

Outline

Executive Functions (EF) Overview

The neuropsychology of Executive Functions
Levels, domains of functioning, arenas of involvement

A closer look at the self-regulation level:
7 clusters encompassing 33 functions
EF development over time

EFs, DSM-5® diagnoses, educational classifications

Limitations of the research and potential risks

Develop an Intervention Plan: Assessment of EF Strengths and Weaknesses

A multidimensional model to guide assessment
Norm referenced tests, rating scales and diagnostic interviewing

Assessing the impact of EF difficulties on academic learning and production

Learning difficulties versus producing difficulties

EF-driven Functional Behavior Assessment

Strategies for EF Development and EF Difficulties

Create an environment for positive change
Develop and use growth mindsets

The EF intervention continuum

Orienting strategies that focus on goals and outcomes

External strategies for modifying behavior:
Cueing, prompting and thinking aloud

Bridging strategies from externally controlled to internally self-regulated

Internally self-regulated strategies: Strengthen independent functioning

Evidence-Based Programs and Resources to Foster Growth

Develop EFs in pre-school and kindergarten
Problem-solving models and programs

Cognitive strategy instruction and cognitive behavior therapy

Technology-based approaches

Mindfulness techniques and EF growth

Learning Outcomes

1. Analyze a comprehensive neuropsychological model of executive functions as it relates to clinical treatment.
2. Communicate how executive function difficulties are manifested in individuals diagnosed with various psychological disorders and/or enrolled in special education programs as it pertains to assessment and treatment planning.
3. Apply effective assessment techniques based on a multidimensional framework to determine executive function strengths and weaknesses and to target specific intervention needs.
4. Recommend strategies that are appropriate for fostering executive function development and/or for intervening when executive function difficulties are identified.
5. Implement strategies that bridge the gap between "external control" and "internal self-regulation".
6. Summarize how mindfulness, CBT and other evidence-based programs that foster executive function development and/or remediate difficulties.

Live Webcast Details and Live Webcast Continuing Education Credit Information

Join us on May 27, 2020, for this live, interactive webcast! Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$49.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: www.pesi.com/webcast/82778

Live Seminar & Webcast Schedule

(Times Listed in Eastern)

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (on your own)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Target Audience: Counselors • Social Workers • Psychologists
Psychotherapists • Addiction Counselors • Marriage and Family Therapists
Speech-Language Pathologists • Teachers • School Guidance Counselors
School Psychologists • School Social Workers • Educational Paraprofessionals
Occupational Therapists & Occupational Therapy Assistants
Case Managers • Nurses • School Administrators
Other Helping Professionals who Work with Children

Questions?

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IMPROVE EXECUTIVE FUNCTIONS

Evidence-Based Strategies to Change Behavior
Featuring George McCloskey, Ph.D.

Athens, GA
Wednesday, May 27, 2020

Live Video Webcast
Wednesday, May 27, 2020

Marietta, GA
Thursday, May 28, 2020

Norcross, GA
Friday, May 29, 2020

IMPROVE EXECUTIVE FUNCTIONS

Evidence-Based Strategies to
Change Behavior

Proven Interventions to ...

Get organized

Plan ahead

Resist impulses

Manage emotions

Stay focused

Persist with tasks

Use time wisely

Improve memory

Featuring **George McCloskey, Ph.D.**
International Expert and Best-Selling Author

Athens, GA
Wednesday, May 27, 2020

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Improve Executive Functions

Executive Function (EF) skills form the foundation of success for people of all ages. But individuals with ADHD, Autism, OCD and other conditions have significant EF deficits – failing to thrive at school, work, home and in their most important relationships.

Your work with individuals struggling with EF issues is some of your most rewarding – yet it's often the work that leaves you the most frustrated and exhausted. Forgotten appointments, unfinished homework, distractibility, procrastination and difficulties organizing thoughts present formidable obstacles to making progress in school or therapy. And the strategies that work so well for other conditions seem to fall short when an EF deficit is present.

Attend this seminar and get the targeted skills and tools you need to cultivate lasting change and transform the lives of those who struggle with executive deficits – the chronically lost, late and unprepared!

Join **George McCloskey, Ph.D.**, the internationally renowned creator of the **McCloskey Executive Functions Scale (MEFS)** for this incredible one day event. An author, researcher, and clinician with more than 20 years of groundbreaking work with Executive Functions, Dr. McCloskey will teach you how to develop customized interventions that can be used with students or clients across multiple settings from the private practice office to the classroom. Practical and easy to apply, Dr. McCloskey's strategies will help those you serve develop critical time/task management, personal organization, & planning skills, empowering them to elevate their academic and employment performance, relationships, physical & mental health, and more!

Sign up today, whether you're a counselor, teacher, OT, SLP or social worker you'll leave this seminar feeling confident in your ability to end the chaos and dramatically improve the lives of those you work with!

Speaker



George McCloskey, Ph.D., is a Professor and Director of School Psychology Research in the Psychology Department of the Philadelphia College of Osteopathic Medicine and holds Diplomate status with the American Academy of Pediatric Neuropsychology. He frequently presents at international, national, regional and state meetings on cognitive and neuropsychological assessment and intervention topics. Dr. McCloskey has amassed over 35 years of experience in test development, teaching, research and assessment and intervention work with a wide range of clients. Based on the past 25 years of his research and experience working specifically with children, adolescents and adults exhibiting executive function difficulties, Dr. McCloskey has developed a comprehensive model of executive functions that can be used to assess executive function strengths and difficulties and guide efforts to foster growth and intervene with difficulties. He consults with a number of school districts and private schools nationwide on issues related to improving students' self-regulation capacities in the classroom, behavior management, assessment and intervention for executive functions difficulties related to academic and behavior problems. Dr. McCloskey is the author of the *McCloskey Executive Functions Scales (MEFS)* and lead author of the books *Assessment and Intervention for Executive Function Difficulties* and *Essentials of Executive Functions Assessment* and his most recent writing on interventions for executive function and executive skills difficulties appears in Chapter 11 of the book *Essentials of Planning, Selecting, and Tailoring Interventions for Unique Learners*.

Speaker Disclosures:

Financial: George McCloskey has an employment relationship with the Philadelphia College of Osteopathic Medicine. He receives royalties as an author for Taylor & Francis, Wiley & Sons, and Schoolhouse Press. Dr. McCloskey receives a speaking honorarium from PESI, Inc.
Non-financial: George McCloskey has no relevant non-financial relationship to disclose.

PESI, Inc. is proud to offer this seminar (at these locations only) *free of charge* (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!

Assessment and Intervention for Executive Function Difficulties

By George McCloskey — Your Presenter!

McCloskey, Perkins, and Diviner provide a unique blend of theory, research, and practice that offers clinicians an overarching framework for the concept of executive functions (EFs) in educational settings. The conceptual model of executive functions is detailed, including their role in behavior, learning, and production across all settings. The heart of the book focus on the practical issues involved in the use of assessment tools, tests, report writing, and the implementation and follow-up of targeted interventions using the EF model.

Essentials of Executive Functions Assessment

By George McCloskey — Your Presenter!

Executive Function describes a set of mental processes that helps us connect past experience with present action, which is important for successful adaptation and performance in real-life situations. Written by a respected expert and presenter on executive functioning, Essentials of Executive Function Assessment equips mental health practitioners (school, clinical, developmental/pediatric, neuropsychologists, educational diagnosticians, and educational therapists) with all the information they need to administer, score, and interpret assessment instruments that test for executive function deficits associated with a number of psychiatric and developmental disorders.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. **NOTE: Boards do not allow credit for breaks or lunch.**

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Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Kate Sample at ksample@pesi.com or call 715-855-5260.

GEORGIA PSYCHOLOGISTS: CE credit is available. This course consists of 6.0 continuing education credit hours for Georgia Psychologists. The Rules and Regulations of the State of Georgia, Chapter 510-8, Section 3 confirms acceptance of continuing education programs relevant to psychology from providers approved by the American Medical Association (AMA). This program is certified for a maximum of 6.0 AMA PRA Category 1 Credits™ by PESI as an accredited ACCME provider authorized to award credit by the AMA. PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

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