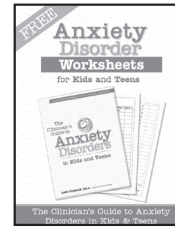
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IMPROVE EXECUTIVE FUNCTIONS

Evidence-Based Strategies to Change Behavior
Featuring **George McCloskey, Ph.D.**

Tarrytown, NY
Wednesday, June 17, 2020

Melville, NY
Thursday, June 18, 2020

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IMPROVE EXECUTIVE FUNCTIONS

Evidence-Based Strategies to Change Behavior

Proven Interventions to ...

Get organized
Resist impulses
Stay focused
Use time wisely

Plan ahead
Manage emotions
Persist with tasks
Improve memory

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Improve Executive Functions

Executive Function (EF) skills form the foundation of success for people of all ages. But individuals with ADHD, Autism, OCD and other conditions have significant EF deficits – failing to thrive at school, work, home and in their most important relationships.

Your work with individuals struggling with EF issues is some of your most rewarding – yet it's often the work that leaves you the most frustrated and exhausted. Forgotten appointments, unfinished homework, distractibility, procrastination and difficulties organizing thoughts present formidable obstacles to making progress in school or therapy. And the strategies that work so well for other conditions seem to fall short when an EF deficit is present.

Attend this seminar and get the targeted skills and tools you need to cultivate lasting change and transform the lives of those who struggle with executive deficits - the chronically lost, late and unprepared!

Join George McCloskey, Ph.D., the internationally renowned creator of the McCloskey Executive Functions Scale (MEFS) for this incredible one day event. An author, researcher, and clinician with more than 20 years of groundbreaking work with Executive Functions, Dr. McCloskey will teach you how to develop customized interventions that can be used with students or clients across multiple settings from the private practice office to the classroom. Practical and easy to apply, Dr. McCloskey's strategies will help those you serve develop critical time/task management, personal organization, & planning skills, empowering them to elevate their academic and employment performance, relationships, physical & mental health, and more!

Sign up today, whether you're a counselor, teacher, OT, SLP or social worker you'll leave this seminar feeling confident in your ability to end the chaos and dramatically improve the lives of those you work with!

Speaker



George McCloskey, Ph.D., is a Professor and Director of School Psychology Research in the Psychology Department of the Philadelphia College of Osteopathic Medicine and holds Diplomate status with the American Academy of Pediatric Neuropsychology. He frequently presents at international, national, regional and state meetings on cognitive and neuropsychological assessment and intervention topics. Dr. McCloskey has amassed over 35 years of experience in test development, teaching, research and assessment and intervention work with a wide range of clients. Based on the past 25 years of

his research and experience working specifically with children, adolescents and adults exhibiting executive function difficulties, Dr. McCloskey has developed a comprehensive model of executive functions that can be used to assess executive function strengths and difficulties and guide efforts to foster growth and intervene with difficulties. He consults with a number of school districts and private schools nationwide on issues related to improving students' self-regulation capacities in the classroom, behavior management, assessment and intervention for executive functions difficulties related to academic and behavior problems. Dr. McCloskey is the author of the *McCloskey Executive Functions Scales (MEFS)* and lead author of the books *Assessment and Intervention for Executive Function Difficulties* and *Essentials of Executive Functions Assessment* and his most recent writing on interventions for executive function and executive skills difficulties appears in Chapter 11 of the book *Essentials of Planning, Selecting, and Tailoring Interventions for Unique Learners*.

Speaker Disclosures:

Financial: George McCloskey has an employment relationship with the Philadelphia College of Osteopathic Medicine. He receives royalties as an author for Taylor & Francis, Wiley & Sons, and Schoolhouse Press. Dr. McCloskey receives a speaking honorarium from PESI, Inc.

Non-financial: George McCloskey has no relevant non-financial relationship to disclose.

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Assessment and Intervention for Executive Function Difficulties

By George McCloskey — Your Presenter!

McCloskey, Perkins, and Diviner provide a unique blend of theory, research, and practice that offers clinicians an overarching framework for the concept of executive functions (EFs) in educational settings. The conceptual model of executive functions is detailed, including their role in behavior, learning, and production across all settings. The heart of the book focus on the practical issues involved in the use of assessment tools, tests, report writing, and the implementation and follow-up of targeted interventions using the EF model.

Essentials of Executive Functions Assessment

By George McCloskey — Your Presenter!

Executive Function describes a set of mental processes that helps us connect past experience with present action, which is important for successful adaptation and performance in real-life situations. Written by a respected expert and presenter on executive functioning, Essentials of Executive Function Assessment equips mental health practitioners (school, clinical, developmental/pediatric, neuropsychologists, educational diagnosticians, and educational therapists) with all the information they need to administer, score, and interpret assessment instruments that test for executive function deficits associated with a number of psychiatric and developmental disorders.

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If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cespi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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EDUCATORS/TEACHERS: This activity qualifies for 380 minutes of instructional content as required by many national and state licensing boards and professional organizations. Save your course outline and certificate of completion and contact your own board or organization for specific requirements.

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Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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