2-DAY: 2020 GERIATRIC CONFERENCE

Are you keeping up with the current recommendations and guidelines?

No matter your specialty, you MUST know how to address the unique concerns of the older adults under your care. Geriatrics is a field in and of itself, but many of us haven't had extensive training on the nuances and complexities that make treatment challenging. In this comprehensive program, geriatric expert, Nanette Lavoie-Vaughan, MSN, ANPPC-C, DNP, will guide you through the normal and abnormal changes of the aging mind and body, providing you with the knowledge that will improve the care you provide. Nanette is passionate about her work and looks forward to sharing her expertise with you. Leave with practical and insightful tips and tools you can use the next day!

- Identify complications and respond more appropriately
- Confidently and effectively communicate with patients and their families
- Provide safer and more effective care

Get Management Strategies and More for:

Alzheimer's Disease & Dementias
Pain Management
Geriatric Pharmacology
Geriatric Emergencies
Managing Challenging Behaviors
Caregiver Stress & Burnout
And Much More





SATISFACTION 100% GUARANTEE

QUESTIONS?

Visit our FAQ page at www.pesihc.com/faq or contact us at www.pesihc.com/info

CONFERENCE SPEAKER

Nanette Lavoie-Vaughan, MSN, ANPPC-C, DNP, practices as a clinician at Geriatric Neuropsychiatric Services in Raleigh, NC. She has over 30 years of experience in the geriatric field. Previously she has worked as a nurse practitioner, director and staff nurse across various settings as she has focused in on her specialty of geriatric/dementia care. Nanette shared her knowledge with others as a clinical assistant professor at East Carolina University College of Nursing, a clinical instructor at UNCG and an adjunct faculty member at Vanderbilt University School of Nursing.

Nanette has presented nationally and internationally on dementia, pain management, caregiver issues, and topics specific to long-term care. She is the author of *Eldercare: The Comprehensive Guide to Caregiving* and a new evidence-based clinical practice guideline for the non-pharmacological management of behavioral problems in dementia. Her expertise and research is recognized through published work in Clinics of North America and in book chapters and online continuing education modules. Nanette also serves as an expert witness for several law firms and was a Sigma Theta Tau Faculty Mentor.

Her educational accomplishments include an MSN from Florida State University, a DNP from Vanderbilt University and a postdoctoral fellowship in ethnogeriatrics at Stanford University.

Disclosures:

Financial: Nanette Lavoie-Vaughan is a Clinical Assistant Professor at East Carolina University, College of Nursing. She will address 'off-label' uses of commercial products. Dr. Lavoie-Vaughan receives a speaking honorarium from PESI, Inc.

Non-financial: Nanette Lavoie-Vaughan has no relevant non-financial relationship to disclose.

Conference Schedule (both days)

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (on your own)
5:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

For locations and maps, go to www.pesihealthcare.com find your event, and click on the seminar title.

Seminar on DVD or Digital Format

You can purchase a self-study package on the subject and you and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesihealthcare.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. If purchasing the digital format, you will receive an emailed order confirmation which contains your login instructions to access the recorded seminar, electronic handouts and online post-test. Order today by using the order form on this brochure or by calling 800-844-8260.

Hassle-Free Cancellation Policy

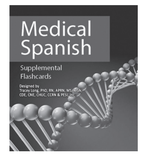
If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a $60 cancel fee. Substitutions are permitted at any time.

HAVE A SEMINAR IDEA?

The nation's top speakers contact PESI HealthCare first. If you are interested in becoming a speaker, or have a new topic idea, please contact Missy Cork at mcork@pesi.com or call (715) 855-6366.

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2-DAY

2020 GERIATRIC CONFERENCE



CROMWELL, CT
Monday & Tuesday
May 4 & 5, 2020

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Target Audience: Nurses, Nurse Practitioners, Clinical Nurse Specialists, Physician Assistants, Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapy Assistants, Speech-Language Pathologists, Social Workers, Physicians

2-DAY

2020 GERIATRIC CONFERENCE



Get Management Strategies and More for:

- **Alzheimer's Disease & Dementias**
- **Pain Management**
- **Geriatric Pharmacology**
- **Geriatric Emergencies**
- **Managing Challenging Behaviors**
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- **And Much More!**

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Monday & Tuesday
May 4 & 5, 2020

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OUTLINE

DAY ONE

SESSION 1: Differentiating Dementias

8:00am - 11:00am

Distinguishing the various types of dementia is often difficult. This session provides tools to appropriately screen patients experiencing dementia, along with discussion of the most effective interventions to improve the care you provide.

- Normal vs. Abnormal Aging
- Types of Dementias
- Alzheimer's Disease
- Parkinson's Disease Dementia
- Substance-Induced Neurocognitive Disorder
- Pharmacological Management

OBJECTIVES

1. Identify the signs and symptoms of Alzheimer's disease and other dementias.
2. List appropriate diagnostic tests to achieve accurate diagnosis.
3. Devise interventions that are effective and promote positive communication between staff, family & the older adult.

SESSION 2: Geriatric Pharmacology: Tools for the Healthcare Professional

11:00am - 3:00pm *(Includes Lunch Break)*

For geriatric patients taking more than five medications, the statistical chance of a drug-drug interaction or adverse event is 100%! For those experiencing an adverse drug event, one third will require additional treatment. This session will provide straightforward tools that will help you care for older adults receiving multiple medications.

- Drug Utilization Amongst the Elderly
- Billing Codes That You MUST Know
- Clinical Pharmacological Issues in the Elderly

OBJECTIVES

1. Apply techniques and identify strategies to avoid adverse drug events and drug disease interactions.
2. Develop individualized monitoring plans for geriatric patients through the evaluation of high risk medications.
3. Identify at least three new guideline recommendations related to geriatric pharmacology.

SESSION 3: Pain Management in the Elderly

3:00pm - 5:00pm

This presentation will review the different categories of controlled substances and their appropriate use in the geriatric patient. Explore special considerations and tools to aid in prescribing and managing pain in the geriatric patient.

- The Challenges Associated with Controlled Substances
- Pain Control... Is every patient's RIGHT

OBJECTIVES

1. Implement controlled substance/pain management contracts into practice.
2. Recognize symptoms of controlled substance and alcohol misuse and abuse.
3. Describe best practice methods for prescribing in the geriatric population.

PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. ***Limited seats available; advance online registration required.***

DAY TWO

SESSION 1: Managing Geriatric Behaviors: Wandering, Aggression, Malnutrition and More

8:00am - 11:00am

Behaviors such as wandering, aggression and anxiety can pose significant barriers to the delivery of essential care. Geriatric syndromes such as malnutrition, dehydration and insomnia can diminish quality of life and threaten independence. This session will explore the most frequent problematic behaviors and discuss strategies to improve the care you provide to your geriatric patients.

- Wandering
- Physical Aggression
- Inappropriate Sexual Behaviors
- Eating Issues & Nutrition in Elders with Dementia
- Sleepless Nights & Sundowning
- Professional Issues

OBJECTIVES

1. Review strategies to diminish the occurrence of behavioral problems in individuals with dementia.
2. Discuss behavioral and environmental techniques to diminish challenging behavioral problems.
3. Identify how cognitive impairment in older individuals is affected by environment, caregiver schedules, and responses to the behaviors.

SESSION 2: Geriatric Emergencies

11:00am - 3:00pm *(Includes Lunch Break)*

A high-energy, dynamic session filled with interesting case studies, insightful discussions and interactive learning. You will leave with practical techniques that you can apply right away – if you work with geriatric patients, you don't want to miss this!

- Physiological Changes with Aging
- Common Underlying Chronic Illness
- Cardiovascular Emergencies
- Pulmonary Emergencies
- Cerebrovascular Emergencies
- Orthopedic Emergencies
- Abdominal Emergencies

OBJECTIVES

1. Develop strategies to identify abuse and neglect.
2. Distinguish etiologic and pathologic factors associated with neurological, orthopedic, abdominal, cardiovascular & pulmonary emergencies.
3. Discuss the atypical presentation of the elderly and how to effectively manage comorbidities.

SESSION 3: Top Ten Medications to Avoid in the Geriatric Patient

3:00pm - 5:00pm

Explore medication dosing guidelines and polypharmacy management principles to ensure safe prescribing in the geriatric patient. Review the top ten medications to avoid and alternatives that can be equally effective.

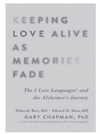
- The BEERS List
- Risks Associated with Anticholinergic Drugs
- The TOP TEN
- 5 Things Patients & Physicians Should Question

OBJECTIVES

1. Discuss how to apply age-sensitive principles for medication dosing and management to clinical scenarios.
2. List key questions useful for identifying and managing polypharmacy in older adults.

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*SAVE by including these products *with your conference registration!*



Keeping Love Alive as Memories Fade

The 5 Love Languages and the Alzheimer's Journey

By Gary Chapman, Ph.D., Edward G. Shaw, MD, MA and Deborah Barr, MA

This collaborative, groundbreaking work between a healthcare professional, caregiver, and relationship expert will: Provide an overview of the love languages and Alzheimer's disease, correlate the love languages with the developments of the stages of AD, discuss how both the caregiver and care receiver can apply the love languages, address the challenges and stresses of the caregiver journey, offer personal stories and case studies about maintaining emotional intimacy amidst AD.



The Dementia Care-Partner's Workbook

A Guide for Understanding, Education, and Hope

By Edward G. Shaw, MD, MA

The Dementia Care Partner's Workbook includes a foreword by world-renowned dementia educator Teepa Snow, who said, "This resource offers what is so needed in dementia care: a combination of practical, emotional, intellectual, social, and spiritual support for those who have to make the journey. This workbook provides individual family members with greater awareness, knowledge, and skill to improve life, relationships, and care throughout the disease process."

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Live Conference Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. *After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.*

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of healthcare professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 14.6 contact hours. Partial contact hours will be awarded for partial attendance.

Pharmacology Nurse Practitioners: This program offers 380 instructional minutes of pharmacology content which is designed to qualify for 6.3 contact hours toward your pharmacology requirement to receive credit. It is your responsibility to submit your certificate of successful completion and a copy of the seminar brochure to your licensing board.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 14.5 contact hours or 1.45 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Physical Therapists & Physical Therapist Assistants: This activity consists of 14.5 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

Physicians: PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

PESI, Inc. designates this live activity for a maximum of 14.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physician Assistants: AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credits™ from organizations accredited by ACCME such as PESI. Physician assistants may receive a maximum of 14.5 hours for completing this program.

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 14.5 AMA PRA Category 1 Credits™.

APPROVED PROVIDER — ASHA CONTINUING EDUCATION — AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION

PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Speech-Language Pathologists: This course is offered for 1.45 ASHA CEUs (Intermediate level, Professional area).

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 14.5 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Other Professions: This activity qualifies for 880 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

REGISTRATION FORM

2-DAY: 2020 GERIATRIC CONFERENCE

SAVE TIME! **Express Register Online: pesihc.com/express/78647**

1 Please complete entire form if sending by mail *please print legibly*

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***Required for event updates**

2 Select Location (make copy for your records)

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3 Select Tuition

TUITION including seminar manual

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☐ **$15.99*** ***Keeping Love Alive as Memories Fade*** book (SAM086220)

☐ **$19.95*** ***The Dementia Care-Partner's Workbook*** (SAM086225)

*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

4 Select Payment Method

All registrations must be prepaid.

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ADA NEEDS

We would be happy to accommodate your ADA needs; please email info@pesi.com or call 1-800-844-8260 at least two weeks prior to the seminar date.

SAME DAY REGISTRATION

Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

TUITION OPTIONS

Advance registration required. *Cannot be combined with other discounts.*

- **FREE Military Tuition:** PESI Inc. is proud to offer this seminar *free* of charge on live seminar tuition for veterans and active duty military personnel. ***Limited seats available; advance online registration required.***
- **$60 Tuition:** If you are interested in being our registration coordinator for both days, go to: **www.pesihealthcare.com/coord** for availability and job description, first come, first serve.
- **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students (on live seminar and live video webcast tuition). ***Advance online registration required.***

QUESTIONS

Visit pesihc.com/faq or contact us at pesihc.com/info

OTHER WAYS TO REGISTER

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2-Day: Geriatric Conference

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