## CERTIFIED CLINICAL TRAUMA PROFESSIONAL

## **Two-Day Trauma Competency Conference**

#### The successful resolution of traumatic stress can be simple.

Studies indicate that there are four key elements to effective trauma treatment. When you accomplish these four key elements in treatment with your clients, you will be able to reduce their symptoms and improve clinical outcomes.

Attend this conference and you will walk away with a step-by-step **four-stage framework** for navigating essential elements of trauma treatment with your traumatized clients.

The essential elements are common to all evidence-based trauma treatments, you will learn how you can integrate this framework with your current approach or methodology to make your trauma treatment even more effective!

This trauma competency training can **transform your clinical practice and help improve your trauma treatment outcomes**, just as it has for other clinicians around the world.

\*\*In addition, completion of this two-day conference meets the educational requirements when applying to become a Certified Clinical Trauma Professional (International Association of Trauma Professionals, www.traumapro.net)

## Meet Your Speaker

**Eric Gentry, Ph.D., LMHC,** is an internationally recognized leader in the field of disaster and clinical traumatology, having trained thousands of professionals and paraprofessionals worldwide in the treatment of traumatic stress. His doctorate is from Florida State University where he studied with Professor Charles Figley, one of the pioneers of traumatic stress. Dr. Gentry was one of the original faculty members of the Traumatology Institute and later became the co-director of the International Traumatology Institute at the University of Southern Florida. Dr. Gentry, along with Dr. Anna Baranowsky, is the co-author and co-owner of the Traumatology Institute Training Curriculum – 17 courses in field and clinical traumatology leading to seven separate certifications.

Dr. Gentry has been a clinical member of several CISM teams and has provided assistance in many different disaster and critical incidents including Oklahoma City, New York City, and hurricanes in Florida. He was the developer of the Community Crisis Support Team, which began in Tampa, Florida, and has become a model for communities to integrate mental health services into their disaster response network.

Dr. Gentry is the co-author of the critically acclaimed *Trauma Practice: Tools for Stabilization and Recovery* (Third Edition) (Hogrefe Publishing, 2014). His other books include *Forward Facing Trauma Therapy* (Compassion Unlimited, 2016) and is the co-author of the co-authored *Trauma, PTSD, Grief & Loss: The 10 Core Competencies for Evidence-Based Treatment* (PESI, 2017). Additionally, Dr. Gentry has published many research articles, book chapters, and periodicals in this maturing area of study. He has a private clinical and consulting practice and is adjunct faculty at many universities. Dr. Gentry draws equally from his scientific study and from his rich history of 30+ years of clinical experience with trauma survivors to balance this training with current, empirically grounded information and experienced-based compassionate intervention skills. You will be challenged, inspired, and uplifted by Dr. Gentry and this unique training.

Speaker Disclosure:

Financial: J. Eric Gentry receives compensation as Owner of Compassion Unlimited. He receives royalties as an author for Hogrefo & Huber Publishing. Dr. Gentry receives a speaking honorarium from PESI, Inc.

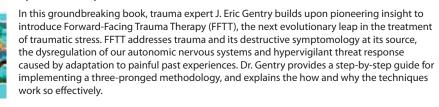
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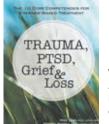
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#### Forward-Facing Trauma Therapy: Healing the Moral Wound

By J. Eric Gentry, Ph.D., LMHC Your Presenter!





#### Trauma, PTSD, Grief & Loss:

The 10 Core Competencies for Evidence-Based Treatment

By Michael Dubi, Ed.D., LMHC, Patrick Powell, EDD, LMHC, LPC, NCC & J. Eric Gentry, Ph.D., LMHC

Your Presenter!

A holistic and systemic path of understanding traumatic stress. Key approaches and effective interventions include Feedback Informed Therapy, self-regulation, EMDR, Tri-Phasic Models, exposure-based therapies, CBT and Narrative Exposure Therapy.



#### **Transformative Care:**

A Trauma-Focused Approach to Caregiving

By Eric Gentry, Ph.D., LMHC, Your Presenter! Robert Rhoton, Psy.D., LPC, D.A.A.E.T.S., and Thomas E. Rojo Aubrey, DBH

Transformative Care: A Trauma-Focused Approach to Caregiving goes far beyond simply defining and advocating for trauma-informed care (which has become an important new method for caregiving). Instead, it teaches the developing care provider the mastery and skillset needed to safely and effectively intervene, with a trauma-focused approach, in the lives of those who are suffering from a painful past.

More info and resources at www.pesi.com/bookstore

## BECOME CERTIFIED!

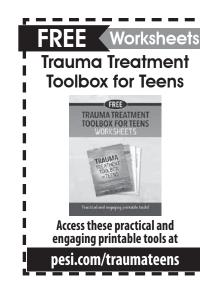
This seminar meets <u>ALL</u> the education hours when applying for certification as a Certified Clinical Trauma Professional Level I (CCTP-Level I).

Visit traumapro.net for the full certification requirements.

#### **Conference Target Audience:**

Counselors • Social Workers • Psychologists • Case Managers • Addiction Counselors Therapists • Marriage & Family Therapists • Other Mental Health Professionals • Nurses

Questions? Visit our FAQ page at www.pesi.com/fag or contact us at www.pesi.com/info.





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COLUMBUS, OH Monday & Tuesday June 8 & 9, 2020 BLUE ASH, OH Thursday & Friday June 11 & 12, 2020

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# CERTIFIED CLINICAL TRAUMA PROFESSIONAL

Two-Day

Trauma Competency Conference



Featuring trauma expert and author Eric Gentry, Ph.D., LMHC

COLUMBUS, OH

Monday & Tuesday June 8 & 9, 2020 BLUE ASH, OH Thursday & Friday June 11 & 12, 2020

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#### A Brief History and Evolution of **Traumatic Stress, Grief & Loss**

Systemic traumatic stress theory Symptom review Review of effective treatments Tri Phasic model

Most commonly used instruments to assess traumatic stress

#### Core Competencies of Traumatic Stress, Grief & Loss

#### **Bio-Psycho-Social-Spiritual Factors that Produce Anxiety & Traumatic Stress**

Precipitating events Meaning making Physiology of trauma Perception

Psychosocial model

#### Adaptive and maladaptive coping behaviors

Trauma adaptation Systemic influences Emotional & psychological stressors Integrated theoretical concepts from stress, crisis & trauma theories Information processing model

#### **Review of Effective Treatment Interventions**

Cognitive Behavioral Techniques (PE, CPT & SIT) **EMDR & Bilateral Stimulation** Thought Field Therapy (TFT)/Emotional

Freedom Techniques (EFT) Sensorimotor

#### The Biochemical, Affective, and Cognitive Impacts of Traumatic Stress

Affective volatility

The body keeps the score Neurobiology and biology of traumatic stress

#### The Impacts of Traumatic Stress **Over Time & Across & Within Developmental Stages**

**Epigenetics** 

Reactive Attachment Disorder Adrenal fatique

#### **The Role of Traumatic Stress** in Clinical Disorders such as **Personality Disorders, Dissociative Identity Disorder, and More**

Traumagenesis Traumaddiction Comorbidity

# Objectives

- 1. Examine the nature of traumatic stress, grief, & loss and their sequelae.
- 2. Analyze the clinical application of various theoretical treatment models for traumatic stress, grief & loss.
- 3. Evaluate traumatic stress, grief & loss from neurobiological, biochemical, psychological, social & spiritual perspectives in order to improve clinical outcomes.
- 4. Examine the clinical research that supports the imperative factors that influence the efficacy of trauma treatment.
- 5. Assess the comorbidity of traumatic stress in other diagnoses, including personality disorders and Dissociative Identity Disorder, and identify appropriate treatment Interventions.
- 6. Provide psychoeducation and cognitive restructuring techniques for maximizing client engagement and participation in early stages of treatment.

- 7. Determine the efficacy of self-regulation skills as a preliminary treatment intervention for trauma.
- 8. Articulate the 10 core competencies of traumatic stress, grief and loss and specify the clinical application of each.
- 9. Incorporate clinical interventions and techniques for the initial assessment, safety and stabilization phase of treatment as well as the remembrance and mourning phases of trauma treatment.
- 10. Examine the potential clinical limitations and benefits of completing a needs assessment for better progress in treatment.
- 11. Develop clinical skills to support and facilitate recovery from complicated bereavement in clients.
- 12. Incorporate CBT skills to promote the development of stability, self-efficacy, anxiety management, and relational capacities in traumatized clients.

#### Conceptualizing a Framework of **Healing for Survivors of Traumatic** Stress

Systemic perspective Strengths perspective Survivor metaphor

#### **Traumatic Stress Exists Across the Continuum of Systemic Levels**

Systemic trauma theory Community trauma Vicarious secondary traumatization

#### **Theories of Traumatic Stress, Loss** and Grief

Information processing model Psychosocial model Contemporary thoughts

#### **Bereavement and Adjustment** Disorders

Supporting normal bereavement Treating complicated bereavement

#### **Assessment of Traumatic Stress** Disorders

Diagnostic and Statistical Manual of the APA DSM-5® changes ACE & developmental trauma Diagnosing PTSD with the PCL-5

#### Live Seminar Schedule (both days)

**7:30** Registration/Morning Coffee & Tea

**8:00** Program begins

**11:50-1:00** Lunch (on your own)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

#### **Evidence-Based Techniques/** Interventions

Relaxation/self-regulation Grounding

Containment

Drawing art

Writing/journaling

Healing metaphors Transitional objects

#### **Demonstrations: Interactive Exercises/Application of Skills**

Cognitive Behavioral Techniques Narrative Exposure Therapy Technique Thought Field Therapy (TFT) **Bilateral Stimulation** 

#### Limitations of the Research and **Potential Risks**

Limitations of many accepted models of trauma

Weaknesses and limitations of evidence-based trauma treatment models

Limitations of the diagnostic (DSM-5 ®) system Limitations and potential risks in grief work, due to research scarcity on the topic

#### **Closure: Lessons Learned**

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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### Live Seminar Continuing Education Information

attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation an allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of complete reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 hefore the event. Materials that are included in this course may include interventions and modalitie that are beyond the authorized practice of mental health professionals. As a

licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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Addiction Counselors: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 12.5 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

Ohio Chemical Dependency Professionals: This course has been approved by the Ohio Chemical Dependency Professionals Board for 12.5 CEUs.

Counselors: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Indiana Counselors: CE credit is available. This course consists of 12.5 continuing education clock hours for Indiana Counselors. The Rules of the Indiana Behavioral Health and Human Services Licensing Board (839 IAC 1.6.2) confirm acceptance of continuing education programs relevant to counseling that are approved by the National Association of Alcoholism and Drug Abuse Counselors (NAADAC). This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 12.5 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming

**Kentucky Counselors:** For the most up-to-date credit information, please go to: www.pesi.com/events/ detail/81417.

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Kentucky Marriage & Family Therapists: This course has been submitted to the Kentucky Board of Licensure of Marriage & Family Therapists for review.

Ohio Marriage & Family Therapists: PESI, Inc. is an approved provider with the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board. Provider approval #: RCST071001. Full attendance at this course meets the qualifications for 12.5 clock hours of continuing education credit, 20-617295

**Nurses, Nurse Practitioners, and Clinical Nurse Specialists:** PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 12.6 contact hours. Partial contact hours will be awarded for partial

Indiana Psychologists: CE credit is available. PESI, Inc is an approved provider with the Indiana Board of Psychology. Certificate #: 98000998A - Category I. PESI maintains full responsibility for this program and its contents. Full attendance at this course qualifies for 12.5 contact hours.

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Ohio Psychologists: CE credit is available. PESI, Inc. is approved by the Ohio Psychological Association, Provider #263896894, to sponsor continuing education for psychologists. PESI, Inc. maintains responsibility for this program and its content. PESI is offering this activity for 12.5 standard hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

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□ \$19.95\* Forward-Facing Trauma Therapy book (SAM084535)

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□ **\$24.99\*** *Trauma, PTSD, Grief & Loss* book (PUB084790)

\*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

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Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and

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