## **CERTIFIED CLINICAL** TRAUMA PROFESSIONAL

## **Two-Day Trauma Competency Conference**

#### The successful resolution of traumatic stress can be simple.

Studies indicate that there are four key elements to effective trauma treatment. When you accomplish these four key elements in treatment with your clients, you will be able to reduce their symptoms and improve clinical outcomes.

Attend this conference and you will walk away with a step-by-step four-stage framework for navigating essential elements of trauma treatment with your traumatized clients.

The essential elements are common to all evidence-based trauma treatments, you will learn how you can integrate this framework with your current approach or methodology to make your trauma treatment even more effective!

This trauma competency training can transform your clinical practice and help improve your trauma treatment outcomes, just as it has for other clinicians around the

\*\*In addition, completion of this two-day conference meets the educational requirements when applying to become a Certified Clinical Trauma Professional (International Association of Trauma Professionals, www.traumapro.net)

## Meet Your Speaker

Eric Gentry, Ph.D., LMHC, is an internationally recognized leader in the field of disaster and clinical traumatology, having trained thousands of professionals and paraprofessionals worldwide in the treatment of traumatic stress. His doctorate is from Florida State University where he studied with Professor Charles Figley, one of the pioneers of traumatic stress. Dr. Gentry was one of the original faculty members of the Traumatology Institute and later became the co-director of the International Traumatology Institute at the University of Southern Florida. Dr. Gentry, along with Dr. Anna Baranowsky, is the co-author and co-owner of the Traumatology Institute Training Curriculum – 17 courses in field and clinical traumatology leading to seven separate certifications.

Dr. Gentry has been a clinical member of several CISM teams and has provided assistance in many different disaster and critical incidents including Oklahoma City, New York City, and hurricanes in Florida. He was the developer of the Community Crisis Support Team, which began in Tampa, Florida, and has become a model for communities to integrate mental health services into their disaster response network.

Dr. Gentry is the co-author of the critically acclaimed Trauma Practice: Tools for Stabilization and Recovery (Third Edition) (Hogrefe Publishing, 2014). His other books include Forward Facing Trauma Therapy (Compassion Unlimited, 2016) and is the co-author of the coauthored Trauma, PTSD, Grief & Loss: The 10 Core Competencies for Evidence-Based Treatment (PESI, 2017). Additionally, Dr. Gentry has published many research articles, book chapters, and periodicals in this maturing area of study. He has a private clinical and consulting practice and is adjunct faculty at many universities. Dr. Gentry draws equally from his scientific study and from his rich history of 30+ years of clinical experience with trauma survivors to balance this training with current, empirically grounded information and experienced-based compassionate intervention skills. You will be challenged, inspired, and uplifted by Dr. Gentry and this unique training.

Financial: J. Eric Gentry receives compensation as Owner of Compassion Unlimited. He receives royalties as an author for Hogrefo & Huber Publishing. Dr. Gentry receives a speaking honorarium from PESI, Inc. Non-financial: J. Eric Gentry has no relevant non-financial relationship to disclose.

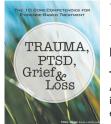
SAVE by including these products with your seminar registration!



## Forward-Facing Trauma Therapy: Healing the Moral Wound

By J. Eric Gentry, Ph.D., LMHC Your Presenter!

In this groundbreaking book, trauma expert J. Eric Gentry builds upon pioneering insight to introduce Forward-Facing Trauma Therapy (FFTT), the next evolutionary leap in the treatment of traumatic stress. FFTT addresses trauma and its destructive symptomology at its source, the dysregulation of our autonomic nervous systems and hypervigilant threat response caused by adaptation to painful past experiences. Dr. Gentry provides a step-by-step guide for mplementing a three-pronged methodology, and explains the how and why the techniques work so effectively.

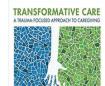


#### Trauma, PTSD, Grief & Loss:

The 10 Core Competencies for Evidence-Based Treatment

By Michael Dubi, Ed.D., LMHC, Patrick Powell, EDD, LMHC, LPC, NCC & J. Eric Gentry, Ph.D., LMHC Your Presenter!

A holistic and systemic path of understanding traumatic stress. Key approaches and effective interventions include Feedback Informed Therapy, self-regulation, EMDR, Tri-Phasic Models, exposure-based therapies, CBT and Narrative Exposure Therapy.



#### **Transformative Care:**

A Trauma-Focused Approach to Caregiving

By Eric Gentry, Ph.D., LMHC, Your Presenter! Robert Rhoton, Psy.D., LPC, D.A.A.E.T.S., and Thomas E. Rojo Aubrey, DBH

Transformative Care: A Trauma-Focused Approach to Caregiving goes far beyond simply defining and advocating for trauma-informed care (which has become an important new method for caregiving). Instead, it teaches the developing care provider the mastery and skillset needed to safely and effectively intervene, with a trauma-focused approach, in the lives of those who are suffering from a painful past

## **BECOME A CERTIFIED CLINICAL** TRAUMA PROFESSIONAL!

\$99 Value!

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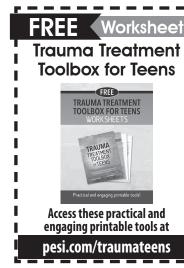
PESI will cover your \$99 CCTP-Level 1 certification fee. All you need to do is complete this training, complete the training evaluation and you can become certified by the International Association of Trauma Professionals (IATP).

Professional standards to apply for certification, visit traumapro.net for complete certification details.

#### **Conference Target Audience:**

Counselors • Social Workers • Psychologists • Case Managers • Addiction Counselors Therapists • Marriage & Family Therapists • Other Mental Health Professionals • Nurses

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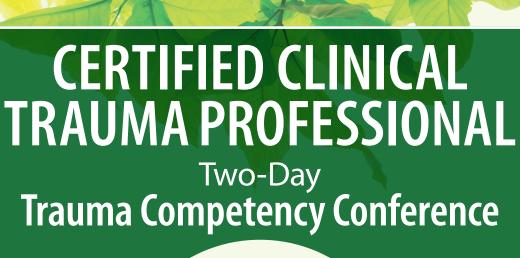
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Featuring trauma expert and author **Eric Gentry**, **Ph.D.**, **LMHC** 



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#### A Brief History and Evolution of **Traumatic Stress, Grief & Loss**

Systemic traumatic stress theory Symptom review Review of effective treatments Tri Phasic model

Most commonly used instruments to assess traumatic stress

#### Core Competencies of Traumatic Stress, Grief & Loss

#### **Bio-Psycho-Social-Spiritual Factors that Produce Anxiety & Traumatic Stress**

Precipitating events Meaning making Physiology of trauma Perception

Psychosocial model

#### Adaptive and maladaptive coping behaviors

Trauma adaptation Systemic influences Emotional & psychological stressors Integrated theoretical concepts from stress, crisis & trauma theories Information processing model

#### **Review of Effective Treatment Interventions**

Cognitive Behavioral Techniques (PE, CPT & SIT) **EMDR & Bilateral Stimulation** Thought Field Therapy (TFT)/Emotional

Freedom Techniques (EFT) Sensorimotor

#### The Biochemical, Affective, and Cognitive Impacts of Traumatic Stress

Affective volatility The body keeps the score

Neurobiology and biology of traumatic stress

#### The Impacts of Traumatic Stress **Over Time & Across & Within Developmental Stages**

**Epigenetics** 

Reactive Attachment Disorder Adrenal fatique

#### **The Role of Traumatic Stress** in Clinical Disorders such as **Personality Disorders, Dissociative Identity Disorder, and More**

Traumagenesis Traumaddiction Comorbidity

# Objectives

- 1. Examine the nature of traumatic stress, grief, & loss and their sequelae.
- 2. Analyze the clinical application of various theoretical treatment models for traumatic stress, grief & loss.
- 3. Evaluate traumatic stress, grief & loss from neurobiological, biochemical, psychological, social & spiritual perspectives in order to improve clinical outcomes.
- 4. Examine the clinical research that supports the imperative factors that influence the efficacy of trauma treatment.
- 5. Assess the comorbidity of traumatic stress in other diagnoses, including personality disorders and Dissociative Identity Disorder, and identify appropriate treatment Interventions.
- 6. Provide psychoeducation and cognitive restructuring techniques for maximizing client engagement and participation in early stages of treatment.

7. Determine the efficacy of

treatment intervention for trauma. 8. Articulate the 10 core competencies of traumatic stress, grief and loss and specify the clinical application of each.

self-regulation skills as a preliminary

- 9. Incorporate clinical interventions and techniques for the initial assessment, safety and stabilization phase of treatment as well as the remembrance and mourning phases of trauma treatment.
- 10. Examine the potential clinical limitations and benefits of completing a needs assessment for better progress in treatment.
- 11. Develop clinical skills to support and facilitate recovery from complicated bereavement in clients.
- 12. Incorporate CBT skills to promote the development of stability, self-efficacy, anxiety management, and relational capacities in traumatized clients.

#### Conceptualizing a Framework of **Healing for Survivors of Traumatic** Stress

Systemic perspective Strengths perspective Survivor metaphor

#### **Traumatic Stress Exists Across the Continuum of Systemic Levels**

Systemic trauma theory Community trauma

Vicarious secondary traumatization

#### **Theories of Traumatic Stress, Loss** and Grief

Information processing model Psychosocial model Contemporary thoughts

#### **Bereavement and Adjustment** Disorders

Supporting normal bereavement Treating complicated bereavement

#### **Assessment of Traumatic Stress** Disorders

Diagnostic and Statistical Manual of the APA DSM-5® changes ACE & developmental trauma Diagnosing PTSD with the PCL-5

#### **Evidence-Based Techniques/** Interventions

Relaxation/self-regulation Grounding

Containment

Drawing art

Writing/journaling

Healing metaphors Transitional objects

**Bilateral Stimulation** 

#### **Demonstrations: Interactive Exercises/Application of Skills**

Cognitive Behavioral Techniques Narrative Exposure Therapy Technique Thought Field Therapy (TFT)

#### Limitations of the Research and **Potential Risks**

Limitations of many accepted models of trauma

Weaknesses and limitations of evidence-based trauma treatment models

Limitations of the diagnostic (DSM-5 ®) system Limitations and potential risks in grief work, due to research scarcity on the topic

**Closure: Lessons Learned** 



PESI, Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Limited seats available; advance online registration required.

#### Live Seminar Schedule

(both davs)

**7:30** Registration/Morning Coffee & Tea

8:00 Program begins

**11:50-1:00** Lunch (on your own)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

#### Hassle-Free Cancellation Policy

If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.



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Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR" SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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#### **OHIO MARRIAGE & FAMILY THERAPISTS: PESI.**

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OHIO SOCIAL WORKERS: PESI, Inc. is an approved provider with the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board. Provider approval #:RCST071001. Full attendance at this course meets the qualifications for 12.5 clock hours of continuing education credit. 20-617295

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