

Outline

PHYSIOLOGICAL CHANGES IN ACUTE CARE

- Effects of immobility on organ systems
 - Respiratory
 - Cardiac
 - Digestive
 - Musculoskeletal
 - Early and aggressive mobilization and intervention

ENSURE SAFE AND SUCCESSFUL TRANSFERS AND MOBILITY FOR ANY PATIENT

- Decision-making process
- Weight-bearing restriction mobilization
- Specific mobility restrictions
 - Pulmonary embolism
 - Deep vein thrombosis
- Mobilization management
 - Chest tubes
 - Arterial lines
 - IV management

ICU/IMC SPECIFIC MANAGEMENT

- Fecal management systems
- Various catheter types

ADVANCED TREATMENT INTERVENTIONS FOR IMPROVED OUTCOMES

- Orthopedic interventions
 - Orthopedically complex patient
 - Cutting-edge interventions
 - Transitioning to same day ortho discharge
 - Shorter length of stay with improved outcomes
 - Transfer considerations
 - Alternative techniques for NWB
 - Transfers for all WB restrictions
- Burn injury across the lifespan
 - Types and degree of burn injury
 - Burn management and surgical interventions
 - Current trends in therapeutic burn intervention
- Cardiac diagnoses
 - Cardiac surgery and appropriate therapeutic progression
 - Sternal precautions
 - Implementation of strength training
- Neurological emergencies and trends in intervention
 - tPA administration and impact on therapeutic intervention
 - Management of the severe stroke
 - Patients with brief neurological deficits

- Respiratory compromised patient
 - High-flow oxygen management
 - COPD
 - Fresh take on energy conservation techniques

INTERVENTIONS FOR PATIENTS WITH COGNITIVE/PSYCHIATRIC DIAGNOSES

- Addressing the behaviorally challenging patient
 - TBI
 - Dementia
 - Aggression
- Motivation of the chronically-refusing patient
- Major depression and its impact on therapeutic intervention

OUTCOME EXPECTATIONS AND GOAL CONSIDERATIONS

- Short-term vs. long-term goal implementation
- Timing of PT/OTR reassessments
- Predicting the future
 - Appropriate goal development

CREATE AN EFFECTIVE AND SUCCESSFUL DISCHARGE PLAN

- Importance of an interdisciplinary approach
- Pros/cons of sub-acute, home health, and other discharge destinations

CARING FOR THE CAREGIVER

- Client-centered practice and inclusion of the patient's support system
- Manage the challenging family/caregiver

BILLING AND DOCUMENTATION

- Effective and successful documentation during acute and post-acute stay
- Document progression in patients with limited function
- Understand G codes, payment, and billing

ACHIEVE PRODUCTIVITY

- History of productivity requirements and their necessity
- Current trends in productivity expectations



Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

Lunch 1 hour (on your own)

3:30 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Questions?

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Acute Care & ICU Rehab

Strategies for the Medically Complex Patient

Explore innovative techniques for improving functional mobility, strength, and outcomes for patients with:

- Respiratory distress/COPD
- SCI
- Burn injuries
- TBI
- Stroke
- Orthopedic issues
- Cardiac limitations
- DVTs

Sacramento, CA Monday May 4, 2020	Oakland, CA Tuesday May 5, 2020	Palo Alto, CA Wednesday May 6, 2020
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Acute Care & ICU Rehab

Strategies for the Medically Complex Patient

★★★★★

I have a better understanding of exercise protocols and specific exercises for diagnoses.

- A. Wong, OTR

★★★★★

I will implement and utilize the great knowledge and skills I learned in this seminar on my patients tomorrow!

- B. Conner, PT

★★★★★

Great course. I will use the outcome measures and exercise progression immediately.

- E. Wormold, PTA

Discover new treatments for:

- Early mobilization
- Management of lines, wires and tubes
- Respiratory distress
- Intubation/vent dependency
- Discharge planning
- Caregiver training
- Productivity
- Billing/documentation

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A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979

Acute Care & ICU Rehab

Explore the latest interventions for improving functional mobility, strength, independence, and outcomes in acute care rehab. Designed for all practice levels, from the new grad to the veteran acute care professional, this hands-on course will provide you with an updated knowledge base for making appropriate decisions within the ICU and acute care environments, implementing assessment and treatment tools, integrating existing treatment plans with progression into the plan of care, and adjusting or accommodating treatment interventions across the hospital stay through transition out of the hospital. Discover the latest assessment techniques and learn how to integrate treatments into rehab plans during acute and post-acute phases. Practice the latest interventions, strategies, and best practices in hands-on labs throughout the day.

Discover new treatments for:

- Early mobilization
- Management of lines, wires and tubes
- Respiratory distress
- Intubation/Vent dependency
- Discharge planning
- Caregiver training
- Productivity
- Billing/Documentation

Speaker

CINDY BAUER, MSOT, OTR/L, received her Master of Science in Occupational Therapy from Washington University in St. Louis in 1994. Over the past 24 years she has practiced in every clinical setting including home health, outpatient, skilled nursing, inpatient rehabilitation, and acute care hospitals. She has worked with clients from every background and every age group, from pediatrics to geriatrics. Through the years, Cindy has honed her skills in a number of specialty circuits including Trauma, Burns, Spinal Cord Injury, and Brain Injury but has spent the past 10 years primarily serving the high volume acute care populations of ICU, Cardiopulmonary, Orthopedics, and Med-Surg. Cindy's approach is matter-of-fact and function-oriented, combining clinical knowledge with a personalized approach for her client's optimal outcomes. She enjoys serving as an instructor and a mentor in each of her practice settings and has most recently spread her knowledge and experience through professional CEU courses focused on the realms of Acute Care/ICU Rehab, Hand Splinting, and Therapy for Cardiopulmonary Patients.

Speaker Disclosures:

Financial: Cindy Bauer has an employment relationship with BJC Healthcare. She receives an honorarium from Performance Health Academy. She receives a speaking honorarium from PESI, Inc.
Non-financial: Cindy Bauer has no relevant non-financial relationship to disclose.

Course developed by **Dr. Kristen Davin, OTDR/L, ATP, SMS**

Objectives

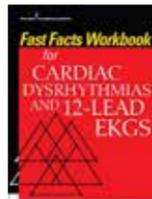
- State the critical elements of analysis and assessment in mobilizing medically fragile patients.
- Develop an appropriate plan of care for patients who present with a critically ill cardiac, neurological or respiratory diagnosis.
- Distinguish the characteristics, similarities of, and differences between, medically fragile and general acute care patients and methods to implement successful therapeutic interventions with each.
- Demonstrate an understanding of the outcome tools available for assessment of the acute or critically ill patient.
- Evaluate strategies for addressing the behaviorally challenging patient and successful methods for patient engagement.
- Identify methods to effectively document progression throughout the acute care spectrum.



HAVE A SEMINAR IDEA? A MANUSCRIPT TO PUBLISH?

The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Anna Rustick at arustick@pesi.com or 715-855-8195.

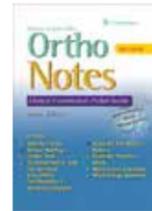
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If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepsi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

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Other Professions: This activity qualifies for 360 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

REGISTRATION FORM

ACUTE CARE & ICU REHAB: STRATEGIES FOR THE MEDICALLY COMPLEX PATIENT

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SAME DAY REGISTRATION

Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

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• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar free of charge on live seminar tuition for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesirehab.com/coord for availability and job description, first come, first serve.

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• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students (on live seminar and live video webcast tuition). **Advance online registration required.**

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