

Outline

DAY ONE:

Brain Topography, Function, and “Normal Aging”

Temporal Lobe
Frontal Lobe
Parietal Lobe
Occipital Lobe

Impact of dementia on brain structure and functioning

How we view the patient - compassion and sensitivity in your work

Cognitive Disorder and “Forgetfulness”

“Normal aging” and ageism

Transient Cognitive Decline

Pre-cursor to dementia

Mild Neuro-Cognitive Disorder

Clearly Understand Diagnoses for Alzheimer’s Disease and Differentiate it from Other Dementias

Alzheimer’s

Vascular

Parkinson’s

Lewy Body

Frontotemporal

Potentially reversible conditions

Wernicke-Korsakoff

Easy-to-Use Cognitive Assessment Tools

Mini-Mental State Examination

SLUMS

Clinical applications

Administration and scoring

Objective and subjective interpretation

The Latest Medications and Preventative Treatments

Current medications

Early and mid-stage Alzheimer’s

Mid and late-stage Alzheimer’s

Preventative treatments

Alternate interventions

DAY TWO:

Mental Health Evaluation

Depression

Major depression

Persistent depressive disorder

Adjustment disorder

Grief

Anxiety

Schizophrenia

Bipolar disorder

Alcohol abuse

Differentiate dementia and depression

Practical applications

Mental Health Interventions

Therapy modalities

Cognitive-Behavioral Therapy

Music therapy

Art therapy

Pet therapy

Garden therapy

Difficult Behaviors Related to Dementia: Triggers and Effective Intervention Techniques

Goals and general concepts

Individualizing care - strengths and limitations

Depression

Delusions and hallucinations

Potential causes and complications

Agitation/restlessness - triggers and care planning

Activities of daily living - structure and engagement strategies

Tactics for verbal and physical combativeness

Elopement - reduce risks and action steps

Adapting as the disease progresses

Working with Caregivers: Family as Members of the Care Team

The most common questions from family

Family dynamics

Normalizing change

Anticipatory grief counselling

Caregiver self-assessment scale

Caregiver stress, depression and guilt -- coping mechanisms

Coping for the clinician

Ethics

End of life issues

Responsibility to patient

Reporting abuse

Power of Attorney

Documentation

Live Course Schedule - both days

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (*on your own*)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Target Audience:

Social Workers • Nurses • Speech-Language Pathologists
Psychologists • Counselors • Nursing Home Administrators
Assisted Living Facility Administrators • Case Managers
Marriage and Family Therapists • Physical Therapists
Long Term/Acute Care Professionals
Occupational Therapists

Questions?

Visit our FAQ page at www.pesi.com/faq
or contact us at www.pesi.com/info

Objectives

1. Assess the impact of dementia on brain structure and function.
2. Determine the difference between “normal forgetfulness” and cognitive impairment.
3. Discriminate Alzheimer’s Disease from other dementias by identifying manifestations of each type.
4. Articulate the differences between the Folstein Mini-Mental Status examination, SLUMS and MOCA as screening measuring tools for cognitive impairment and dementia.
5. Communicate how difficult questions from family members can be answered with confidence and sensitivity.
6. Establish how clinicians can effectively intervene in delusions, resisting care and combativeness.
7. Articulate how clinical interventions can be adapted to provide patients with individualized care and promote more effective participation in therapy.
8. Correlate patients’ strengths and limitations to potential therapeutic approaches for older adults.
9. Specify how professionals can work in partnership with families to improve care.
10. Investigate the concept of caregiver guilt and its implications for the client, clinicians, and those caring for older adults with dementia.
11. Explore how end of life and elder abuse issues inform decisions regarding patient responsibility and documentation.
12. Characterize how to differentiate dementia from depression despite similar clinical manifestations.

FREE Worksheets

Trauma Treatment Toolbox for Teens



Access these practical and engaging printable tools at
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The Aging Brain

& Alzheimer’s Disease, & Other Dementias

2-Day Comprehensive Training Course



Dallas, TX

Thursday & Friday

August 6 & 7, 2020

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Become
Dementia Care
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Details Inside

The Aging Brain

& Alzheimer’s Disease, & Other Dementias

2-Day Comprehensive Training Course



- Easy-to-use tools to assess for cognitive difficulties
- Effective interventions for difficult behaviors
- Overcome communication issues that can obstruct quality care
- Identify and reduce safety risks

Dallas, TX

Thursday & Friday

August 6 & 7, 2020

The Aging Brain: Alzheimer’s Disease, and Other Dementias: 2-Day Comprehensive Training Course

Older adults with dementia and other mental health issues interact with a variety of professionals including nursing staff, psychologists, counselors, social workers, OTs, PTs, SLPs, home health aides, adult day center staff, and first responders. Still, many haven’t had extensive training on the complexities that make working with this population so challenging.

Without appropriate training, safety risks grow and opportunities to improve care and quality of life are missed.

This 2-Day comprehensive course is a must-have for anyone working with older adult patients facing Alzheimer’s Disease, other dementias, and mental health issues like anxiety and depression. Over two intensive days you’ll discover how you can assess for and differentiate between different types of dementias, maximize daily functioning, better work with significant mental health issues like anxiety, depression and substance use in older patients, and safely and effectively intervene when difficult behaviors arise.

No matter your profession, you can’t afford to miss this chance to get the skills, tactics and knowledge you need to provide the best care possible!

Sign up today!


Speaker

ROY D. STEINBERG, PhD, a gero-psychologist with over 22 years of experience, concentrates his work on diagnosing and facilitating treatment of individuals with Alzheimer’s disease and other forms of dementia. He has lectured nationally on the assessment and treatment of individuals with Alzheimer’s disease, and on increasing attention on caring for caregivers. Dr. Steinberg is the author of *Forgetting the Memories: A Caregiver’s Journey Through Alzheimer’s Disease* a guide for caregivers that draws upon his profound knowledge of the disease, its manifestations and treatment, and his great love and tenderness as the son of an Alzheimer’s patient.

Dr. Steinberg maintains a private practice devoted exclusively to serving older adults and their caregivers. He provides evaluation, consultation, and psychotherapeutic services to older adults in nursing homes, assisted living, and medical facilities. Dr. Steinberg provides outpatient consultation, educational, and counseling services to families and other caregivers of older adults to facilitate coping with the process of dementia.

Dr. Steinberg is licensed in New Jersey, Pennsylvania, New York, and California. He received his PhD from the California School of Professional Psychology at Berkeley. He has been featured in numerous media venues, including television, radio, and print.

Speaker Disclosure:
Financial: Roy Steinberg maintains a private practice. He is an author for AuthorHouse. He receives a speaking honorarium from PESI, Inc.
Non-financial: Roy Steinberg has no relevant non-financial relationship to disclose.



PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

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CERTIFICATION MADE SIMPLE!

- No hidden fees – PESI pays for your application fee (a \$99 value)!
- No additional forms to fill out.
- Simply complete this live event and you’re a Certified Dementia Care Specialist through the International Association of Aging Specialists.

Attendees will receive documentation of CDCS certification from The International Association of Aging Specialists 4 to 6 weeks following the program. Professional standards apply. PESI customers do not need to complete steps 2 and 3 of the certification process at agingcert.com. Visit agingcert.com/customercare/faq for answers to frequently asked certification questions.



Live Course Continuing Education Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Counselors: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Texas Counselors: This activity consists of 12.5 clock hours of continuing education instruction. Texas State Board of Examiners of Professional Counselors no longer approves programs or providers. PESI activities meet the continuing education requirements as listed in Title 22 Texas Administrative Code, Chapter 681, Subchapter J, Section 681.142 Acceptable Continuing Education. Please retain the certificate of completion that you receive and use as proof of completion when required.

Marriage & Family Therapists: This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Texas Marriage & Family Therapists: This activity consists of 12.5 clock hours of continuing education instruction. Texas State Board of Examiners of Marriage and Family Therapists no longer approves programs or providers. PESI activities meet the continuing education requirements as listed in Title 22 of the Texas Administrative Code, Chapter 801, Subchapter K, Section 801.264 Types of Acceptable Continuing Education. Please retain the certificate of completion that you receive and use as proof of completion when required.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 12.6 contact hours. Partial contact hours will be awarded for partial attendance.

Pharmacology Nurse Practitioners: This program offers 165 instructional minutes of pharmacology content which is designed to qualify for 2.75 contact hours toward your pharmacology requirement to receive credit. It is your responsibility to submit your certificate of successful completion and a copy of the seminar brochure to your licensing board.


Nursing Home Administrators: This program has been submitted (but not yet approved) for 12.5 continuing education clock hours and 12.5 participant hours from NAB/NCERS. For the most up-to-date credit information, please go to: www.pesi.com/events/detail/77929.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 12.5 contact hours or 1.25 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Physical Therapists & Physical Therapist Assistants: This activity consists of 12.5 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

Texas Physical Therapists & Physical Therapist Assistants: This activity is provided by the Texas Board of Physical Therapy Examiners Accredited Provider #2106032TX and meets continuing competence requirements for physical therapist and physical therapist assistant licensure renewal in Texas. This activity will provide 12.5 CCUs. The assignment of Texas PT CCUs does not imply endorsement of specific course content, products, or clinical procedures by TPTA or TBPTE. Full attendance is required; no partial credits will be offered for partial attendance.

Psychologists: This live activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline and the certificate of completion you receive from this live activity. Contact us for more information on your state board or organization specific filing requirements. American Psychological Association credits are not available.



APPROVED PROVIDER
ASHA
CONTINUING
EDUCATION
AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION

PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Speech-Language Pathologists: This course is offered for 1.25 ASHA CEUs (Intermediate level, Professional area).

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 12.5 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Other Professions: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

REGISTRATION FORM

THE AGING BRAIN: ALZHEIMER’S DISEASE, AND OTHER DEMENTIAS: 2-DAY COMPREHENSIVE TRAINING COURSE


SAVE TIME! Express Register Online: pesi.com/express/77929

1

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2

Select Location

(make copy for your records)

☐ **DALLAS, TX • August 6 & 7, 2020** (77929DAL)
Norris Conference Center-Dallas/Northpoint Centre
12005 Ford Road • 75234 • (469) 840-0700

ADA NEEDS
We would be happy to accommodate your ADA needs; please email info@pesi.com or call 1-800-844-8260 at least two weeks prior to the seminar date.

SAME DAY REGISTRATION
Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

3

Select Tuition

TUITION including seminar manual

☐ **\$439.99** – per person for both days (postmarked 3 wks prior to event)

☐ **\$499.99** per person for both days (standard)

TUITION OPTIONS
Advance registration required. Cannot be combined with other discounts.

- **FREE Military Tuition:** PESI Inc. is proud to offer this seminar free of charge on live seminar tuition for veterans and active duty military personnel. *Limited seats available; advance online registration required.*
- **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, first come, first serve.
- **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students (on live seminar and live video webcast tuition). *Advance online registration required.*

4

Select Payment Method

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QUESTIONS
Visit pesi.com/faq or contact us at pesi.com/info

OTHER WAYS TO REGISTER

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Here’s What Attendees Are Saying About This Program

“I would recommend this course to anyone who works with older people.”

“Probably the best CE program that I have attended.”

“Extremely informative and well done. I couldn't possibly think of any way to improve it further.”

“Held the audience’s interest with every word.”

CAN'T ATTEND THE SEMINAR?

The Aging Brain - Alzheimer's Disease, and Other Dementias

— **Online Digital Seminar***
\$439.99 (POS053565) (Email required)

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