

APRIL 7 IASTM Practitioner Certification

The days of painful techniques that lead to excessive bruising are over - welcome to the future of Instrument Assisted Soft Tissue Mobilization (IASTM).

Rather than the old aggressive mechanical model, this certification course focuses on the neurological effects of IASTM. Modern IASTM is designed to work with the patient's neurological system to manage symptoms, motor control and biomechanics with a very safe and gentle approach.

This framework offers a dynamic assessment philosophy designed to arm clinicians and clients with an innovative approach to treatment. By incorporating a joint by joint analysis of skin, fascial anatomy, and muscles, you will be able to incorporate IASTM to:

- Reduce pain
- Increase mobility
- Enhance proprioception
- Boost performance

Instructed by industry-leading clinicians, this hands-on certification program equips you with all the skills you'll need to begin using IASTM with the patients across the continuum of care.

Get impressive results without aggressive techniques – your patients (and your hands) will thank you!

Objectives

1. Discuss the myofascial sequencing model.
2. Analyze the neuroanatomy of the fascial system.
3. Utilize movement screening techniques to identify faulty movement patterns.
4. Examine the current best-evidence theory and science of IASTM.
5. Integrate assisted fascial manual therapy techniques with functional kinesiology taping to improve movement quality.
6. Design effective plans of care that incorporate dry fascial gliding to promote improved range of motion.

Speaker

CARLOS ROEL, PT, DPT, OCS, ATC, CSCS, is a Doctor of Physical Therapy, Certified Athletic Trainer, Certified Strength and Conditioning Specialist, and a Board-Certified Clinical Specialist in Orthopedic Physical Therapy. An active clinician, Dr. Roel is on the medical support team for the US Soccer Federation's Paralympic Team, USA Volleyball's Beach Teams, US Fencing Association, and Kreiswirth Sports Medicine/International Brazilian Jiu-Jitsu Federation. In addition, he serves on the board of directors for the Armenian American Sports Medicine Coalition.

Outreach and education are important aspects of Dr. Roel's career, and he trains therapists nationally with RockTape and PESI on topics such as kinesiology taping, instrument-assisted soft tissue mobilization, and myofascial cupping. He is also involved in the education and training of future health care professionals as an instructor at Azusa Pacific University, Western University of Health Sciences, and California State University, Northridge.

Speaker Disclosure:

Financial: Carlos Roel has an employment relationship with Evergreen Physical Therapy Specialists. He receives an honorarium from RockTape. Dr. Roel receives a speaking honorarium from PESI, Inc.

Non-financial: Carlos Roel has no relevant non-financial relationship to disclose.

REGISTER NOW pesirehab.com/express/78297

APRIL 7 IASTM Practitioner Certification

MODERN PAIN SCIENCE: RESHAPE IASTM

- Movement, mobility, and motor control
- Movement Pyramid framework
- Fascial anatomy/physiology
- Physiological/neurological effects of instrument-assisted techniques

BLUEPRINT FOR THE NEUROMUSCULAR APPROACH TO TOOLING

- Graded exposure system
- Tissue tolerance concept
- Feed the brain

FUNCTIONAL MOVEMENT SCREENING TO QUICKLY IDENTIFY DYSFUNCTION

- Sagittal, frontal, and transverse plane patterns
- Is it a mobility or a stability problem?
- Common problems associated with faulty planar movement patterns
- Ripple effect

Hands-On Lab

TECHNIQUES AND TREATMENT APPLICATION STRATEGIES

- Treatment strokes
- Vectors, rate, and time under manipulation
- Planar motion and fascial lines
- Evaluate up- and downstream from target area

Hands-On Lab

DEVELOP ROBUST TREATMENT PLANS

- Upper body
 - Low back pain
 - Headaches
 - Neck strains
 - Rotator cuff tendinosis/itis
 - Lateral & medial epicondylitis

- Lower body
 - IT band issues
 - Knee pain
 - Plantar fasciitis
 - Ankle sprain/strains
- Scar tissue
- Athletic Injuries
- Post-operative swelling
- Neurological complaints
- Up & down regulation of tissues

Hands-On Lab

INTEGRATE MULTIPLE MODALITIES FOR BETTER PATIENT OUTCOMES

- Combine manual therapy, taping, and movement
- Corrective exercise strategies
- Improving stability following mobility enhancement
- Myofascial gliding and release
- Comprehensive strategies for improving function and performance

Hands-On Lab

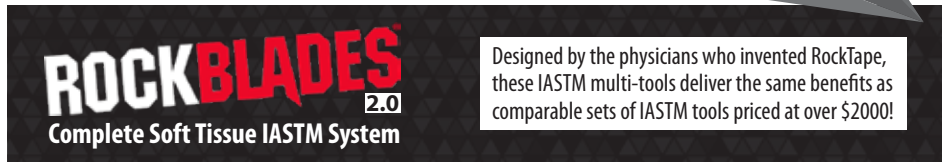
ADVANCED TECHNIQUES FOR AVOIDING COMMON IASTM MISTAKES

- Is bruising necessary?
- Determine appropriate treatment time
- Prevent hand fatigue
- Maintain control of tools when using emollient creams

Hands-On Lab

KNOWLEDGE INTO ACTION - CASE STUDIES AND PROBLEM SOLVING

50% off
this product if purchased
with your registration



Designed by the physicians who invented RockTape, these IASTM multi-tools deliver the same benefits as comparable sets of IASTM tools priced at over \$2000!



INCLUDES

- 9-in-1 IASTM multitool (weighted, surgical-grade stainless steel model)
- 10-in-1 IASTM travel multitool (weighted, surgical-grade stainless steel model)
- NEW AND IMPROVED!
- RockRub emollient cream
- Sanitizing wipes
- Travel case

~~\$700~~ \$350

Scan Here to Purchase



Who Should Attend

- Physical Therapists
- Physical Therapist Assistants
- Massage Therapists
- Occupational Therapists
- Occupational Therapy Assistants
- Athletic Trainers
- Personal Trainers

What You Should Bring

- Please wear comfortable and loose clothing for labs. Shorts are recommended.
- Yoga mat or massage table (if applicable)

Seminar Schedule (Days 1 & 2)

Registration:
7:30 a.m. (coffee & tea provided)
Seminar Begins:
8:00 a.m.
Lunch Break:
1 hour (on your own)
Seminar Ends:
3:30 p.m.
Breaks:
15 minutes (mid-morning & mid-afternoon)

\$60 off*
*when you attend both days

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cespi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Kinesiology Taping Practitioner Certification

Athletic Trainers: PESI, Inc. is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 6.0 hours of Category A continuing education.

Personal Trainers: This course has been approved by the National Academy of Sports Medicine (NASM-BOC) for 0.6 CEUs. PESI, Inc. Provider Number is 544.

Message Therapists: PESI, Inc. is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. Provider #1808. This course is offered for 6.0 CE hours. 100% attendance is required for a Certificate of Completion to be issued, no variable credit is given.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

New Mexico Occupational Therapists: This course has been submitted to the State of New Mexico Board of Examiners for Occupational Therapists for review. Credit is pending.

Physical Therapists & Physical Therapist Assistants: This activity consists of 6.0 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

New Mexico Physical Therapists & Physical Therapist Assistants: This course has been submitted to The New Mexico Chapter of the American Physical Therapy Association for review.

Other Professions: This activity qualifies for 360 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

IASTM Practitioner Certification

Athletic Trainers: PESI, Inc. is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 6.0 hours of Category A continuing education.

Personal Trainers: This course has been approved by the National Academy of Sports Medicine (NASM-BOC) for 0.6 CEUs. PESI, Inc. Provider Number is 544.

Message Therapists: PESI, Inc. is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. Provider #1808. This course is offered for 6.0 CE hours. 100% attendance is required for a Certificate of Completion to be issued, no variable credit is given.

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REGISTRATION FORM

2 SEMINARS:
KINESIOLOGY TAPING PRACTITIONER CERTIFICATION
IASTM PRACTITIONER CERTIFICATION

SAVE TIME! Express Register Online: pesirehab.com/express/78297

1 Please complete entire form if sending by mail please print legibly

*Email address *Email required to receive registration confirmation, CE certificate, and/or digital product.

Name Profession

Billing Address Home Work

Company Name (if work address):

City County State Zip

*Cell Ph () Work Ph () *Required for event updates

2 Select Location (make copy for your records)

ALBUQUERQUE, NM (78297ALB)

Sheraton Albuquerque Airport Hotel
2910 Yale Blvd SE • 87106 • (505) 843-7000

☐ DAY 1: April 6, 2020
Kinesiology Taping Practitioner Certification

☐ DAY 2: April 7, 2020
IASTM Practitioner Certification

☐ BOTH DAYS: April 6 & 7, 2020

3 Select Tuition

TUITION including seminar manual

☐ \$279.99 (+ tax in NM) per person standard tuition for one seminar day

☐ \$499.98 (+ tax in NM) per person for both seminar days

ADD-ON PRODUCTS — Save on Shipping! — Products Distributed at Seminar

☐ \$350* RockBlades 2.0 - Complete Soft Tissue IASTM System (OEQ085640)

☐ \$89.99* RockTape Taping Variety Pack (KIT085244)

*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

4 Select Payment Method

All registrations must be prepaid.

☐ Check enclosed payable to PESI, Inc.

☐ Purchase order enclosed (Fed ID # 26-3896894)

☐ MC 16 digits ☐ VISA 13-16 digits ☐ AE 15 digits ☐ Discover Novus 16 digits

Card #

Card Exp. CVV#:

Signature

(*MC/VISA/Discover: last 3-digit # on signature panel on back of card.) (*American Express: 4-digit # above account # on face of card.)

ADA NEEDS

We would be happy to accommodate your ADA needs: please email info@pesi.com or call 1-800-844-8260 at least two weeks prior to the seminar date.

SAME DAY REGISTRATION

Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

TUITION OPTIONS

Advance registration required. Cannot be combined with other discounts.

• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar free of charge on live seminar tuition for veterans and active duty military personnel. Limited seats available; advance online registration required.

• **\$60 Tuition:** If you are interested in being our registration coordinator for both days, go to: www.pesirehab.com/coord for availability and job description, first come, first serve.

• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students (on live seminar and live video webcast tuition). Advance online registration required.

QUESTIONS

Visit pesirehab.com/faq or contact us at pesirehab.com/info

OTHER WAYS TO REGISTER

Fax: 800-554-9775

Mail: PESI Rehab
PO Box 1000
Eau Claire, WI 54702-1000

Phone: 800-844-8260

Online: pesirehab.com/express/78297

CAN'T ATTEND THE SEMINAR?

Kinesiology Taping Practitioner Certification

Seminar on DVD** \$219.99 (RVN063995)

IASTM Practitioner Certification

Seminar on DVD** \$219.99 (RVN064000)

Product total
Shipping - \$6.95 (DVD only)
Subtotal
Tax
TOTAL

*For digital seminars, add applicable tax in AL, AZ, AR, CO, CT, DC, HI, IL, IA, KY, LA, ME, MN, MS, NE, NJ, NM, NY, NC, OH, PA, SD, TN, TX, UT, VT, WA, WI, WY.

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