

# OUTLINE

## THE JOURNEY OF GRIEF

- Models for understanding grief
  - Older, familiar models
  - Current theories and approaches
- Grief expressions
  - Emotional and cognitive
  - Physical manifestations
  - Behavioral
  - Social behaviors and societal reactions
- Predictors and mediators of the experience
  - Background: grief is highly individual
  - Personality and other vulnerability factors
  - Who died; quality of relationship
  - Social, contextual and cultural influences
  - Mode of death
  - Other influences
- Non-death losses

## ASSESSMENT AND DIAGNOSIS OF GRIEF-RELATED SYMPTOMS

- Differential diagnosis between depression, grief and PTSD
- Persistent complex bereavement disorder
- Use of adjustment disorder diagnosis with grief clients
- Measurement/assessment of grief symptoms

## WHEN GRIEF BECOMES COMPLICATED

- Common trajectories for grief
- What is "complicated" grief and how do you recognize it?
- Treatment interventions for complicated grief

### Target Audience:

Psychologists • Psychiatrists • Case Managers  
Addiction Counselors • Counselors  
Marriage and Family Therapists  
Social Workers • Nursing Home Administrators  
Pastoral Counselors • Chaplains/Clergy  
Psychiatric Nurse Practitioners • Mental Health Nurses  
Thanatologists • Funeral Directors

## TREATMENT STRATEGIES AND FUNCTIONAL INTERVENTIONS

- Grief counseling
  - How is it different from other types of counseling?
  - Who often benefits (and who may not)?
- Components of a general approach
  - The 3 Rogerian conditions
  - Power of presence
  - Being a companion/therapist for your grief clients
- Cross-cultural and other diversity considerations
- Dealing with emotional intensity
- Grief vs. trauma
- When clients' grief is disenfranchised
- Working with couples or families who have experienced the "same" loss
- Preparing for grief "spikes"
- Post-traumatic growth

## BEING A GRIEF COUNSELOR

- The risks and joys of this work
- Self-awareness
- Self-care
- Training opportunities in this field

## LIMITATIONS OF THE RESEARCH AND POTENTIAL RISKS

- Disparity in results across studies for grief
- Risk factors for complicated grief

### Live Seminar & Webcast Schedule

(Times listed in Eastern)

- 7:30** Registration/Morning Coffee & Tea
- 8:00** Program begins
- 11:50-1:00** Lunch (on your own)
- 4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

# OBJECTIVES

1. Articulate current models for conceptualizing grief and how these influence treatment planning.
2. Analyze and differentiate clinical symptoms to diagnose grief clients appropriately.
3. Implement functional interventions for grief counseling adaptable to use with any clients.
4. Demonstrate three new interventions to use with bereaved clients.
5. Determine when grief has become "complicated" and develop an appropriate treatment strategy.
6. Develop strategies of self-awareness and self-care for grief counselors as it relates to clinical practice.

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# COUNSELING GRIEF CLIENTS CERTIFICATION TRAINING

FUNCTIONAL INTERVENTIONS FOR EVERYDAY USE

- |   |  |   |  |
|---|--|---|--|
| <b>Albany, NY</b><br>Wednesday<br>August 26, 2020 | <b>Poughkeepsie, NY</b><br>Thursday<br>August 27, 2020 | <b>Springfield, MA</b><br>Friday<br>August 28, 2020 | <b>Live Webcast</b><br>Friday<br>August 28, 2020 |
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# COUNSELING GRIEF CLIENTS CERTIFICATION TRAINING

FUNCTIONAL INTERVENTIONS FOR EVERYDAY USE



## BECOME CERTIFIED IN GRIEF COUNSELING!

This seminar meets ALL requirements to become a Certified Grief Counseling Specialist through the International Association of Trauma Professionals!

Professional standards apply, see [www.traumapro.net/griefcert](http://www.traumapro.net/griefcert) for full certification details.



- Discover recent research that upends everything we thought we knew about grief
- Differentiate between complicated grief, disenfranchised grief and non-death losses
- Explore factors influencing grief severity
- Identify whether symptoms indicate grief, PTSD, depression, or persistent complex bereavement disorder
- Apply a counseling approach adaptable for use with any grief client

- |   |  |   |  |
|---|--|---|--|
| <b>Albany, NY</b><br>Wednesday<br>August 26, 2020 | <b>Poughkeepsie, NY</b><br>Thursday<br>August 27, 2020 | <b>Springfield, MA</b><br>Friday<br>August 28, 2020 | <b>Live Webcast</b><br>Friday<br>August 28, 2020 |
|---|--|---|--|



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# COUNSELING GRIEF CLIENTS CERTIFICATION TRAINING:

## FUNCTIONAL INTERVENTIONS FOR EVERYDAY USE

Clinicians often struggle to develop an effective approach to counseling grief clients due to the uniqueness of each individual's grief. The last 10-15 years have seen an explosion of new research in the field and many new studies have turned what we thought we knew on its head.

Explore this new research about appropriate diagnosis of grief clients, ideas for how to assess grief severity and related constructs, and clarification about what is meant by "complicated grief." Review the most commonly used current models for understanding grief and leave with tools, including 20 interventions, to more confidently assist clients in navigating the adaptive, yet confusing and difficult, grief process. The seminar will end with a focus on self-care, discussing how to appropriately manage and care for ourselves in this demanding, yet fulfilling, work.

**Best of all, upon completion of this live training, you'll be eligible to become a Certified Grief Counseling Specialist (CGCS) through the International Association of Trauma Professionals.** Certification lets colleagues, employers, and caregivers know that you've invested the extra time and effort necessary to understand the complexities of grief counseling. Professional standards apply. Visit [www.traumapro.net/griefcert](http://www.traumapro.net/griefcert) for details.

## SPEAKER

**JOY R. SAMUELS, D.MIN., LPC-MHSP, NCC**, has over 25 years' experience as a licensed professional counselor, Fellow in Thanatology, chaplain, and ordained minister. She teaches in the graduate clinical mental health psychology department at Lipscomb University and at Candler School of Theology at Emory University in the United Methodist Church Course of Studies. She maintains a private counseling practice and supervises those seeking licensure as a LPC-MHSP.

Dr. Samuels holds D. MIN. and MDIV. degrees from Wesley Theological Seminary, Washington, DC. Additionally, she holds an M.S. degree in counseling psychology from California State University, Northridge, CA, and a counseling certificate in substance abuse from the Northern Virginia Community College, Annadale, VA. Among her areas of expertise are individual, couples and family counseling, trauma and bereavement and post-masters supervision.

### Speaker Disclosures:

Financial: Joy Samuels is in private practice. She is an adjunct faculty at Lipscomb University. Dr. Samuels receives a speaking honorarium from PESI, Inc. Non-financial: Joy Samuels is a Fellow in Thanatology.

## Live Webcast Details and Live Webcast Continuing Education Credit Information

### Join us on August 28, 2020, for this live, interactive webcast!

Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$49.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: [www.pesi.com/webcast/82768](http://www.pesi.com/webcast/82768)

*"Dr. Samuels beautifully holds a balance between extensive knowledge and deep compassion. I grew as a professional and as a human being as a result of my work with her. She draws out the best."*

**Vanessa, LPC-MHSP**

*"Dr. Samuels' presentation and guidance during the class helped me navigate difficult ministry challenges with my grieving parishioners."*

**Rev. Sandra**



**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

**Seminar on DVD or Digital Format:** You can purchase a self-study package on the subject and you and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesi.com](http://www.pesi.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. If purchasing the digital format, you will receive an emailed order confirmation which contains your login instructions to access the recorded seminar, electronic handouts and online post-test. Order today by using the order form on this brochure or by calling 800-844-8260.

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**Questions** Visit our FAQ page at [www.pesi.com/faq](http://www.pesi.com/faq) or contact us at [www.pesi.com/info](http://www.pesi.com/info)

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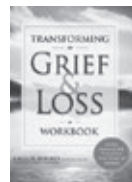
- No hidden fees – PESI pays for your application fee (a \$99 value)!
- Simply complete this live event and the online application form, and you're a Certified Grief Counseling Specialist through the International Association of Trauma Professionals.\*

Attendees will receive documentation of CGCS certification from The International Association of Trauma Professionals 4 to 6 weeks following the program. \*Professional standards apply. Visit [www.traumapro.net/griefcert](http://www.traumapro.net/griefcert) for professional requirements.



International Association of Trauma Professionals

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### Transforming Grief & Loss Workbook:

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By Ligia M. Houben, MA, FT, FAAGC, CPC, CHT

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## LIVE SEMINAR CONTINUING EDUCATION CREDIT INFORMATION

**Credits listed below are for full attendance at the live event only.** After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

**ETHICS:** This seminar includes 1.0 hours of general ethics instruction. If ethics is not specified within your licensing board's approval statement below, please contact your board to determine the applicability and amount of ethics allowed.

**ADDICTION COUNSELORS:** This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

**CONNECTICUT ADDICTION COUNSELORS:** Provider #120924. This course has been approved as a CCB approved training and has been awarded 6.25 hours by the Connecticut Certification Board.

**NEW YORK ADDICTION PROFESSIONALS:** This course has been approved by OASAS for 6.25 clock hours toward Initial Credentialing for CPP Section # 1 or CPS Section # 1 or Renewal for CASAC, or CPP or CPS. Board required credits will be sent after the program.

**CHAPLAINS/CLERGY:** This activity is designed to qualify for 6.25 continuing education hours.

**CERTIFICATION IN THANATOLOGY:** This educational offering is recognized by the Association for Death Education and Counseling to meet the thanatology-related educational contact hour requirements to be Certified in Thanatology: Death, Dying and Bereavement. This course will award 6.25 contact hours to participants.

**COUNSELORS:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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**MASSACHUSETTS COUNSELORS:** CE credit is available. This program has been approved for 6.25 Category I MaMHCA/MMCEP hours for re-licensure, in accordance with 262 CMR. Expires: 03/25/2021. Full attendance is required; no partial credits will be offered for partial attendance.

**NEW YORK COUNSELORS:** PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board of Mental Health Practitioners as an approved provider of continuing education for Licensed Mental Health Counselors. #MHC-0033. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

**VERMONT COUNSELORS:** This activity is approved by the Board of Allied Mental Health Practitioners (BAMHP) for 6.25 continuing education credits.

**MARRIAGE & FAMILY THERAPISTS:** This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**MASSACHUSETTS MARRIAGE & FAMILY THERAPISTS:** This activity has been certified by NEAFAST on behalf of the Massachusetts Board of Registration of Allied Mental Health & Human Services Professions, for LMFT professional continuing education. Full attendance at this activity qualifies for 6.3 contact hours.

**NEW YORK MARRIAGE & FAMILY THERAPISTS:** PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapists. #MFT-0024. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

**NURSES, NURSE PRACTITIONERS, AND CLINICAL NURSE SPECIALISTS:** PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

**NURSING HOME ADMINISTRATORS:** This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long-Term Care Administrator Boards (NAB) and approved for 6.25 clock hours and 6.25 participant hours. Full attendance is required; no partial credits will be offered for partial attendance.

**PSYCHOLOGISTS & PSYCHIATRISTS:** **Psychiatrists** PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Psychologists** The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 6.0 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

**PSYCHOLOGISTS:** This live activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline and the certificate of completion you receive from this live activity. Contact us for more information on your state board or organization specific filing requirements. American Psychological Association credits are not available.

**NEW YORK PSYCHOLOGISTS:** This live activity consists of 380 minutes of continuing education instruction and is related to the practice of psychology.

**VERMONT PSYCHOLOGISTS:** CE credit is available. This activity is approved by the Board of Psychological Examiners for 6.25 continuing education credits.

**SOCIAL WORKERS:** PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 5.25 Clinical Practice and 1.0 Ethics continuing education credits. No more than 6.25 total CE hours may be awarded for this activity. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

**NEW YORK SOCIAL WORKERS:** PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board of Social Work as an approved provider of continuing education for licensed social workers #SW-0008. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

**OTHER PROFESSIONS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion and contact your own board or organization for specific requirements.

## REGISTRATION FORM

### COUNSELING GRIEF CLIENTS CERTIFICATION TRAINING: FUNCTIONAL INTERVENTIONS FOR EVERYDAY USE

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**ADA NEEDS**  
We would be happy to accommodate your ADA needs; please email [info@pesi.com](mailto:info@pesi.com) or call 1-800-844-8260 at least two weeks prior to the seminar date.

**SAME DAY REGISTRATION**  
Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

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- **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: [www.pesi.com/coord](http://www.pesi.com/coord) for availability and job description, first come, first serve.
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