

Outline

Art Therapy:
Which clients benefit from art therapy?
Ethical implications and limitations of using art therapy in your practice
Creating products vs creative process
Go with the flow

Clinical Application of Art Therapy
What materials to use and when
Normative development in art making and developmental stages
Indicators in the artwork that suggest a child needs more support
Seeing it differently (client perspective)
Art talk, they made it now what?

Creative Techniques and Strategies to... Build Relationships & Connection
For ASD, Trauma & ODD
Draw your fears
Magical thinking
Safe place drawing
Playing with the materials
Building rituals
Destroy the OCD monster
Paint the silence

Build Safety
For Trauma, Anxiety & Mood Disorders
Connect the dots
Create a safe place
Draw a person
Draw a house
Draw your feelings
Play therapy
Animal family & other family art activities
Trauma feelings
Magical thinking
Wishes

Build Self-Esteem
For ADHD, Anxiety & Mood disorders
Inside out
Mask making
Body outline
Safe place
Fear and empowerment
Self portraits
Beading

Increase Responsibility
For ADHD, Trauma, ASD, ODD, Anxiety & Mood disorders
Miracle question
Feeling heart
Kinetic family drawing
Bridges
Cartooning problems & solutions

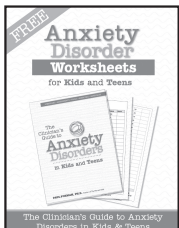
Increase Control
For ADHD, Anxiety & Mood disorders
Paper weaving
Abstracting painting and collage
Destroying fears
Mindful mandalas
Scribble scrabble
Gratitude Namaste figure

Live Seminar Schedule
7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch *(on your own)*
4:00 Program ends
There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Questions?
Visit our FAQ page at www.pesi.com/faq or contact us at www.pesi.com/info.

Objectives

- 1. Evaluate art therapy directives to immediately implement into clinical practice with fidelity to help children regulate their emotions and behavior.
- 2. Appraise the ethical implications and clinical limitations of using selected art therapy approaches within your scope of practice.
- 3. Determine the stages of a child’s normative development and identify the indicators suggesting a need for additional clinical support.
- 4. Analyze the benefits of utilizing therapeutic artmaking approaches in assessment, diagnosis, and clinical treatment of mental health disorders.
- 5. Develop a plan for introducing art into clinical practice for treatment resistant and challenging children and families.
- 6. Determine the neurobiological implications of using therapeutic art interventions among clients with various diagnoses.

Anxiety Disorders for Kids and Teens Worksheets

Access these practical and engaging printable tools at pesi.com/anxietyworksheets

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ART THERAPY
Creative Interventions for Kids with Trauma, Anxiety, ADHD and More!

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Cheyenne, WY Wednesday May 6, 2020	Boulder, CO Thursday May 7, 2020	Denver, CO Friday May 8, 2020
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Register now! pesi.com/express/80771

ART THERAPY
Creative Interventions for Kids with Trauma, Anxiety, ADHD and More!

Interactive hands-on art therapy experiences – all materials provided



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A Non-Profit Organization
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Become ADHD-CCSP Certified!
Details Inside

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ART THERAPY

Do you work with challenging children and teens who seem absolutely resistant to every intervention you offer? Clients who are stuck, repeating the same patterns over and over and you feel like you're powerless to help them? You know the ones that repeatedly refuse to listen and don't stop to think before they act. Or those who refuse to take responsibility for their behaviors and constantly pass blame onto others? Do they leave you feeling stagnant and burnt out in your practice?

Attend this seminar and learn innovative interventions that will help even your most resistant clients become unstuck. Your day will consist of creative, interactive, hands-on training that will re-energize your work. You will leave with fresh new art strategies and approaches that you can use immediately to engage even your most difficult and challenging clients. These tools are fun and playful. They will offer you an opportunity to refresh yourself as well!

No art experience is necessary, just an openness to try something creative.

Speaker

PAMELA MALKOFF HAYES, MFT, ATR-BC is a Licensed Marriage and Family Therapist (MFT) in the state of California and a Registered and Board Certified Art Therapist with the American Art Therapy Association (AATA). Her specialties include: alcohol and drug addictions, relationship and parenting, depression and anxiety, grief, LGBTQ, gender identity and sexuality. She is also a court certified Sexual Abuse Evaluator and trained in Hypnotherapy, Eye Movement Desensitization Reprocessing (EMDR) and Emotional Freedom Techniques (EFT).

Over the course of her 25+ year career she has worked in schools, hospitals, prison, foster and residential care, and private practice. She is a noted speaker and educator, lecturing throughout the United States. She has taught art therapy courses at Phillips Graduate University, Rhode Island School of Design (RISD), and Chicago School for Professional Psychology. She has written several books and produced DVDs on Art Therapy. She stars in the video podcast, "3 Minute Art Therapy", and was recently featured on "The Science of Happiness/SoulPancake" as the expert Art Therapist.

Ms. Malkoff Hayes lives in Los Angeles where she has a private practice and provides art therapy groups to multiple agencies. She has a Bachelor's Degree in fine arts from Parsons School of Design in New York, NY and Otis/Parsons in Los Angeles, CA and a Graduate Degree in marriage and family therapy and art therapy from The Notre Dame de Namur University in Belmont, CA.

Speaker Disclosures:

Financial: Pamela Malkoff Hayes is in private practice. She receives a speaking honorarium from PESI, Inc.

Non-financial: Pamela Malkoff Hayes has no relevant non-financial relationship to disclose.



BECOME CERTIFIED!

This course counts toward the educational hours required for certification as an ADHD Certified Clinical Services Provider (ADHD-CCSP).

Visit adhdcert.com for the full certification requirements.



Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

Seminar on DVD or Digital Format: You can purchase a self-study package on the subject and you and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. If purchasing the digital format, you will receive an emailed order confirmation which contains your login instructions to access the recorded seminar, electronic handouts and online post-test. Order today by using the order form on this brochure or by calling 800-844-8260.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Meg Graf at mgraf@pesi.com or call 715-855-8199.



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!

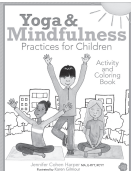


250 Brief, Creative & Practical Art Therapy Techniques

A Guide for Clinicians and Clients

By Susan I Buchalter, ATR-BC, CGP, LPC

These unique 250 art exercises increase self-esteem, self-awareness and a feeling of success in artistic expression and communication, allowing clients to engage in therapeutic exercises without judgment. Using simple materials like paper, pencils and markers, these techniques can be immediately implemented in your practice.



Yoga and Mindfulness Practices for Children Activity and Coloring Book

By Jennifer Cohen Harper, MA, E-RCTY

Jennifer Cohen Harper, internationally recognized yoga and mindfulness expert, has created simple and fun tools to help guide children through the many stressors of life. Yoga and Mindfulness Practices for Children Activity and Coloring Book offers 50 engaging activities, coloring pages and worksheets that support health, well-being, empowerment and an improved capacity to navigate those pressures of life without becoming overwhelmed.

Target Audience

Counselors, Social Workers, Psychologists, Case Managers, Psychiatrists, School Psychologists, Marriage and Family Therapists, School Counselors, Occupational Therapists and Occupational Therapy Assistants, Educators, Speech-Language Pathologists and Creative Arts Therapists

* Participants will learn how to implement therapeutic art interventions. They will not be certified as an art therapist.

LIVE SEMINAR CONTINUING EDUCATION CREDIT INFORMATION

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Colorado Counselors: Professional development hours (PDH) are available. This live professional development activity consists of 6.25 PDH in the Coursework category. It is designed to meet the requirements of the Colorado State Board of Licensed Professional Counselor Examiners. Licensees can accrue up to 20 PDH in the Coursework category during each renewal cycle. Please save the certificate of completion in case it is requested by the board.

Nebraska Counselors: CE credit is available. This program consists of 6.25 continuing education credit hours for Nebraska Counselors and meets the criteria of an approved continuing education program for mental health practice in the Nebraska Regulations Governing the Licensure of Mental Health Practitioners (Title 172, Chapter 94). Please retain the course advertisement and certificate of completion for your CE records.

Wyoming Counselors: CE credit is available. This course consists of 6.25 continuing education clock hours for Wyoming Counselors and is designed to meet the continuing education requirements of the Wyoming Mental Health Professions Licensing Board. Please retain the course advertisement and certificate of completion for your CE records.

Educators/Teachers: This activity qualifies for 380 minutes of instructional content as required by many national and state licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

Marriage & Family Therapists: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or 6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Psychologists & Psychiatrists:

Psychiatrists

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists

The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 6.0 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

Colorado Psychologists: CE credit is available. This course consists of 6.0 continuing education credit hours for Colorado Psychologists.

The Colorado State Board of Examiners Rule 20 confirms acceptance of continuing education programs relevant to psychology from providers approved by the American Medical Association (AMA). This program is certified for a maximum of 6.0 AMA PRA Category 1 Credits™ by PESI as an accredited ACCME provider authorized to award credit by the AMA. PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Nebraska Psychologists: CE credit is available. This course consists of 6.0 continuing education credit hours for Nebraska Psychologists.

The Nebraska Department of Health and Human Services Regulation and Licensure, Title 172, Chapter 55 confirms acceptance of continuing education programs relevant to psychology from providers approved by the American Medical Association (AMA). This program is certified for a maximum of 6.0 AMA PRA Category 1 Credits™ by PESI as an accredited ACCME provider authorized to award credit by the AMA. PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Wyoming Psychologists: CE credit is available. This course consists of 6.25 continuing education credit hours for Wyoming Psychologists.

The Wyoming Board of Psychology, Rules and Regulations, Chapter 8, section 2(b) (ii) confirms acceptance of programs approved by NASP. PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists. PESI maintains responsibility for the program. Provider #1140.

Psychologists/School Psychologists: PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.



PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Speech-Language Pathologists: This course is offered for 6 ASHA CEUs (Intermediate level, Professional area).

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Colorado Social Workers: PESI, Inc. is an approved provider with the Colorado Chapter of the National Association of Social Workers. Provider #1413. This course has been approved for 6.3 continuing education hours.

Other Professions: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

REGISTRATION FORM

ART THERAPY: CREATIVE INTERVENTIONS FOR KIDS WITH TRAUMA, ANXIETY, ADHD AND MORE!

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1 Please complete entire form if sending by mail *please print legibly* ©2020

*Email address _____ ***Email required to receive registration confirmation, CE certificate, and/or digital product.**

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Company Name (if work address): _____

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***Required for event updates**

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2 Select Location (make copy for your records)

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☐ **BOULDER, CO • May 7, 2020** (80771BLD)
Best Western Boulder Inn
770 28th Street • 80303 • (303) 449-3800

☐ **DENVER, CO • May 8, 2020** (80771DEN)
Embassy Suites Denver Tech Center North
7525 East Hampden Ave • 80231 • (303) 696-6644

3 Select Tuition

TUITION including seminar manual

\$219.99 – choose one of the options below:

- ☐ per person for 2 or more preregistering together —OR—
- ☐ single registration postmarked 3 weeks prior to seminar date

☐ **\$249.99** standard

ADD-ON PRODUCTS — Save on Shipping! — Products Distributed at Seminar

☐ **\$29.99*** *250 Brief, Creative & Practical Art Therapy Techniques* book (PUB085195)

☐ **\$19.99*** *Yoga and Mindfulness Practices for Children Activity and Coloring Book* (PUB084820)

*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

4 Select Payment Method

All registrations must be prepaid.

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ADA NEEDS

We would be happy to accommodate your ADA needs; please email info@pesi.com or call 1-800-844-8260 at least two weeks prior to the seminar date.

SAME DAY REGISTRATION

Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

TUITION OPTIONS

Advance registration required. Cannot be combined with other discounts.

• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar free of charge on live seminar tuition for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, first come, first serve.

• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students (on live seminar and live video webcast tuition). *Advance online registration required.*

QUESTIONS

Visit pesi.com/faq or contact us at pesi.com/info

OTHER WAYS TO REGISTER

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Mail: PESI, Inc.
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Eau Claire, WI 54702-1000

Phone: 800-844-8260

Online: pesi.com/express/80771

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Art Therapy: Creative Interventions for Kids with Trauma, Anxiety, ADHD and More!

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