# **OUTLINE**

#### **Uncover Misbehavior's Hidden** Motives

The 5 "needs" that drive all misbehavior 15 maladaptive ways teens guard against feeling hurt

14 keys to stop misbehavior

#### **Use High-Impact Interviewing**

Respond effectively to "I don't know," "It's not my fault," and "I don't care" 10 dynamite probes to unearth hidden

Reduce defensiveness and build trust

#### Improve Social Skills and Self-control

Bolster temptation resistance Sharpen decision-making and problemsolving

Upgrade apology skills Impart healthy handling of anger

#### Resolve Attention-seeking and Power-displaying behavior

Effective strategies for "You can't make me!" 16 techniques for the bossy teen 10 tools for "notice me more"

#### **Resolve Malicious Misbehavior**

Teach important insights about revenge Prevent bullying and threats Decrease vandalism 9 answers for the "look tough, act tough"

#### Resolve Irresponsible and **Self-destructive Misbehavior**

30 answers for "I can't do it" cop-outs Rebuild self-confidence Strengthen stress coping skills

#### **Adapt Your Intervention to Each Client**

Recognize the limitations of every approach The client's unique perspective is pivotal Determine how the child perceives the world/people/self

Interpret the child's actions as an attempt to express autonomy and belonging

### **Help Teachers and Parents**

Stay out of "ignore-nag-yell-punish" cycles Develop conscience without punishing or attacking

Refine empathy skills

Sidestep power struggles

Improve cooperation with chores and routines Reduce sibling rivalry and improve family dynamics

#### **Live Seminar Schedule**

7:30 Registration/Morning Coffee & Tea

11:50-1:00 Lunch (on your own)

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon) A more detailed schedule is available upon request.

> Questions? Visit our FAQ page at www.pesi.com/fag or contact us at www.pesi.com/info

**8:00** Program begins

Actual lunch and break start times are at the discretion of the speaker.

# **OBJECTIVES**

- 1. Use at least 5 clinical interventions to reduce attention-seeking misbehavior in clients.
- 2. Demonstrate at least 4 clinical interviewing strategies to address resistance, reduce defensiveness and build trust with clients.
- 3. Implement at least 5 intervention methods to reduce power-displaying misbehavior in clients.
- 4. Incorporate effective interventions to help clients express anger in a constructive, healthy manner.
- 5. Teach caregivers behavioral strategies to increase compliance and cooperation at home and school.
- 6. Assess the client's worldview and interpret the meaning behind maladaptive behavior in order to develop an individualized treatment plan.



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Limited seats available; advance online

Target Audience: Psychologists · Social Workers · Counselors · Occupational Therapists · Speech-Language Pathologists Psychiatrists • Educators • Probation Officers and Other Helping Professional who work with children





# OPPOSITIONAL, AGGRESSIVE, **ATTENTION-SEEKING** & UNCOOPERATIVE

**Children, Teens and Young Adults** 

High-Impact Strategies to Reduce **Chronic Misbehavior** 

# Hyannis, MA

Wednesday, March 4, 2020

# Taunton, MA

Thursday, March 5, 2020

# **Worcester, MA**

Friday, March 6, 2020

# OPPOSITIONAL, AGGRESSIVE, **ATTENTION-SEEKING & UNCOOPERATIVE**

**Children, Teens and Young Adults** 

High-Impact Strategies to Reduce **Chronic Misbehavior** 

- Overcome defensiveness, lying and defiance
- Get out of power struggles and win cooperation
- Sharpen interviewing tactics to gain trust
- Uncover the hidden motives behind misbehavior
- Divert and reduce hostility and aggressiveness
- Make pro-social adaptive behavior an attractive alternative to acting-out

# Hyannis, MA

Wednesday, March 4, 2020

Taunton, MA

Thursday, March 5, 2020

# Worcester, MA

Friday, March 6, 2020



**REGISTER NOW: pesi.com/express/77867** 



REGISTER NOW: pesi.com/express/77867

This seminar is for YOU if you work with young adults, teens or children who:

- Debate and invite power struggles with parents or teachers
- · Display hostile, angry, revengeful, exploitative or predatory tendencies
- Use silly, immature tactics to gain attention and get noticed
- Engage in property destruction, fire-setting, vandalism or animal cruelty
- · Have diagnoses such as ADHD, ODD, Bipolar Disorder, or Conduct Disorder
- Act irresponsible, helpless, negligent or tardy
- Snicker at charts-and-stars and other "behavior modification" attempts

Attend this seminar and learn a wealth of high-impact techniques that cut across diagnostic lines and apply universally, from early childhood to young adult. Using these techniques will enable you to accomplish quickly what can often be missed in months of regular talk therapies, counseling or behavior modification reward systems.

You'll learn how to stop pre-delinquent clients' manipulations such as victim playing, power struggling, denial, minimizing, defiance, evasive lying, excuse making, blaming, and justifying. You'll learn key strategies for "reading" misbehavior to uncover its underlying needs and motivations. You can share these methods with teachers and parents to free them from "ignore-nag-yell-punish" cycles and senseless power struggles. Discover powerful techniques to divert and reduce hostility and revenge in oppositional, predatory, violent adolescents and young adults. You'll be able to introduce prosocial adaptive behaviors that develop conscience and satisfy their unmet needs that trigger misbehavior.

# **SPEAKER**

John F. Taylor, Ph.D. is a prominent innovator and highly regarded authority on child discipline from the Adlerian perspective. During his over 40 years of clinical practice he has specialized in diagnosis and treatment for stressed families and at-risk children, teens and adults. He is the director of Parentology, an information and resource provider for Attention Deficit Hyperactivity Disorder and related conditions. The author and producer of over 200 professional journal articles, newspaper columns, journal columns, books, video DVDs, audio CDs and booklets, he is perhaps best known for his landmark parent-teacher-counselor guidebook "Helping Your ADD Child" and his best-selling "The Survival Guide for Kids with ADHD." Among his most popular publications on child discipline are "From Defiance to Cooperation," "Understanding Misbehavior," "Correcting Without Criticizing," "Anger Control Training," and "Diagnostic Interviewing of the Misbehaving Child." His resources are available at his website, www.parentology.guide. Speaker Disclosure:

Financial: John F. Taylor is founder and president of ADD Plus. He receives a speaking honorarium from PESI, Inc. Non-financial: John F. Taylor has no relevant non-financial relationship to disclose.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

Seminar on DVD or Digital Format: You can purchase a self-study package on the subject and you and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. If purchasing the digital format, you will receive an emailed order confirmation which contains your login instructions to access the recorded seminar, electronic handouts and online post-test. Order today by using the order form on this brochure or by calling 800-844-8260.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Meg Mickelson Graf at mgraf@pesi.com or call 715.855.8199.

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OPPOSITIONAL,

AGGRESSIVE,

**ATTENTION-SEEKING** 

& UNCOOPERATIVE

Children, Teens and Young Adults

High-Impact Strategies to Reduce

Chronic Misbehavior

#### Trauma Treatment Toolbox for Teens

144 Trauma-Informed Worksheets and Exercises to Promote Resilience, Growth & Healing

By Kristina Hallett, PHD, ABPP & Jill Donelan, PSYD

Drawing from evidence-based interventions and the most effective treatment approaches, the *Trauma Treatment Toolbox* for Teens is a practical workbook for clinicians working with teenagers who have experienced trauma. PTSD, and stress. Inside you'll find 144 unique trauma-informed worksheets and exercises to connect, relate and engage with teens and help them understand how trauma impacts the mind and body, to promote growth and healing.



TREATMENT TOOLBOX

TEENS

# Creative Interventions for Challenging Children & Adolescents

186 Techniques, Activities, Worksheets & Communication Tips To Change Behaviors

By Susan P. Epstein, LCSW, Parent Coach

Working on behavioral changes can be fun and successful for children and teens -- if you have the right tools and approach. Experienced therapist and sought-after parent coach Susan Epstein brings her signature style of innovation and fun in her latest book, providing proven and ready-to-use ideas to improve behaviors.

#### <u>Live Seminar Continuing Education Credit Information</u>

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" on this brochure for full attendance start and end times NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements

Massachusetts Counselors: CE credit is available. This program has been approved for 6.0 Category i MaMHCA/MMCEP hours for re-licensure, in accordance with 262 CMR. Expires: 10/31/2020. Full attendance is required; no partial credits will be offered for partial attendance.

Educators/Teachers: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length

Massachusetts School Personnel: This course may be applicable for 6.25 Professional Development Points toward your Professional Development Plan per the Massachusetts Department of Education recertification guidelines; check with your licensing authority for more information.

**Occupational Therapists &** 

**Occupational Therapy Assistants:** PESI, Inc. is an AOTA Approved Provid

of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Psychiatrists: PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists/School Psychologists: PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.



Association (ASHA) to provide continuing education activities and audiology. See course information for number of ASHA CEUs, instructional level and content

Board of the American

Speech-Language-Hearing

area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Speech-Language Pathologists: This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

\*\* Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.

Social Workers: PESI, Inc., #1062, is approved **BACE** to offer social work continuing education by the Association of Social Work Boards (ÁSWB) Approved Continuing Education

(ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020, Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation

Other Professions: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



## **REGISTRATION FORM**

# OPPOSITIONAL, AGGRESSIVE, ATTENTION-SEEKING & **UNCOOPERATIVE CHILDREN, TEENS AND YOUNG ADULTS**

| <u>SAVE TIME!</u> Express   | Register Online: pe  | si.com/express/77867  |
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| Mail Code:  | ur name & address  |   |
| *Email address*Email required to receive                                      | e registration confirmation, CE certificate, and/or  | digital product.  |
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| Company Name (if work address):   |  |   |
| City  | County   | State Zip   |
| *Cell Ph ( )*Required for event u   | Work Ph( )   |   |
| 2 Select Location   | (make copy for your records)   | ADA NEEDS  We would be happy to accommodate your  |
| ☐ HYANNIS, MA • March 4, 2  | ADA needs; please email info@pesi.com or call 1-800-844-8260 at least two weeks prior to the seminar date.   |   |
| Cape Codder Resort & Spa<br>1225 Iyannough Rd • 02601                         | SAME DAY REGISTRATION  Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.   |   |
| ☐ TAUNTON, MA • March 5,  |  |   |
| Holiday Inn<br>700 Myles Standish Blvd • 02                                   | TUITION OPTIONS  |   |
| •   | Advance registration required. Cannot be combined with other discounts.  |   |
| ■ WORCESTER, MA • March<br>Beechwood Hotel<br>363 Plantation St • 01605 • (5) | <ul> <li>FREE Military Tuition: PESI Inc. is proud to<br/>offer this seminar free of charge on live seminar<br/>tuition for veterans and active duty military<br/>personnel. Limited seats available; advance<br/>online registration required.</li> </ul> |   |
|   |  | • \$30 Tuition: If you are interested in being our registration coordinator for the day, go to: |

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**TUITION** including seminar manual \$219.99 – choose one of the options below:

per person for 2 or more preregistering together —OR— ☐ single registration postmarked 3 weeks prior to seminar date

☐ **\$249.99** standard

# **ADD-ON PRODUCTS** — Save on Shipping!—Products Distributed at Seminar

□ **\$29.99\*** *Trauma Treatment Toolbox for Teens* book (PUB085975)

□ \$29.99\* Creative Interventions for Challenging Children & Adolescents book (PUB086115)

\*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

# **Select Payment Method**

#### All registrations must be prepaid. ☐ Check enclosed payable to **PESI, Inc.**

☐ Purchase order enclosed (Fed ID # 26-3896894)

☐ VISA ☐ AE ☐ Discover Novus 13-16 digits 15 digits 16 digits Card # Card Exp.

Signature. \*MC/VISA/Discover: last 3-digit # on signature panel on back of card.) (\*American Express: 4-digit # above account # on face of card.)

- description, first come, first serve
- Discounted Student Rate: As part of its mission to serve educational needs. PESI Inc. offers a reduced rate of 50% off standard tuition for students (on live seminar and live video webcast tuition). Advance online

#### QUESTIONS

m/fag or contact us at pesi.com/info

#### OTHER WAYS TO REGISTER

Fax: 800-554-9775 PESI, Inc. PO Box 1000

Eau Claire, WI 54702-1000 Phone: 800-844-8260

Online: pesi.com/express/77867

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Oppositional, Aggressive, Attentio Seeking & Uncooperative Children, eens Änd Youna Adults Online Digital Seminar\*

\$219.99 (POS010825) (Email re Seminar on DVD\*\*

\$219.99 (RNV010825) Product total

Shipping - \$6.95 (DVD only)

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For digital seminars, add applicable tax in AL, AZ, AR, CO. CT. DC. HI, IN, IA, KY, LA, ME, MN, MS, NE, NJ, NM, NY, NC. DH, PA, SD, TN, TX, UT, VT, WA, WI, WY. \*\*For DVD orders, add applicable tax except in AK, DE,

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